

To Err is Human: Interprofessional Solutions to Improve Healthcare Quality

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Overview



**Current State of
Safety**



Primary Care



**Interprofessional
Solutions**



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To Err is Human

Beginning in 2000, the Institute of Medicine released a series of reports that brought attention to the issues of quality. The first, *To Err is Human* brought startling statistics to light about the number of needless deaths and injuries caused by medical errors.

Annual deaths

- AIDS----- 16,516
- Breast cancer----- 42,297
- Motor vehicle accidents---- 43,458
- **Medical Errors----- 98,000**



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Crossing the Quality Chasm

The second report, *Crossing the Quality Chasm*, provided a definition and aimed to improve quality of care. In this report, the Institute of Medicine defined quality as:

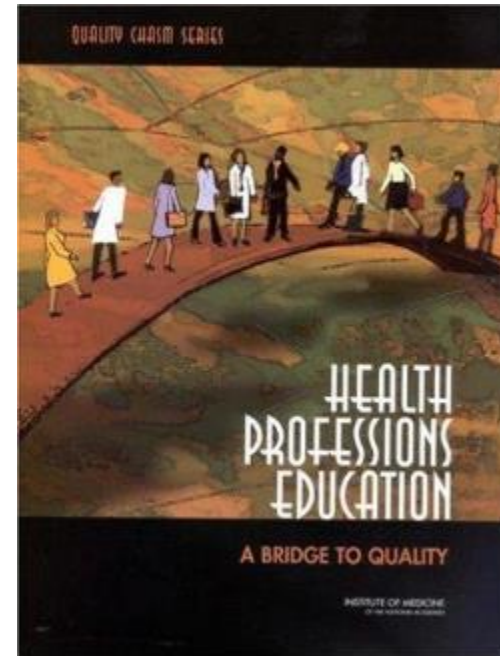
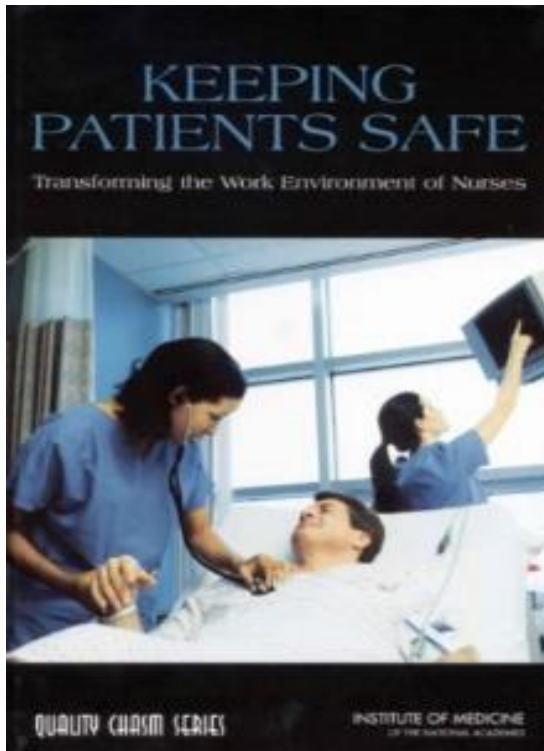
The degree to which health services for individuals and populations increase the likelihood of desired health outcomes and are consistent with current professional knowledge.



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Subsequent IOM Reports



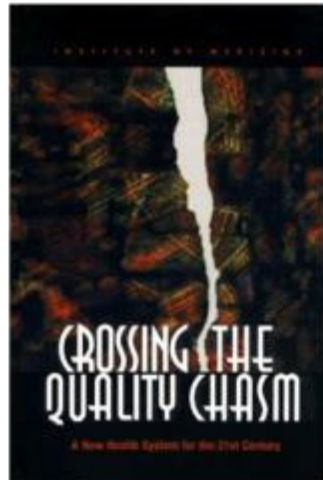
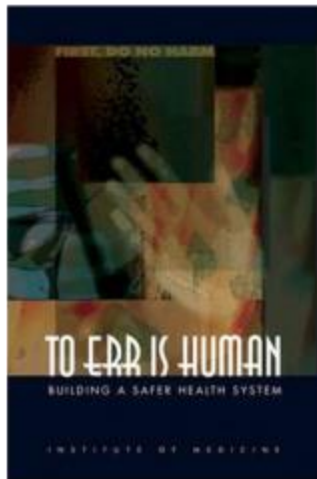
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<http://www.iom.edu/Reports.aspx>

Reports are free electronically

History of Quality & Safety



FROM TRIPLE TO
QUADRUPLE AIM:
CARE OF THE
PATIENT REQUIRES
CARE OF THE
PROVIDER



1999

2001

2008

2014

2015



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Learn. Care. Lead.



“Deaths from
Medical Errors are
Equivalent to 10
Jumbo Jets Crashing
Each Week”

*J. T. James, “A New, Evidence-Based Estimate
of Patient Harms Associated with Hospital Care,”
Journal of Patient Safety, 9, no. 3 (September 2013): 122–28*



“Patients frequently
experience harms
that could have been
prevented or
mitigated”

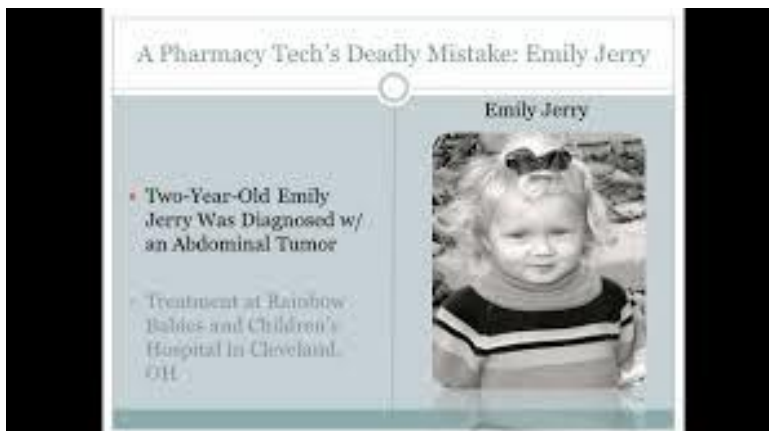
Free from Harm Accelerating Patient Safety
Improvement Fifteen Years after To Err Is Human,
2015



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Stories



Medical Error is Real and Common

- Centers for Disease Control and Prevention (CDC)
 - each year nearly 2 million patients in the United States get an infection while being treated for another illness or injury,
 - nearly 88,000 die as a direct or indirect result of this infection — adding nearly \$5 billion to health care costs every year. ¹
- Centers for Medicare and Medicaid Services (CMS)
 - one million patient safety incidents occurred to hospitalized Medicare patients in the US over the years 2002 to 2004,
 - causing more than 250,000 deaths and costing \$9.3 billion. ²

¹Hospital infections cause US billions of dollars annually. Centers for Disease Control and Prevention website. Available at <http://www.cdc.gov/media/pressrel/r2k0306b.htm>.

²Hospital errors cost Medicare \$9.3 billion over three years. Senior Journal.com website. April 3, 2006. Available at <http://seniorjournal.com/NEWS/Health/6-04-03-MedicalErrors.htm>



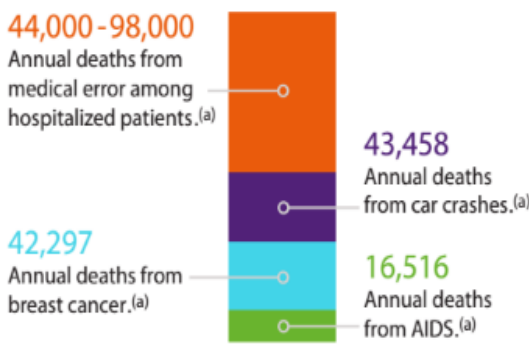
FREE FROM HARM:

ACCELERATING PATIENT SAFETY IMPROVEMENT
FIFTEEN YEARS AFTER *TO ERR IS HUMAN*

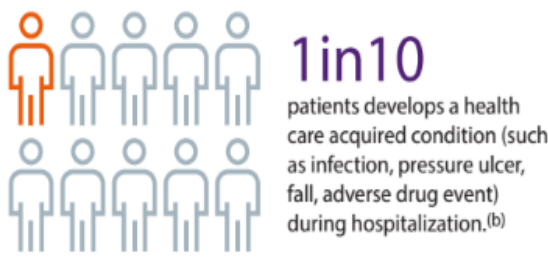
Report of an expert panel convened by the National Patient Safety Foundation argues for looking at morbidity as well as mortality caused by medical errors and going beyond hospitals to improve safety across the continuum of care.



TO ERR IS HUMAN FRAMED PATIENT SAFETY AS A SERIOUS PUBLIC HEALTH ISSUE (1999 ESTIMATES)



TO UNDERSTAND THE FULL IMPACT OF PATIENT SAFETY PROBLEMS, WE MUST LOOK AT BOTH MORTALITY AND MORBIDITY



BY SOME MEASURES, HEALTH CARE HAS GOTTEN SAFER SINCE TO ERR IS HUMAN



1.3 Million
Estimated reduction in hospital-acquired conditions (2011-2013) as a result of the federal Partnership for Patients initiative.^(b)

BUT WE MUST LOOK BEYOND HOSPITALS TO THE FULL CARE CONTINUUM



Roughly **1 billion** ambulatory visits occur in the US each year.^(c)



About **35 million** hospital admissions occur annually.^(c)

ADVANCEMENT IN PATIENT SAFETY REQUIRES AN OVERARCHING SHIFT FROM REACTIVE, PIECEMEAL INTERVENTIONS TO A TOTAL SYSTEMS APPROACH TO SAFETY^(d)

- 1 Ensure that leaders establish and sustain a safety culture.
- 2 Create centralized and coordinated oversight of patient safety.
- 3 Create a common set of safety metrics that reflect meaningful outcomes.
- 4 Increase funding for research in patient safety and implementation science.
- 5 Address safety across the entire care continuum.
- 6 Support the health care workforce.
- 7 Partner with patients and families for the safest care.
- 8 Ensure that technology is safe and optimized to improve patient safety.

Basic Tenets of Human Error

- Everyone commits errors.
- Human error is generally the result of circumstances beyond the control of those committing the error.
- Systems or processes that depend on perfect human performance are inherently flawed.



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Why Medical Errors Occur?

1. Given the conscientious nature of most typical health care provider and the comprehensive training he or she receives, why is it that health care is so dangerous?
2. “Errors are committed by good hardworking people trying to do the right thing.”

How Many Cars Do You See?



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Too many things to track easily



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Systems Thinking and Patient Safety

Because humans are fallible, we must rely upon systems and back-ups to prevent or detect errors before they can cause harm.



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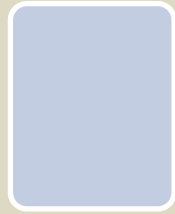
Swiss Cheese Model



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Overview



**Current State of
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Primary Care



**Interprofessional
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Quality & Safety in Primary Care

- Patient safety events occur often in primary care
 - 1/20 patients experience diagnostic error in outpatient settings annually
 - Approximately 160 million medication errors occur annually in outpatient care
 - Communication breakdowns & transitions in care are frequent contributors to patient safety events

Settings by Engaging Patients and Families. Content last reviewed July 2018. Agency for Healthcare Research and Quality, Rockville, MD. <https://www.ahrq.gov/patient-safety/reports/engage.html>



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Errors in Primary Care

Safety Issues in Primary Care

Vaccine Safety

Medication Errors

Polypharmacy

Communication Breakdowns

Diagnostic Test Follow up

Inequality in Care Delivery

Electronic Health Record Errors

Diagnostic Errors



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Medicine Response

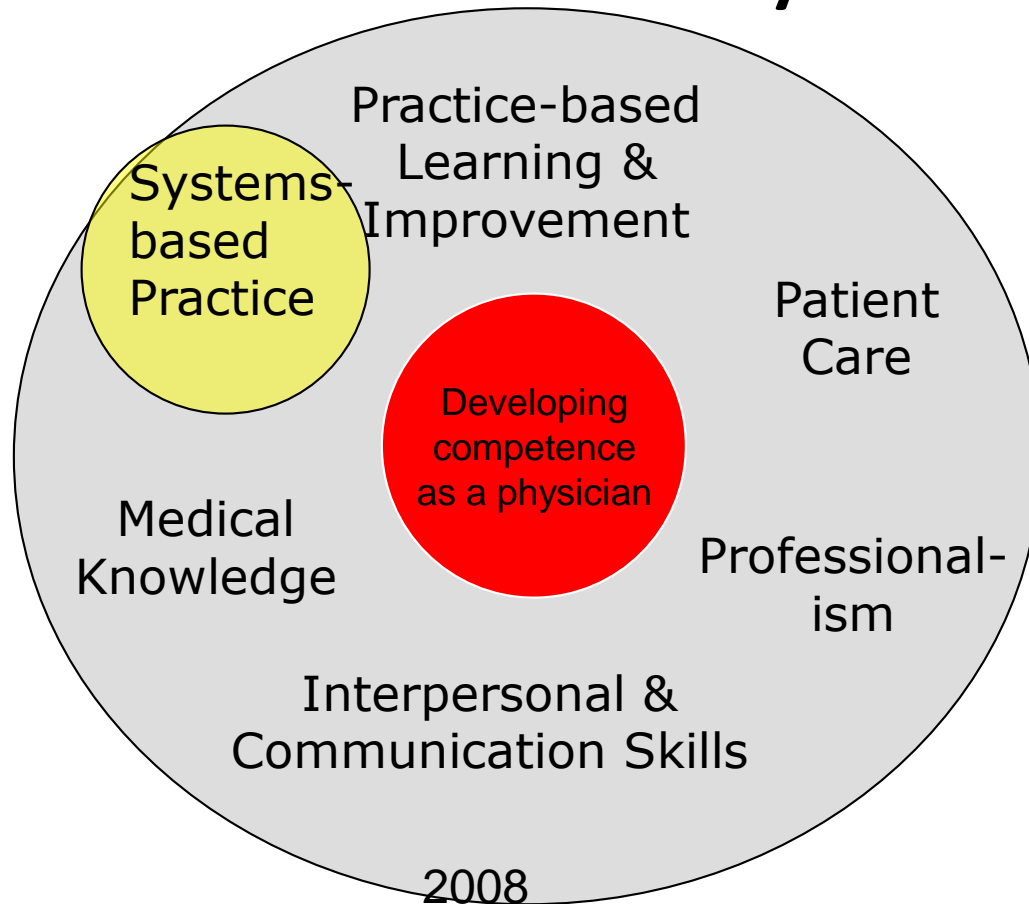
- Safety Science integrated into every level of Medicine
- Hospitalists have special training



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Safety in Medicine



Competencies

Patient Safety
Quality Improvement
Health Equity
Patient & Family Partners
Teamwork, Collaboration,
& Coordination

QIPS AAMC 2019

<http://acgme.org/acWebsite/home/home.asp>



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Medicine



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QSEN: Quality & Safety Education for Nurses

Goal of QSEN:



Provide comprehensive , competency based resources to empower nurses with the knowledge, skills and attitudes necessary to continuously improve the quality and safety of the healthcare systems in which they work.



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QSEN Competencies

- **Patient-centered care**
- **Teamwork & Collaboration**
- **Evidence-based Practice**
- **Quality Improvement**
- **Safety**
- **Informatics**

***pre-licensure and advanced practice nursing 2005



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QSEN Competencies

QUALITY IMPROVEMENT (QI)

Definition: Use data to monitor the outcomes of care processes and use improvement methods to design and test changes to continuously improve the quality and safety of health care systems.

KNOWLEDGE

Recognize that nursing and other health professions students are parts of systems of care and care processes that affect outcomes for patients and families
Give examples of the tension between professional autonomy and system functioning

Explain the importance of variation and measurement in assessing quality of care

Describe approaches for changing processes of care

SKILLS

Use tools (such as flow charts, cause-effect diagrams) to make processes of care explicit
Participate in a root cause analysis of a sentinel event

Use quality measures to understand performance
Use tools (such as control charts and run charts) that are helpful for understanding variation

Identify gaps between local and best practice

Design a small test of change in daily work (using an experiential learning method such as Plan-Do-Study-Act)
Practice aligning the aims, measures and changes involved in improving care

Use measures to evaluate the effect of change

ATTITUDE

Value own and others' contributions to outcomes of care in local care settings

Appreciate how unwanted variation affects care
Value measurement and its role in good patient care

Value local change (in individual practice or team practice on a unit) and its role in creating joy in work
Appreciate the value of what individuals and teams can do to improve care

Changing Safety Culture

Moving from a culture of
blame to a culture of safety.....



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Culture of Safety

an atmosphere in which people are encouraged, even rewarded, for providing essential safety-related information - but in which they are also clear about where the line must be drawn between acceptable and unacceptable behavior.

- Creating a learning culture
- Designing quality systems
- Managing behavioral choices



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#1

Interprofessional Collaboration

SUMMON COURAGE
TO GIVE FEEDBACK & Receive
Feedback



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We are all see the world differently.....



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Teamwork and communication

Goal:

- Pin your partner 5 times in the next 60 seconds



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Domains of Relational Coordination

RC dimensions	Survey questions
1. Frequent communication	How <i>frequently</i> do people in each of these groups communicate with you about [focal work process]?
2. Timely communication	How <i>timely</i> is their communication with you about [focal work process]?
3. Accurate communication	How <i>accurate</i> is their communication with you about [focal work process]?
4. Problem solving communication	When there is a problem in [focal work process], do people in these groups blame others or try to <i>solve the problem</i> ?
5. Shared goals	Do people in these groups <i>share your goals</i> for [focal work process]?
6. Shared knowledge	Do people in these groups <i>know</i> about the work you do with [focal work process]?
7. Mutual respect	Do people in these groups <i>respect</i> the work you do with [focal work process]?

#2 Be Innovative

**DEFY
TRADITION**

**GET
CURIOUS**



**ASK
QUESTIONS**

Book: Josh Linkner
5 Obsessions of Innovators



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Be Innovative

**GET
CURIOUS**



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Be Curious.....



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Be Innovative

**DEFY
TRADITION**



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Defy Tradition



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Be Innovative

**ASK
QUESTIONS**



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<https://www.youtube.com/watch?v=35LLuyfn5D4>



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Be Innovative



**ASK
QUESTIONS**



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Asking Why.....



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*Real change does not come from decree, pressure,
permission or persuasion.*

*Real change comes from people who are passionately
and personally committed to a decision or direction
that they helped to shape.*

Margaret Wheatley



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