# Human Trafficking and the Healthcare Professional

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### **Educational Objectives**

At the conclusion of this presentation, attendees will be able to:

- Articulate the scope, presentation(s), and health effects of human trafficking.
- Identify indicators of possible human trafficking among patients, including risk factors and other signs
- Describe the barriers within health care that prevent health care professionals from recognizing victims of human trafficking
- Recognize the importance of protocol development in properly responding to victims of human trafficking within the health care setting

No Commercial or Conflict of Interest to Declare

16-year-old female named Jill is brought into the ER by her brother with a chief complaint of moderate vaginal bleeding.
Brother states bleeding "hasn't been

much"...but unsure when it started

 Jill appears pale and needs assistance to stand.
 The triage nurse is immediately notified, and Jill and her brother are brought back into an exam room.

- Upon questioning, Jill's brother does all the talking.
- He states that Jill was doing just fine until about 2 hours ago.

When she began to show signs of blood loss, he brought her immediately into the ER.

He adds the following:

- 2 years prior, their parents were killed in an automobile accident
- Since that time, Jill has been suffering from schizophrenia and various delusions.
- For that reason, he is Jill's full time caregiver.

Physical exam and lab revealed the following:

- Pregnancy test is +
- Uterus about 12-14 weeks
- Signs of trauma at the cervix
- Brisk bleeding through the cervical os
- Hemoglobin is 7

Physical exam and lab revealed the following:
Scar across her neck
Scars on her wrists and ankles

#### Clinical course

- Given several units of packed cells
- Taken to OR for D & C
- Stabilized over 2 days
- Discharged to home with Bruce her brother.

True situation:
Jill is a 16-year-old runaway
Bruce is not her brother...a trafficker who:

- Tricked her into coming home with him
- Beat and raped her until she agreed to work as a prostitute in his basement

True situation:

Jill has been living under the control of Bruce since she was 14

She became pregnant

 Bruce attempted an illegal abortion

 Brought her to ER when bleeding became severe

True situation:

Not discovered until much later when police raided Bruce's home for drugs

Found Jill tied
 up...naked in a closet

 Significant emotional problems

True situation:

Jill was not yet 18 years old! Human Trafficking: Legal Definition Derived from federal legislation entitled:

The Trafficking Victims Protection Act of 2000 TVPA

## United States- TVPA To be convicted of HT



## One Exception: Minor <18 in commercial sex



Ohio Law- 2905.32 Adult (≥18)

#### Act or attempt



<u>to</u>: Recruit Lure Entice Harbor Transport Provide Obtain Maintain

KNOWINGLY



Subjected: Involuntary servitude

<u>Compelled\*</u>: Sexual activity for hire Sexual performance Production of obscene material

\*Compulsion does not need to be openly displayed or physically exerted. Compulsion is established if victims will is overcome by force, fear, duress, intimidation or fraud. Ohio Law- 2905.32 <16 years old or DD

#### Act or attempt:

#### Purpose:

Recruit Lure Entice Harbor Transport Provide Obtain Maintain

#### KNOWINGLY



#### <u>Subjected</u>: Involuntary servitude



Sexual activity for hire Sexual performance Production of obscene material Ohio Law- 2905.32 16-17 years old

**KNOWINGLY** 

Act or attempt:

### Purpose:

Recruit Lure Entice Harbor Transport Provide Obtain Maintain

<u>Subjected</u>: Involuntary servitude

And:

Sexual activity for hire Sexual performance Production of obscene material Certain relationship of authority from 2907.03

## Ohio Law- 2905.32 16-17 years old Offender is:

Parent Stepparent Guardian Custodian Teacher Coach or other person in authority in school Supervisory or disciplinary authority over victim Scout leader Medical or mental health professional Cleric Detention facility worker peace officer

### Human

Trafficking

Sexual Exploitation Labor Exploitation

## Human

Trafficking

## Sex Trafficking

Labor Trafficking

### Human

Trafficking

International Victims

Domestic Victims







### Human Trafficking vs. Smuggling

**Transnational Human Trafficking** 

Human Smuggling

Is a crime against a person

Is a crime against a country's borders

 Once the border is crossed, the person is placed into either labor or sex exploitation  Once the border is crossed, those smuggled are free to leave

# Prevalence of Human Trafficking

Existing data based on calculated estimates, not actual counts

# Global Estimates of Modern Slavery 2017



In partnership with

Office



International Organization for Migration (IOM)

The UN Migration Agency

## Total of 40.3 Million People Enslaved

**Modern Slavery** 

Forced Marriage 15,400,000 38%

Forced labor 24,900,000 62%

ILO 2017



## 1.3/1000 (323 million) = 419,000



ILO 2017

## **Ohio Trafficking Estimates**



Williamson et. al. (2010)

## Ohio Trafficking Estimates 2014-2016



Anderson et. al. (2019)

## Worldwide Scope of Trafficking

\$150 Billion Profit each year from human trafficking

Profits and Poverty: The Economics of Forced Labor. ILO 2014
# International Trafficking within the U.S.

### **International Trafficking**



Number of foreign victims trafficked into the U.S.

Exact number unknown
Most estimates are in the thousands
NHTRC reports 8757 foreign national victims from 2007-2016

#### Location of Potential Trafficking Cases



National Human Trafficking Resource Center 2018

# Top 5 Countries of Origin

- 1. Mexico
- 2. China
- 3. Philippines
- 4. Guatemala
- 5. Honduras

NHTRC 2016

## Push/Pull Factors- International



#### International labor trafficking venues:

Domestic servants
Factories
Janitorial jobs
Construction sites
Restaurants
Hotels
Farm work

# International Sex Trafficking Venues:

Strip/topless clubs
Asian massage parlors
Online escorts
Latino brothels
Major sporting events

## International Traffickers: The Profile

Sophisticated

- National, international networks
- Organized crime syndicates

# **Domestic Trafficking**

Trafficking of U.S. Citizens

### **Domestic Trafficking**



# Trafficking



Labor Trafficking

# If a girl enters prostitution prior to age 18...average age is 13!

Williamson et. al. (2012)

## Push/Pull Factors- Domestic



#### Who are the traffickers?



"Homelessness, Survival Sex and Human Trafficking: As Experienced by the Youth of Covenant House" New York (2013)

# So why is this such a HUGE problem?

#### Money!

Average girl will make between \$500 to \$1000 per day selling sex

#### **Recruitment- Gorilla Pimp**

- Tricks the girl into coming with him through lies
- Uses brutal force and threats to control her
- Less common type of trafficker

#### **Recruitment- Finesse Pimp**

<u>Stage 1-Initial Contact</u>

- Internet
- Malls
- <u>Stage 2- Seduction</u>
- <u>Stage 3- Increasing control</u>
- Stage 4- Separation
- <u>Stage 5- Trauma bonding</u>

"You promise a girl heaven, and she'll follow you to hell"

Quote from a trafficker

# Sex Trafficking vs. Prostitution

- All minors <18 are victims under federal law
- Majority of adult women work under circumstances that would fall under force, fraud, or coercion
- Only minority of prostitution is truly consensual

## Domestic Sex Trafficking Venues:

Street prostitution
Strip/topless clubs
Massage parlors
Online escorts
Truck stops
Major sporting events

# Where are the girls/women sold?

#### Internet

- Backpage
  Craig's List
  Eros.com
  Facebook
- My Space
- Apps

#### Male Victims

Under-recognized
Victims of both labor and sex trafficking
Commercially exploited males are perceived as less likely to be under the control of a trafficker

# Role of Healthcare Professionals

Finding and Caring for victims of human trafficking

#### All types of HT victims and healthcare

68% were seen by a health care professional while being trafficked

Chisolm-Straker et. al. (2016)



#### Where victims are seen for healthcare



Chisolm-Straker et. al. (2016)

#### Presenting complaint-All types of HT victims and healthcare



Chisolm-Straker et. al. (2016)

# Physical Health Consequences

- Physical injuries
  Burns, fractures, cuts, bruises
  STI's/PID
  Unwanted pregnancies
  Unsafe abortions
- Worsening chronic health conditions

Macias-Konstantopoulos et. al. (2015) & Ravi et. al. (2017)

# Mental Health Consequences

- Depression
- Anxiety
- PTSD
- Suicidal ideation
- Substance abuse

Macias-Konstantopoulos et. al. (2015)

How to Identify and Treat Victims of Trafficking

# How might a victim present?





# **3 Categories of Indicators**

Indicators of control

Strange Red Flags

Physical Indicators

#### **Indicators of Control**

Other person with them may claim or <u>actually be</u> their boyfriend, uncle, husband, brother, sister, mom or dad. Person controls conversation Corrects the patient Person does not allow the patient to answer questions Person doesn't want to leave

#### **Indicators of Control**

- Patient may exhibit body language displaying:
  - ∎ Fear
  - Anger
  - Anxiety
  - Submission
- Not in control of ID documents
- Not in control of money
- Avoids eye contact

#### **Indicators of Control**

If alone, may exhibit the following:

- Frequent texting
- Phone calls during or after exam
- Appear in a hurry or unwarranted anxiety
#### Suspicious Red Flags

- Large amount of cash
- Patient doesn't know what city he/she is in
- Patient unable to give address
- Doesn't know how to get home
- Patient appears to be lying about age



#### Suspicious Red Flags

#### Absent official documents

- Access to money and goods inconsistent with age
- Youth not living with parents
- Youth not attending school



#### Suspicious Red Flags

- Patient is a very poor historian
- History keeps changing or inconsistent
- All the pieces do not seem to fit together
- Do you get the feeling you're not getting the whole story
  - Late presentation



## **Physical Indicators- International**





#### Tattoo's

## 6 Question Screening Tool for CST

- Is there a previous hx of drug and/or alcohol use?
- Has the youth ever run away from home?
- Has the youth ever been involved with LE?
- Has the youth ever broken a bone, had a traumatic loss of consciousness, or sustained a significant wound?
- Has the youth ever had an STI?
- Does the youth have a hx of > 5 sexual partners?

Greenbaum (2018)

## 6 Question Screening Tool for CST

Screened 203 participants in a pediatric ED
Found 100 positive screens (2+ positive answers)
Eventually identified 11 CST victims

10 of the 11 had screened positive

91% sensitivity; 53% specificity; 10% PPV; 99% NPV

Kaltiso et. al. (2018)

#### HHS Human Trafficking Screening Toolkit

# Adult Human Trafficking Screening Tool and Guide

A guide for training public health, behavioral health, health care, and social work professionals who wish to use trauma-informed and survivor-informed practices to assess adult clients and patients for human trafficking victimization or risk of potential trafficking victimization.

January 2018

https://www.acf.hhs.gov/sites/default/files/otip/adult\_human\_trafficking\_screening\_tool\_and\_gu ide.pdf What do you do if you suspicions increase after the exam?

To respond properly, you need to prepare in advance

#### **PROTOCOL TOOLKIT**

for Developing a Response to Victims of Human Trafficking in Health Care Settings





https://healtrafficking.org/linkagesresources/protocol-toolkit/

## What if no protocol?

Until a protocol is in place, my recommendations for response are: Treat the medical problems Do not attempt to intervene Report suspected cases to NHTRC ■ 888-3737-888 or text 233733 Report suspicions of danger to HT trained LE official

#### **PROTOCOL TOOLKIT**

for Developing a Response to Victims of Human Trafficking in Health Care Settings





#### Elements of a response protocol

- Local trafficking indicators
- Separation procedures
- Interview procedures
- Forensic examination procedures
- Intervention procedures
- Reporting procedures
- Follow up procedures

Separate the Patient from the Potential Trafficker

#### **Clear separation procedure**

- When to do the separation
  - With a physical examination
  - With a purported X-ray or UA
- Words to say
- Who is to do the separation
- What to do if the person refuses to leave

#### Interview procedures

If the patient is a victim of trafficking, they are probably highly traumatized, requiring:

- Trauma-informed staff to establish trust
- Staff to take whatever time possible

Hemmings et. al. (2016)

## GEMS/ECPAT Video

## How to discuss sex trafficking with a potential victim.

## Trauma Informed Care (TIC)

- 1. Safety
- 2. Trustworthiness/transparency
- 3. Peer support/mutual self-help
- 4. Collaboration/mutuality
- 5. Empowerment/voice/choice
- 6. Cultural/historical/gender issues

#### Interview procedures

Trauma-informed personnel to consider: Hospital social worker ■ SANE/SAFE nurse Specially trained trauma nurse Provide translation as necessary Use professional interpreters Never use "family" members

Hemmings et. al. (2016)

#### Interview procedures

Sit at eye level

- Make sure immediate needs are met (food, water)
- Maintain eye contact
- Use open ended questions

International Human Trafficking: Questions

What are your working or living conditions like? Where do you sleep and eat? Do you have to ask permission to eat, sleep or go to the bathroom? Is there a lock on your door or windows so you cannot get out?

#### International Human Trafficking: Questions

Can you leave your work or job situation if you want?

- When you are not working, can you come and go as you please?
- Have you been threatened with harm if you try to quit?
- Has anyone threatened your family?

**Domestic** Human Trafficking: Questions

- Where are you living now and with whom?
- Do you go to school?
- Do you have a boyfriend/girlfriend? How old?
- Are you sexually active? How many partners in the past 6 months?
- Is anyone pushing you to do something you don't want to do?

#### **Domestic** Human Trafficking: Questions

- Have you been asked to have sex with multiple men each night?
- Do you have to meet a quota of money before you can safely return home?
- Has someone forced you to perform sexually before a camera?
- Has anyone taken sexually suggestive photo's of you to post on the Internet?

#### Terms to Avoid:

Coercion Sex worker Prostitution Trafficking Call girl **Escort** Pimp

#### Strategy for working with minors

Preparing a minor for mandatory reporting?
Do you explain the limits of confidentiality when talking with minors?
What do you do with a minor who refuses intervention?

#### HIPAA

From 2013 update on HIPAA from HHS: CFR 164.512 (j)

(1) Permitted disclosures. A covered entity may, consistent with applicable law and standards of ethical conduct, use or disclose protected health information, if the covered entity, in good faith, believes the use or disclosure:

#### HIPAA

- From 2013 update on HIPAA from HHS: CFR 164.512 (j)
- (i)(A) Is necessary to prevent or lessen a serious and imminent threat to the health or safety of a person or the public; and
- (B) Is to a person or persons reasonably able to prevent or lessen the threat, including the target of the threat;

## **ICD-10: Suspected Trafficking**

Under Adult and child abuse, neglect and other maltreatment, suspected

- T76.5 Forced sexual exploitation, suspected
- T76.51 Adult forced sexual exploitation, suspected
- T76.52 Child sexual exploitation, suspected
- T76.6 Forced labor exploitation, suspected
- T76.61 Adult forced labor exploitation, suspected
- T76.62 Child forced labor exploitation, suspected

## **ICD-10: Confirmed Trafficking**

Under Adult and child abuse, neglect and other maltreatment, confirmed

- T74.5 Forced sexual exploitation, confirmed
- T74.51 Adult forced sexual exploitation, confirmed
- T74.52 Child sexual exploitation, confirmed
- T74.6 Forced labor exploitation, confirmed
- T74.61 Adult forced labor exploitation, confirmed
- T74.62 Child forced labor exploitation, confirmed

#### Z codes for examination of HT victim

Under Encounter for examination and observation for other reasons

- Z04.81 Encounter for examination and observation of victim following forced sexual exploitation
- Z04.82 Encounter for examination and observation of victim following forced labor exploitation

Under Problems related to upbringing: Personal history of abuse in childhood

Z62.813 - Personal history of forced labor or sexual exploitation in childhood

Under Personal risk factors, not elsewhere classified: Personal history of psychological trauma, not elsewhere classified

Z91.42 - Personal history of forced labor or sexual exploitation

#### www.cmda.org/tip



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