

Diffuse parenchymal lung disease from sarcoidosis to alphabet soup

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Disclosures

- Consulting/advisory

Boehringer-Ingelheim

Genentech

Gilead

Celgene

Araim

Mitsubishi-Tanabe

- Research support

Boehringer-Ingelheim

Mallinkrodt

Gilead

Araim

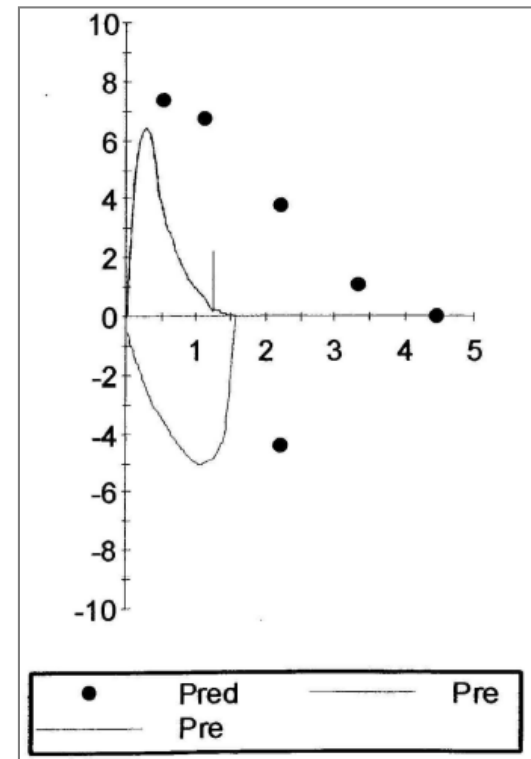
NHLBI

- No medication is FDA-approved for the other
ILDs

A patient you are seeing...

A 59 year-old man presents with progressive dyspnea on exertion over the past one year. He reports a dry cough but no wheezes, sputum production, fevers or hemoptysis. He smoked 1 ppd for 20 years but quit 10 years ago. He works as a lawyer. PFTs are as follows:

Test	Actual	% Predicted
FEV ₁	1.28	38
FVC	1.57	35
FEV ₁ /FVC	82	
TLC	2.70	42
DLCO	5.06	16

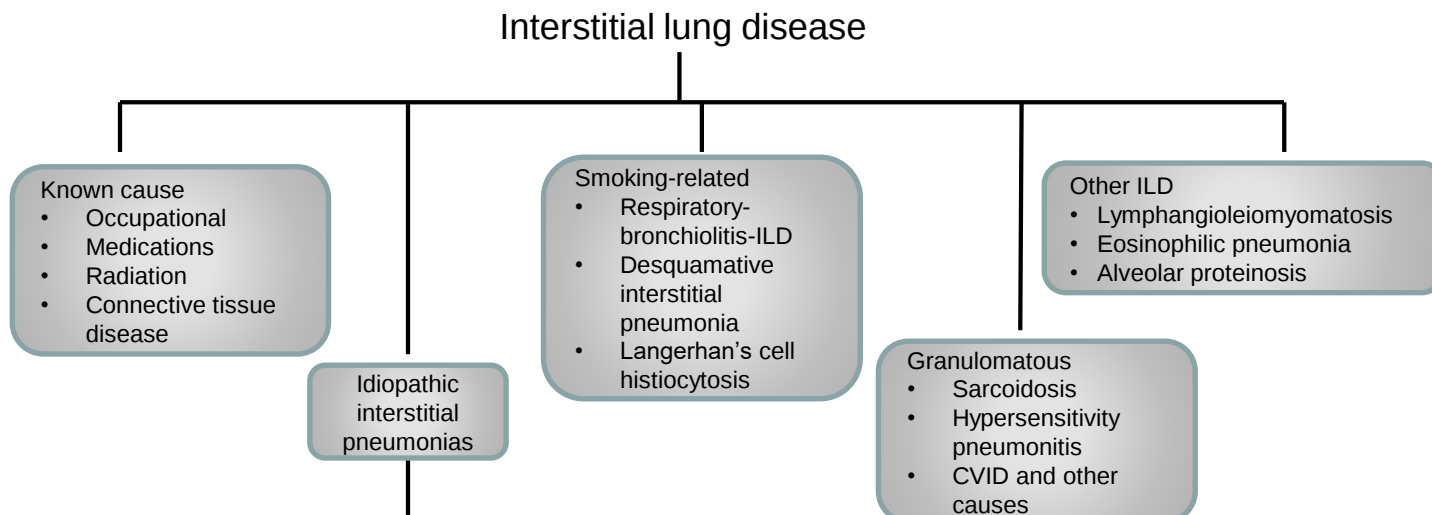


Is all UIP IPF?
What is CPFE? LAM?

Objectives

- Review the diagnostic approach and classification of ILD
- Update the pathogenesis and treatment of IPF
- Recognize the diagnostic dilemma encountered with IIPs
- Discuss sarcoidosis

Classifying ILD



American Thoracic Society Documents



An Official American Thoracic Society/European Respiratory Society Statement: Update of the International Multidisciplinary Classification of the Idiopathic Interstitial Pneumonias

William D. Travis, Ulrich Costabel, David M. Hansell, Talmadge E. King, Jr., David A. Lynch, Andrew G. Nicholson, Christopher J. Ryerson, Jay H. Ryu, Moisés Selman, Athol U. Wells, Jurgen Behr, Demosthenes Bours, Kevin K. Brown, Thomas V. Colby, Harold R. Collard, Carlos Robalo Cordeiro, Vincent Cottin, Bruno Crestani, Marjolein Drent, Rosalind F. Dudden, Jim Egan, Kevin Flaherty, Cory Hogaboam, Yoshikazu Inoue, Takeshi Johkoh, Dong Soon Kim, Masanori Kitaichi, James Loyd, Fernando J. Martinez, Jeffrey Myers, Shandra Protzko, Ganesh Raghu, Luca Richeldi, Nicola Sverzellati, Jeffrey Swigris, and Dominique Valeyre; on behalf of the ATS/ERS Committee on Idiopathic Interstitial Pneumonias

THIS OFFICIAL STATEMENT OF THE AMERICAN THORACIC SOCIETY (ATS) AND THE EUROPEAN RESPIRATORY SOCIETY (ERS) WAS APPROVED BY THE ATS BOARD OF DIRECTORS, JUNE 2013, AND BY THE ERS STEERING COMMITTEE, MARCH 2013

Idiopathic
pulmonary
fibrosis

Lymphocytic
Interstitial
pneumonia

Drug reactions are frequently missed

Which may be associated with obstruction as well as restriction?

- Idiopathic pulmonary fibrosis
- Sarcoidosis
- Asbestosis
- Combined pulmonary fibrosis-emphysema
- Scleroderma-ILD
- Lymphangioleiomyomatosis (LAM)
- Hypersensitivity pneumonitis
- Amiodarone lung

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Which are more likely to have exaggerated $\downarrow\text{FVC}\% < \downarrow\text{DLCO}\%$?

- Sarcoidosis
- IPF
- Hypersensitivity pneumonitis
- Rheumatoid lung
- Asbestosis
- Smoking-related ILD

Physical exam

- Non-specific
- Rales, squeaks, wheezes
- Connective tissue disease signs
- Lymph nodes
- Clubbing
- Cor pulmonale

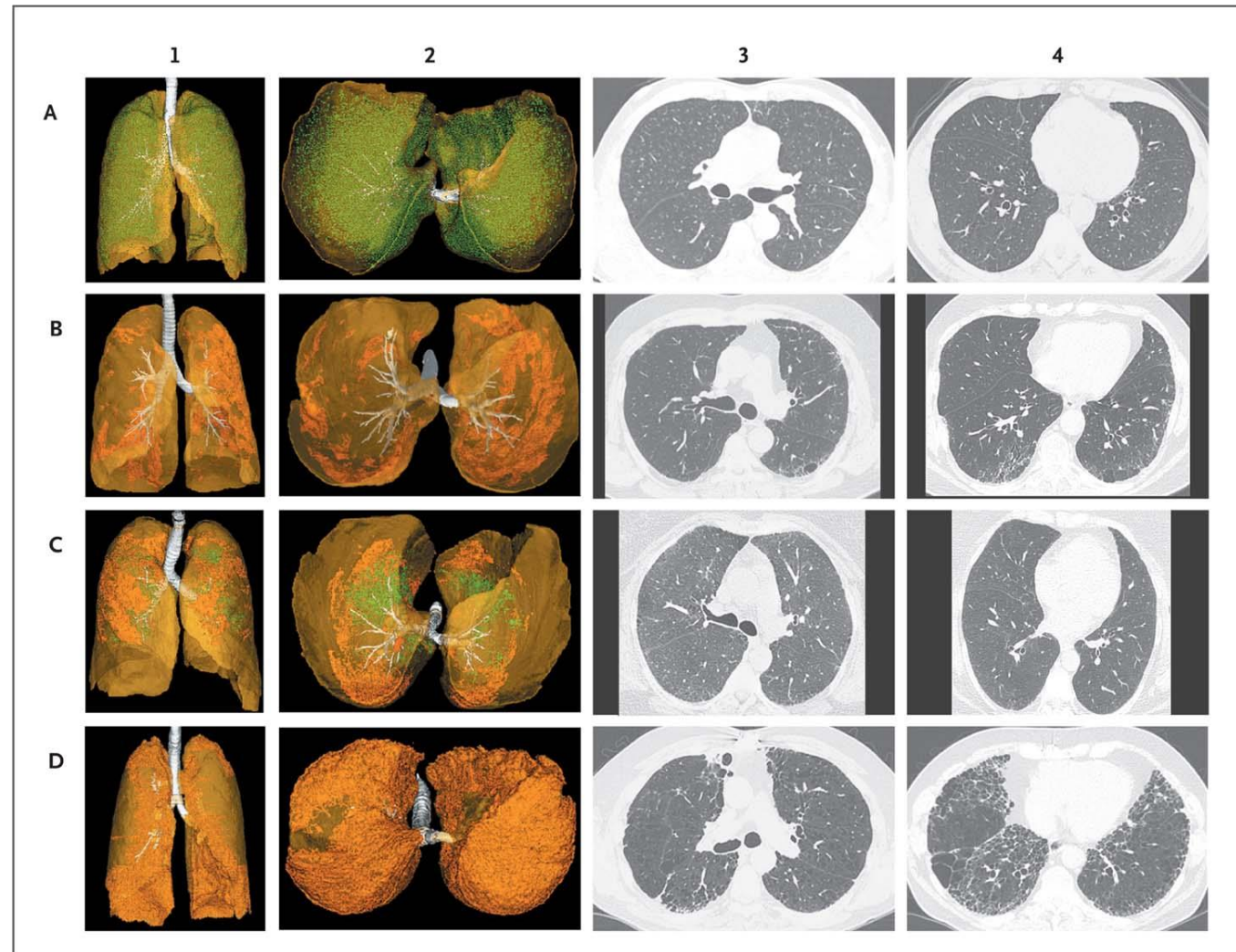
Interstitial Lung Abnormalities are present in 8-13%

Centrilobular

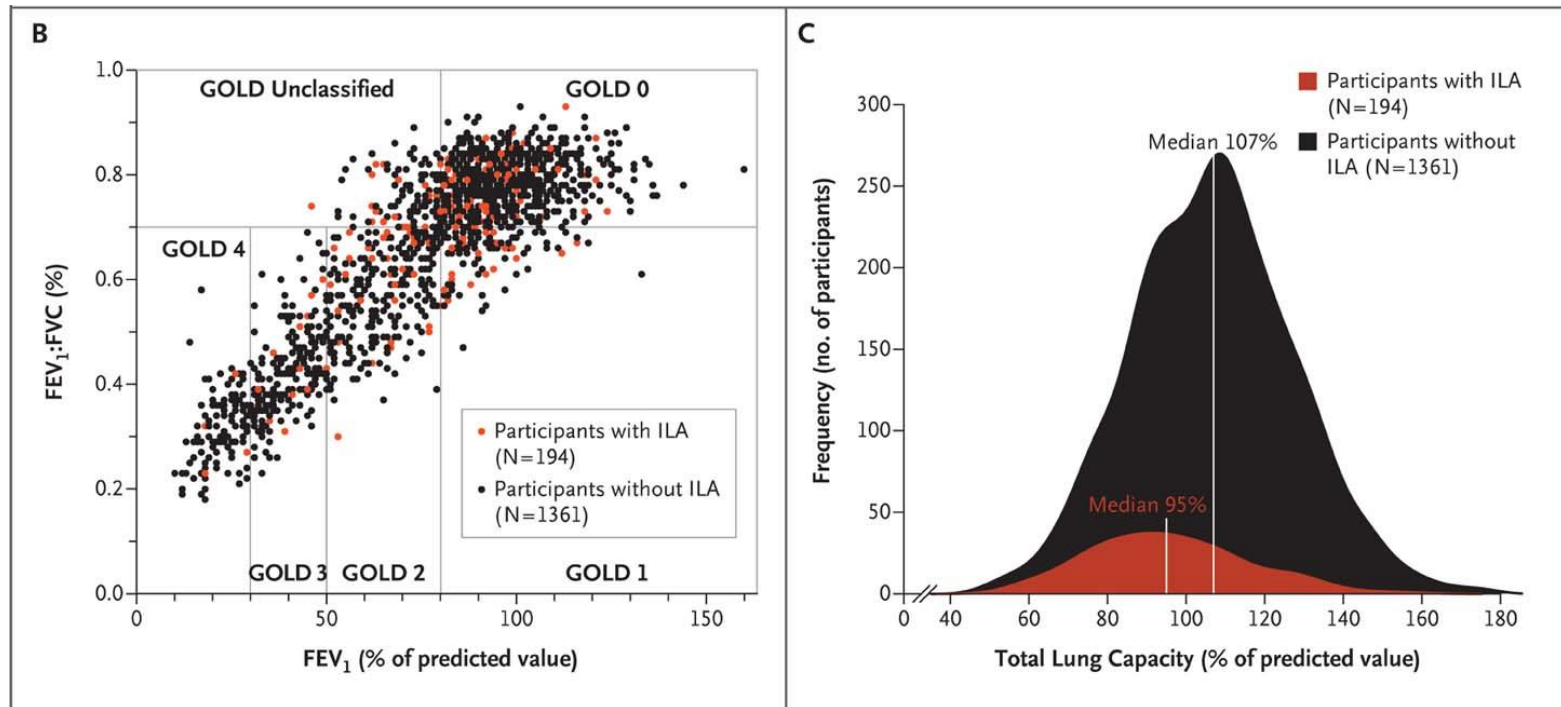
Subpleural

Mixed

Interstitial lung disease



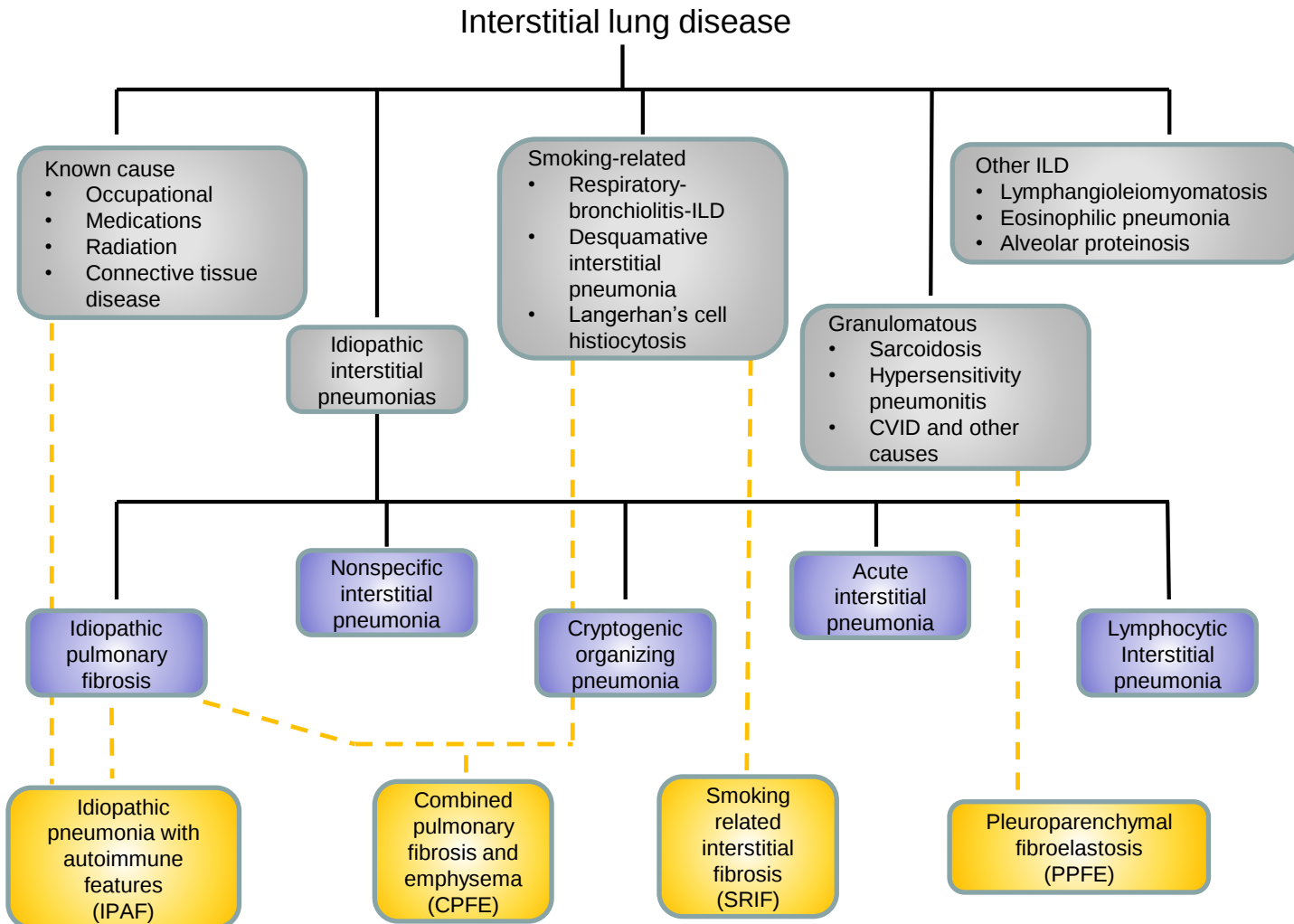
ILAs associate with pulmonary restriction



Weekly multidisciplinary conference

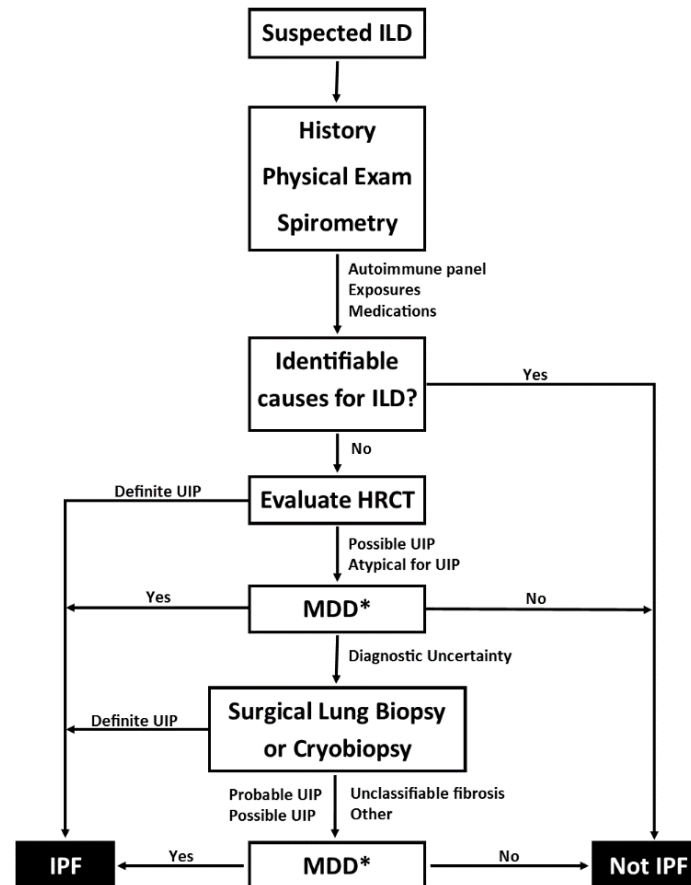


“Job security”

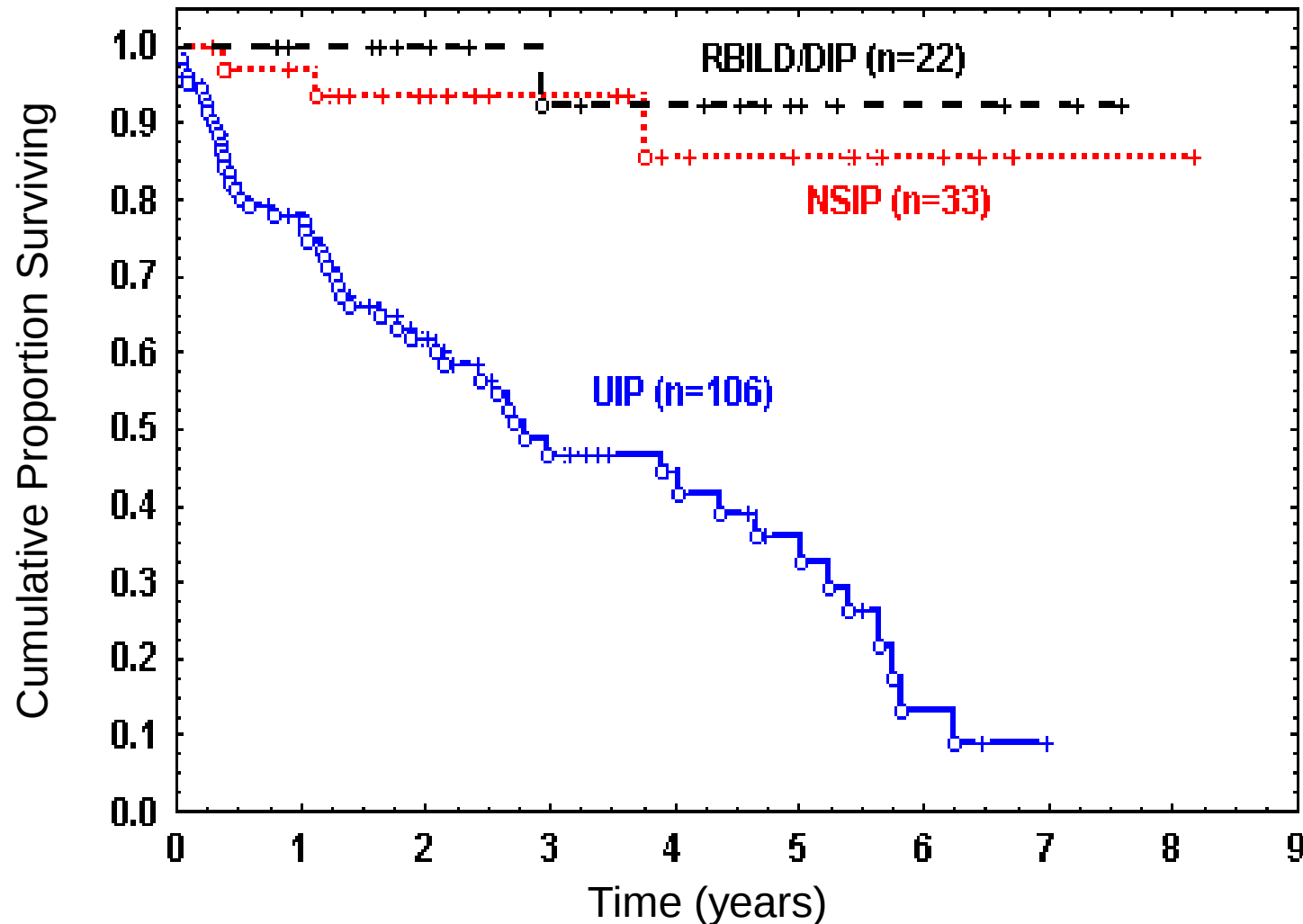


Practical approach for diagnosis of IPF

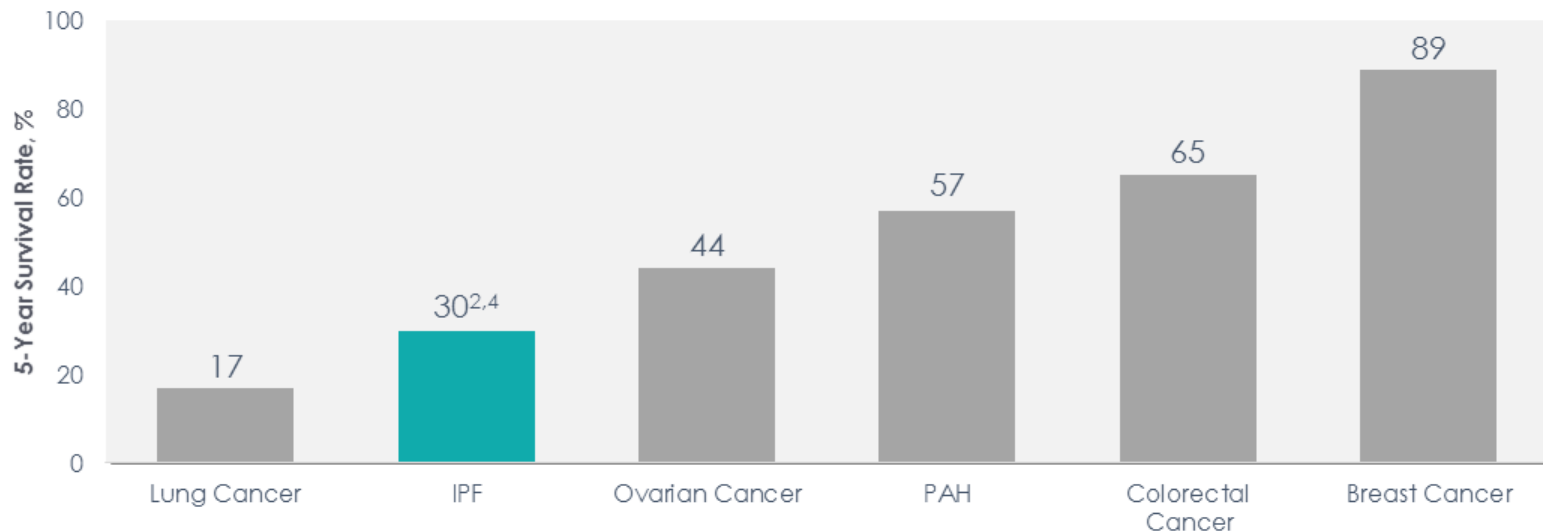
Diagnostic Algorithm for IPF



IPF is worse than others



5-Year Survival Rate of IPF is Poor



Clinical prognostic factors per ATS

TABLE 7. SELECTED FEATURES ASSOCIATED WITH INCREASED RISK OF MORTALITY IN IDIOPATHIC PULMONARY FIBROSIS

Baseline factors*

Level of dyspnea[†]
DL_{CO} < 40% predicted
Desaturation ≤ 88% during 6MWT
Extent of honeycombing on HRCT[†]
Pulmonary hypertension

Longitudinal factors

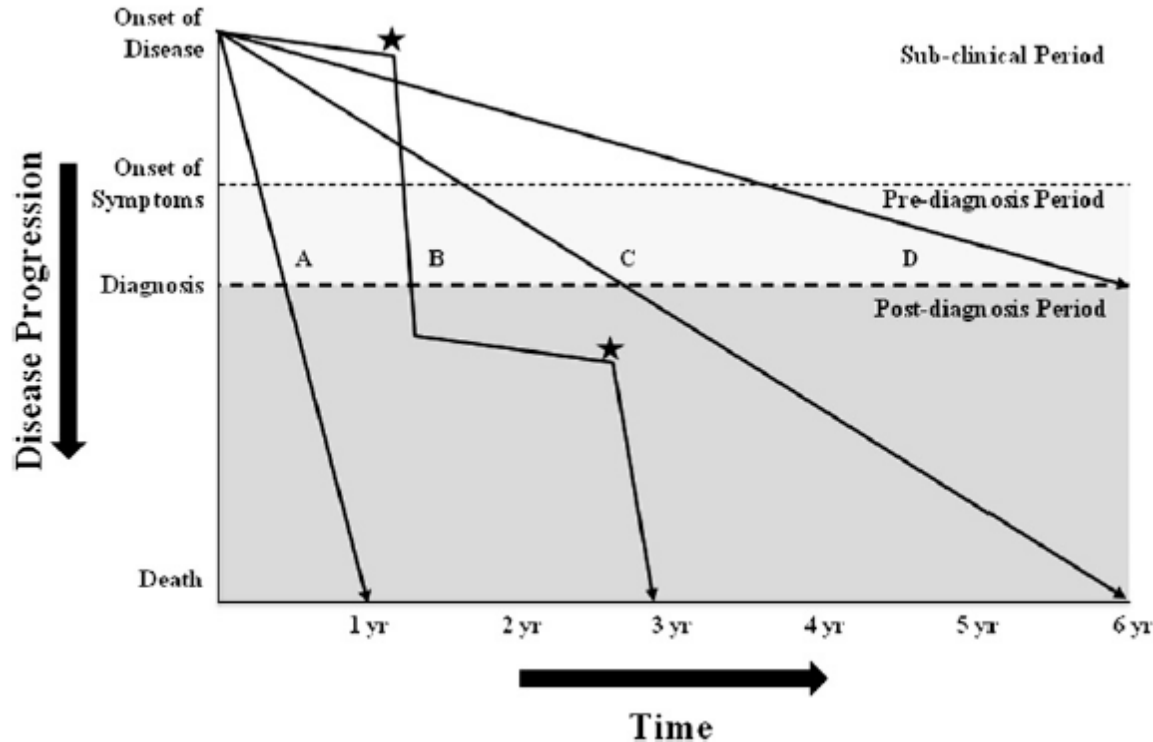
Increase in level of dyspnea[†]
Decrease in Forced Vital Capacity by ≥ 10% absolute value
Decrease in DL_{CO} by ≥ 15% absolute value
Worsening of fibrosis on HRCT[†]

Others include:

- Age
- Smoking
- Low BMI

Official ATS/ERS/JRS/ALAT Statement: Idiopathic Pulmonary
Fibrosis: Evidence-based Guidelines
for Diagnosis and Management, AJRCCM 2011

Variable course of IPF

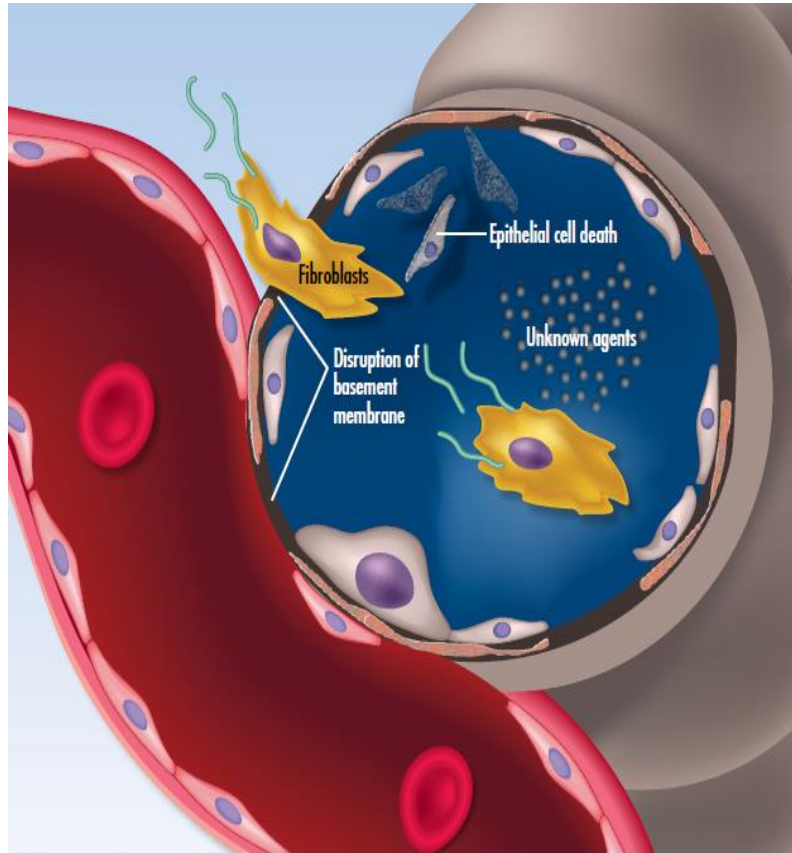


- Approximately 40,000 new cases per year in the U.S.
- 50,000/yr die from IPF

Raghu G. AJRCCM 2011.

Ley T. AJRCCM 2011.

IPF Begins With an Initial Epithelial Injury



1

- Injury of alveolar epithelial cells

2

- Initiation of normal repair mechanisms

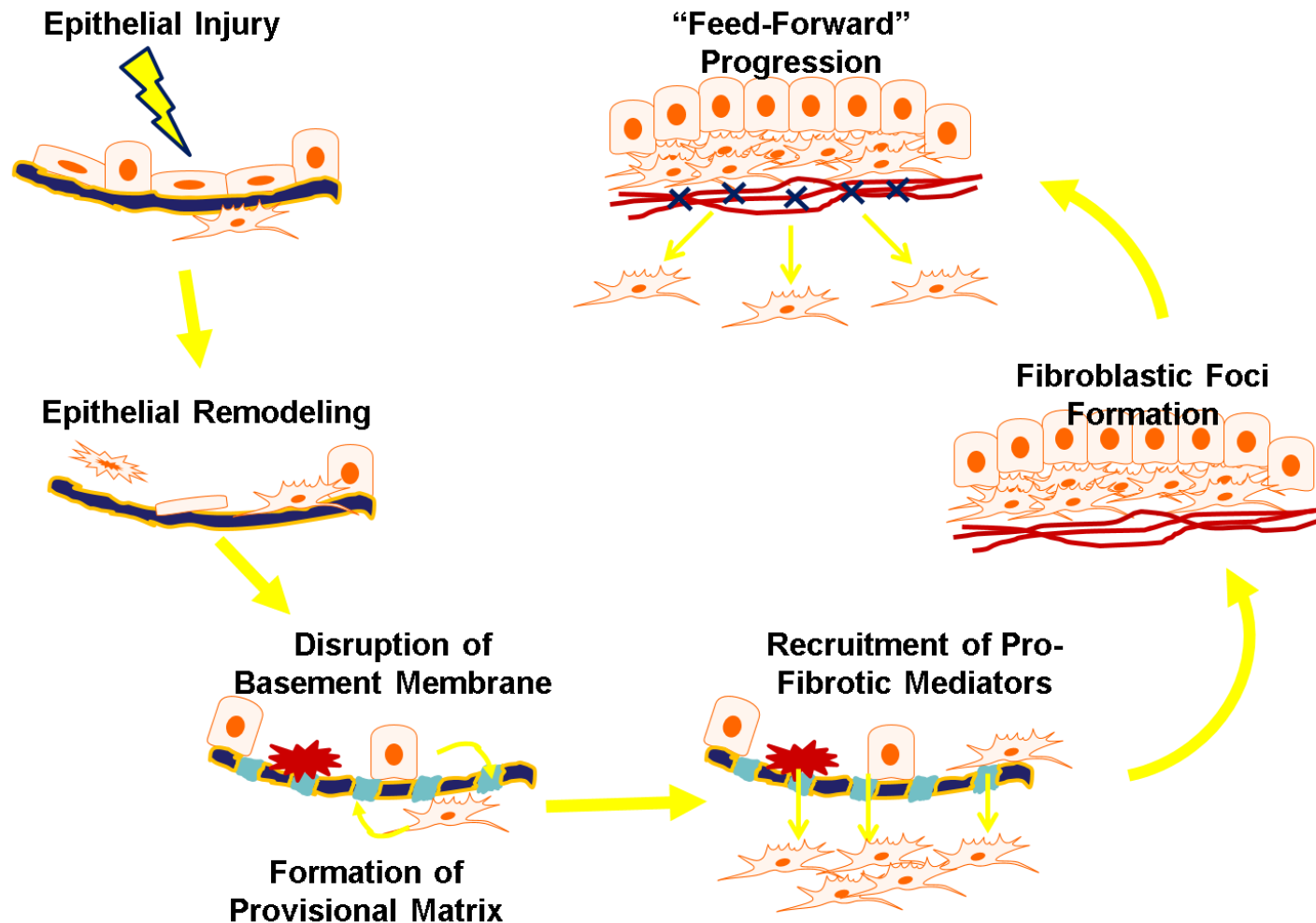
3

- Release of profibrotic mediators into the alveolar space

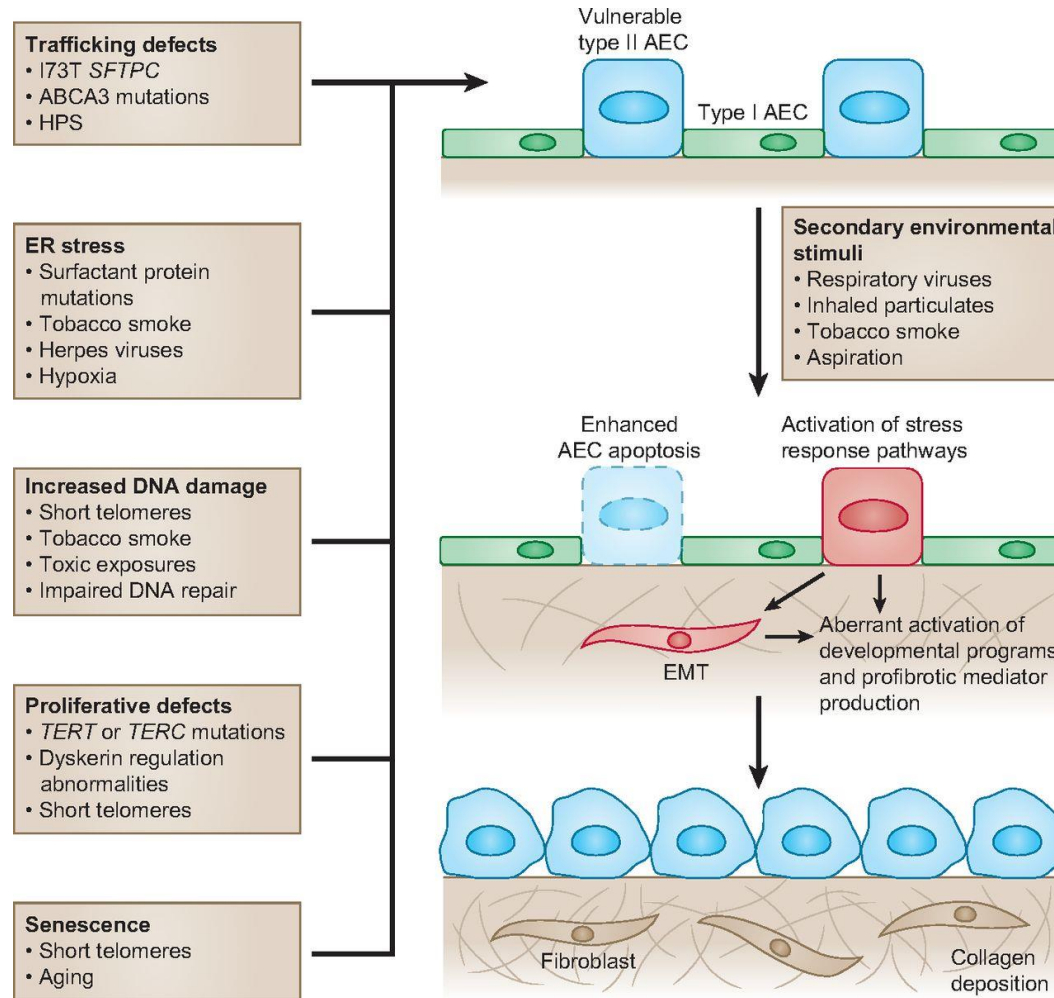
4

- Wound clot formation with inadequate epithelial repair

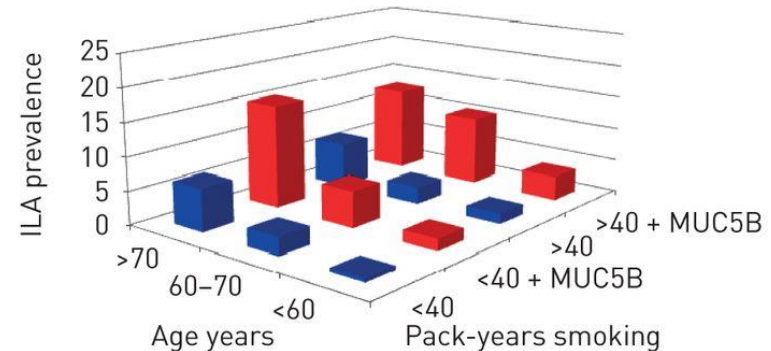
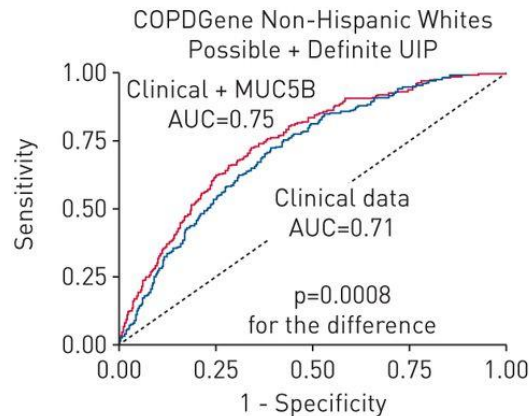
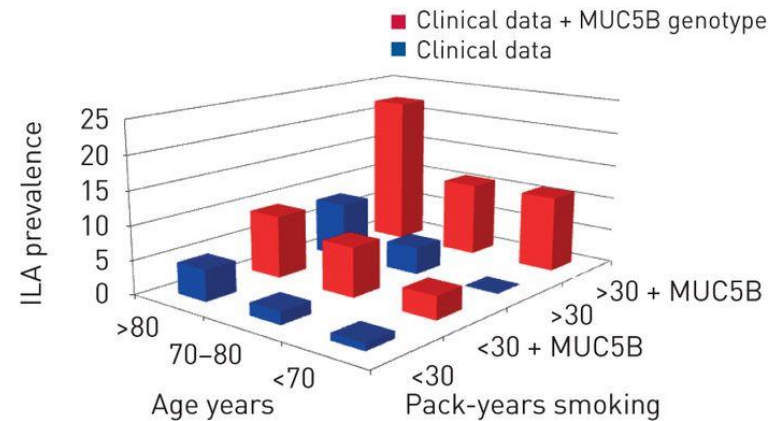
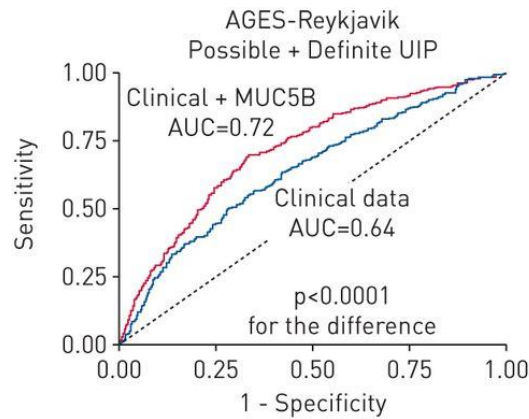
Pathogenesis of IPF



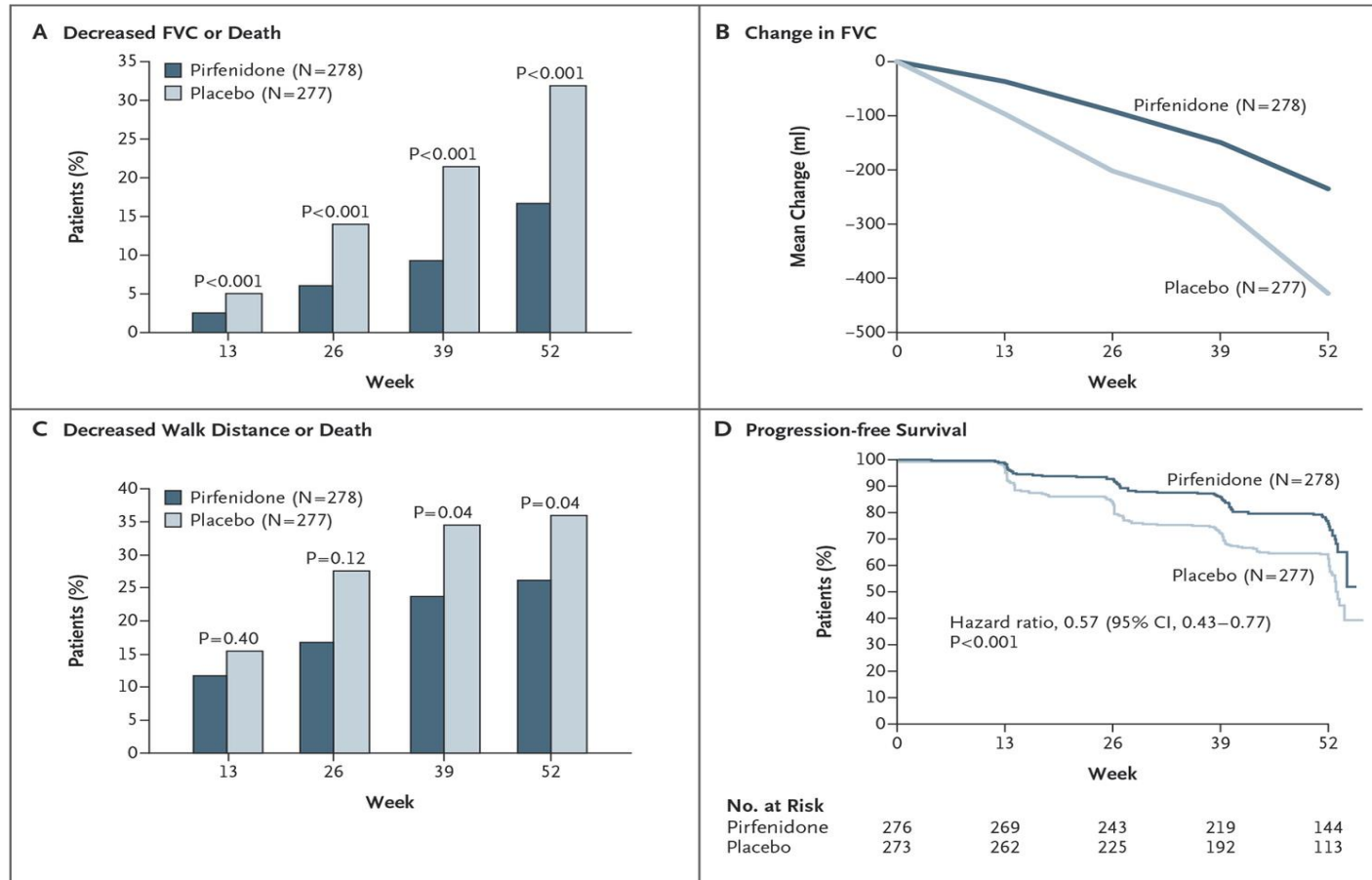
Genetic influencers of fibrosis



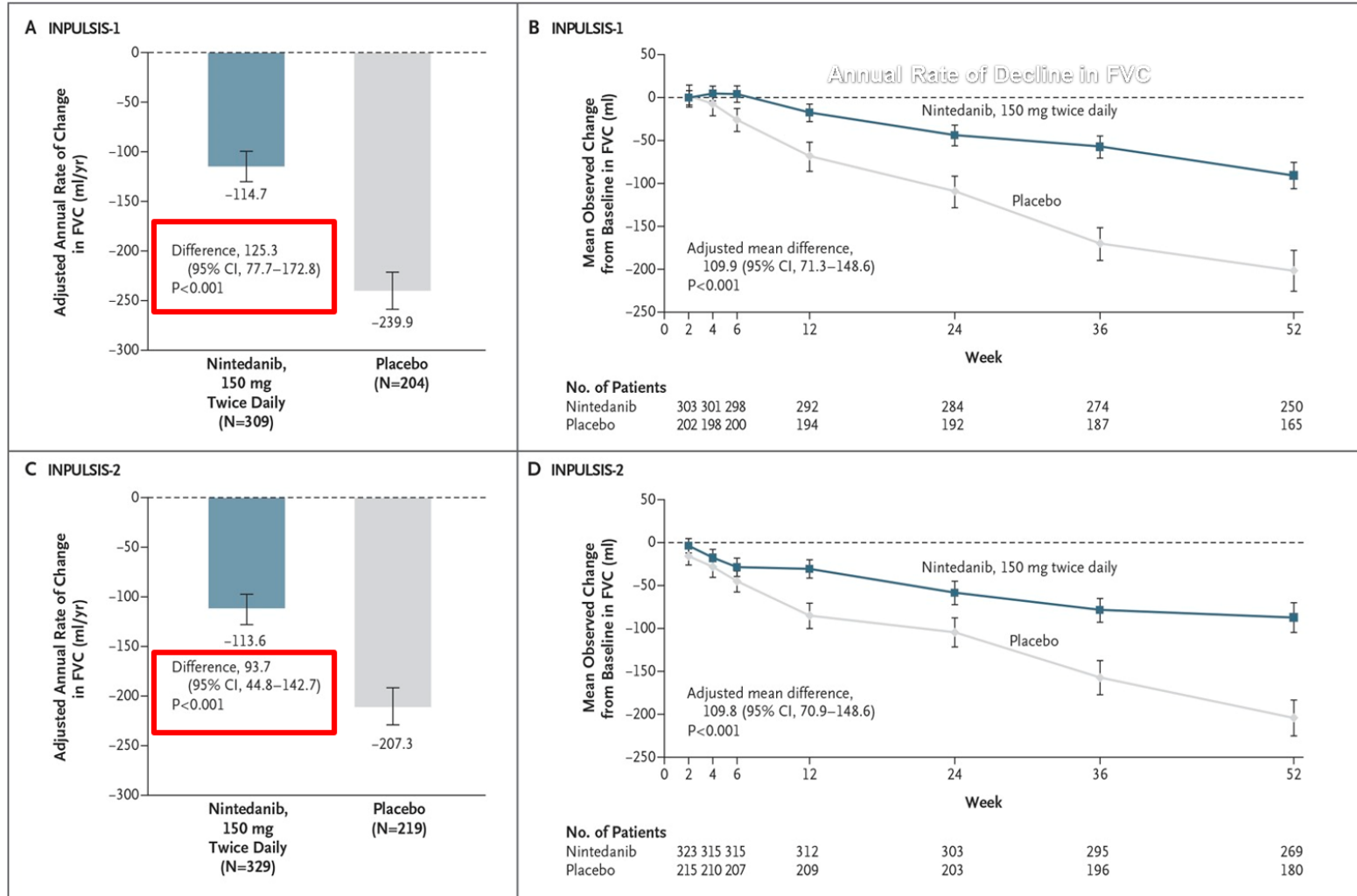
MUC5B promoter polymorphism and risk of UIP pattern in ILAs



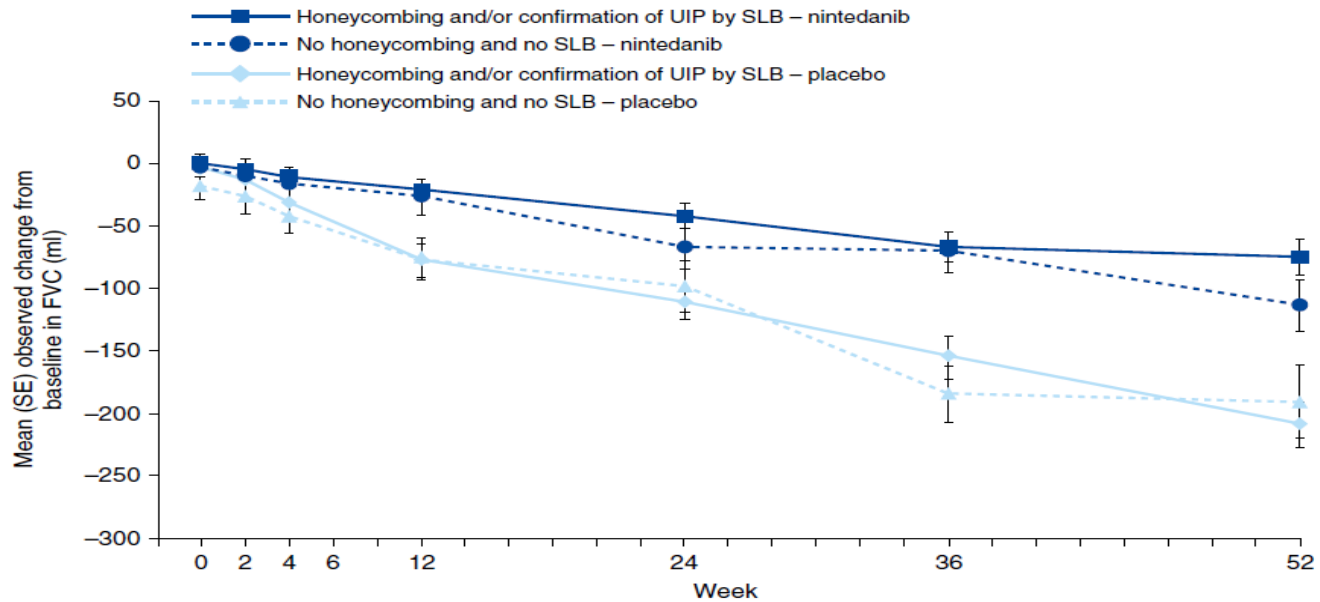
ASCEND trial: pirfenidone for IPF



INPULSIS trials: nintedanib



Is possible UIP just occult definite UIP?



No of patients

Honeycombing and/or confirmation of UIP by SLB - nintedanib	418	409	408	398	385	377	341
No honeycombing and no SLB - nintedanib	208	207	205	206	202	192	178
Honeycombing and/or confirmation of UIP by SLB - placebo	293	289	291	284	275	267	239
No honeycombing and no SLB - placebo	124	119	116	119	120	116	106

Figure 3. Change from baseline in FVC over time by subgroup. SLB = surgical lung biopsy; UIP = usual interstitial pneumonia.

IPF therapy

Good ideas

- Pulmonary rehabilitation
- Oxygen supplementation
- Find comorbidities
 - OSA
 - GER
 - Depression
- “The lungs can’t take a joke”—hygiene and vaccines

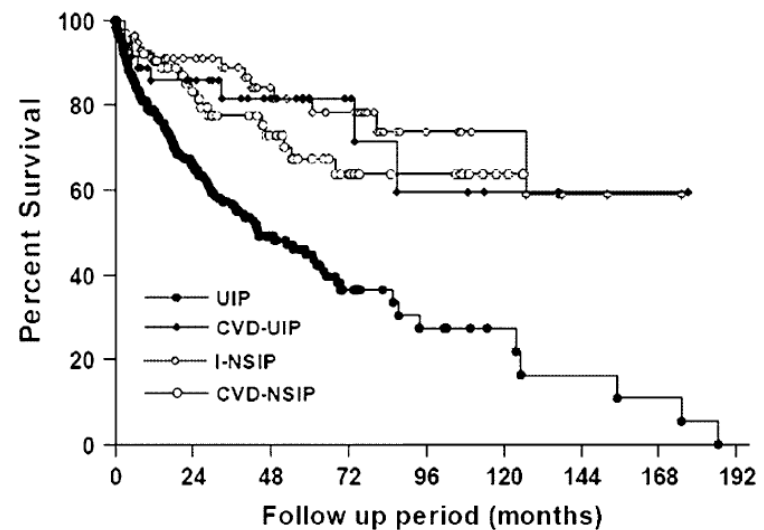
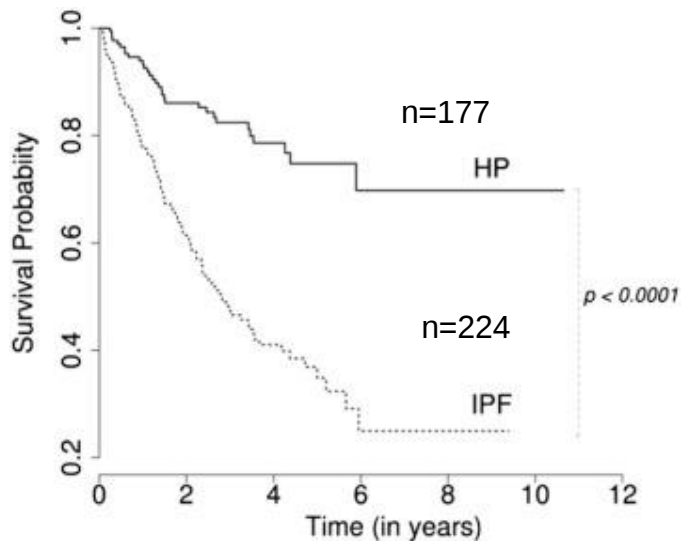
Bad ideas

- Prednisone
- Immunosuppressants
- PAH treatment?
- High Vt ventilation

Interim summary: IPF

- Most common and most devastating ILD
- Think of it in older males, especially with exposures
- Acute exacerbations may be idiopathic or not
- 5-10% FVC decline, 10-15% DLCO decline, worsened oxygenation are tip-offs for poor outcomes
- More pulmonary rehab
- “Interstitial lung abnormalities”...

Etiology and histopathology both influence the outcome



Mooney JJ. Chest 2013

Park JH. Am J Respir Crit Care Med 2007

HP is a common cause of occupational lung disease

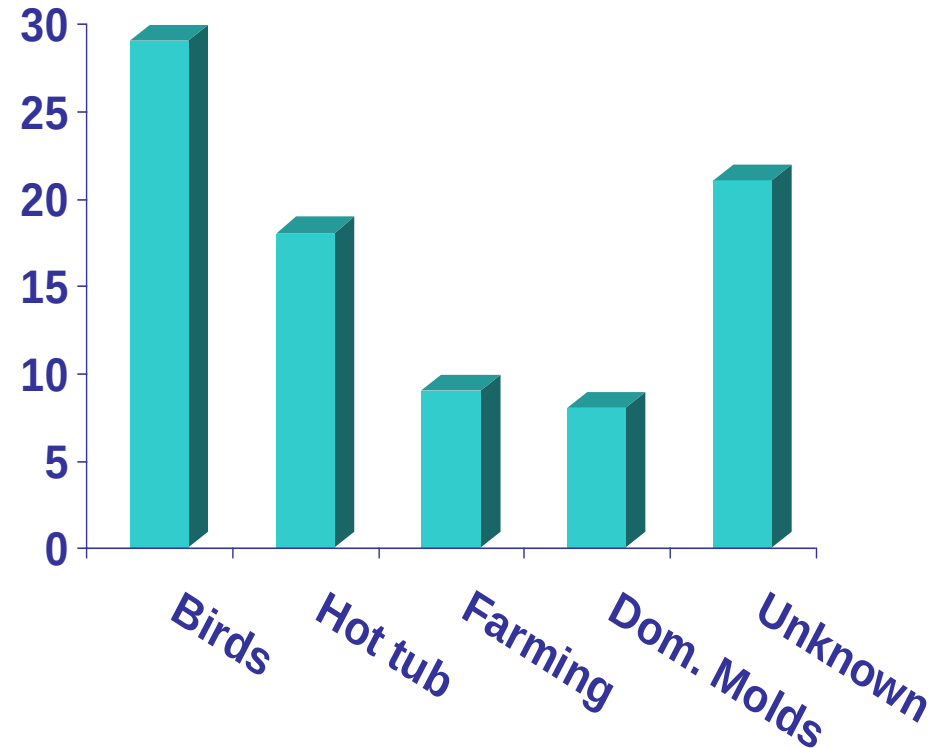
“Almost all who make a living by sifting or measuring grain are short of breath and cachectic and rarely reach old age.”

-*Morbis Artificum Diatriba*

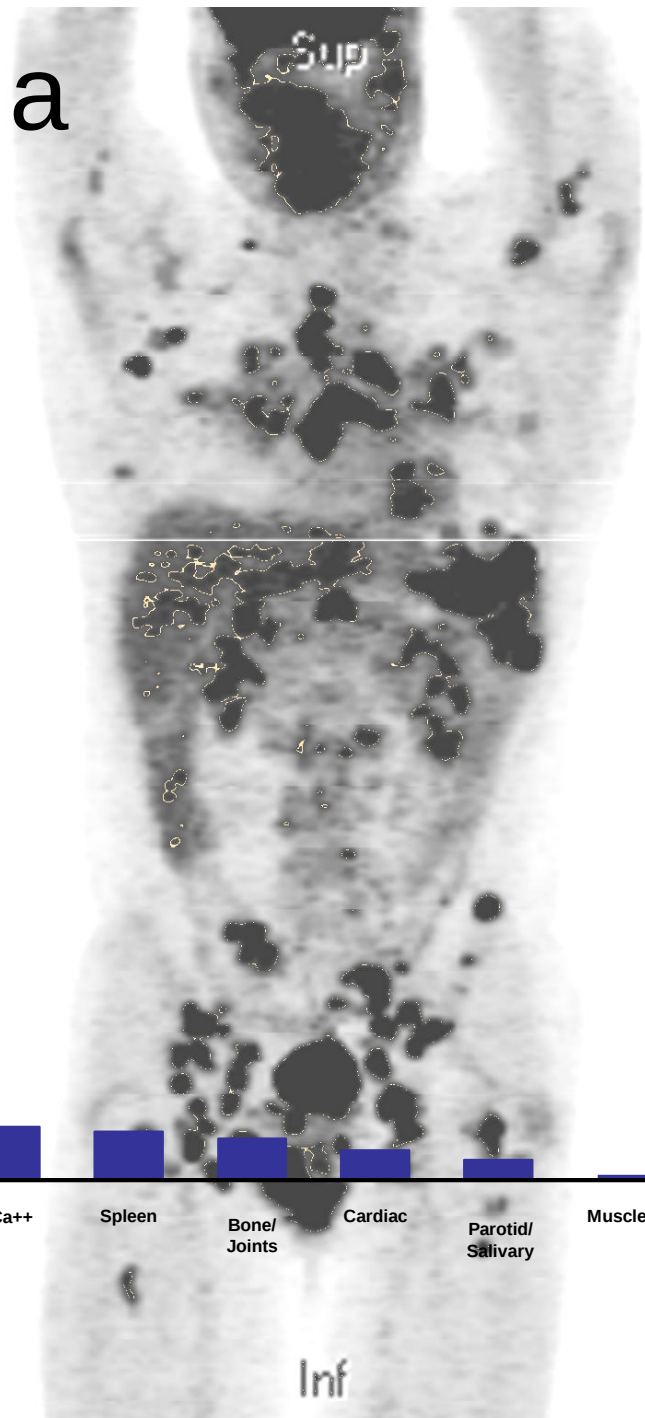
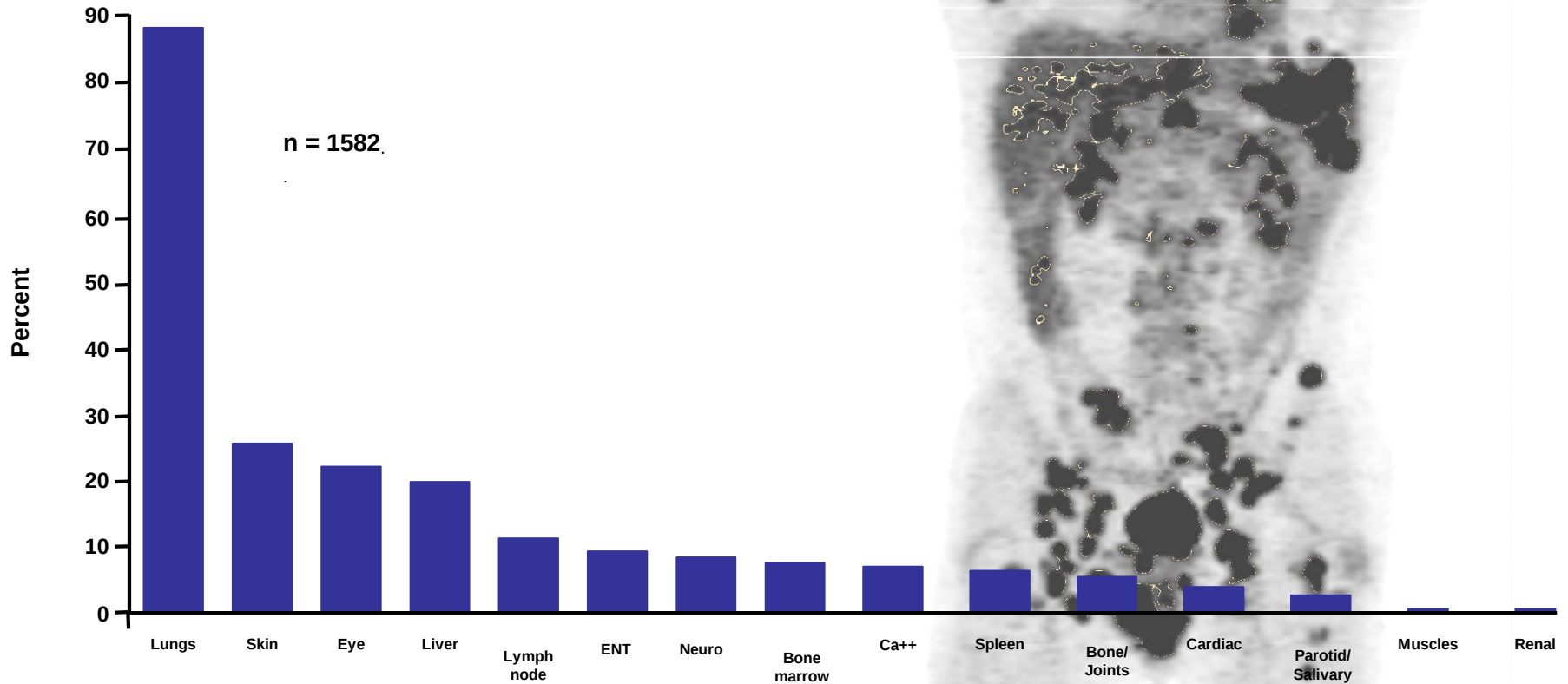
Hypersensitivity pneumonitis syndrome

Usually due to inhaled antigens ($\leq 5\mu\text{m}$)

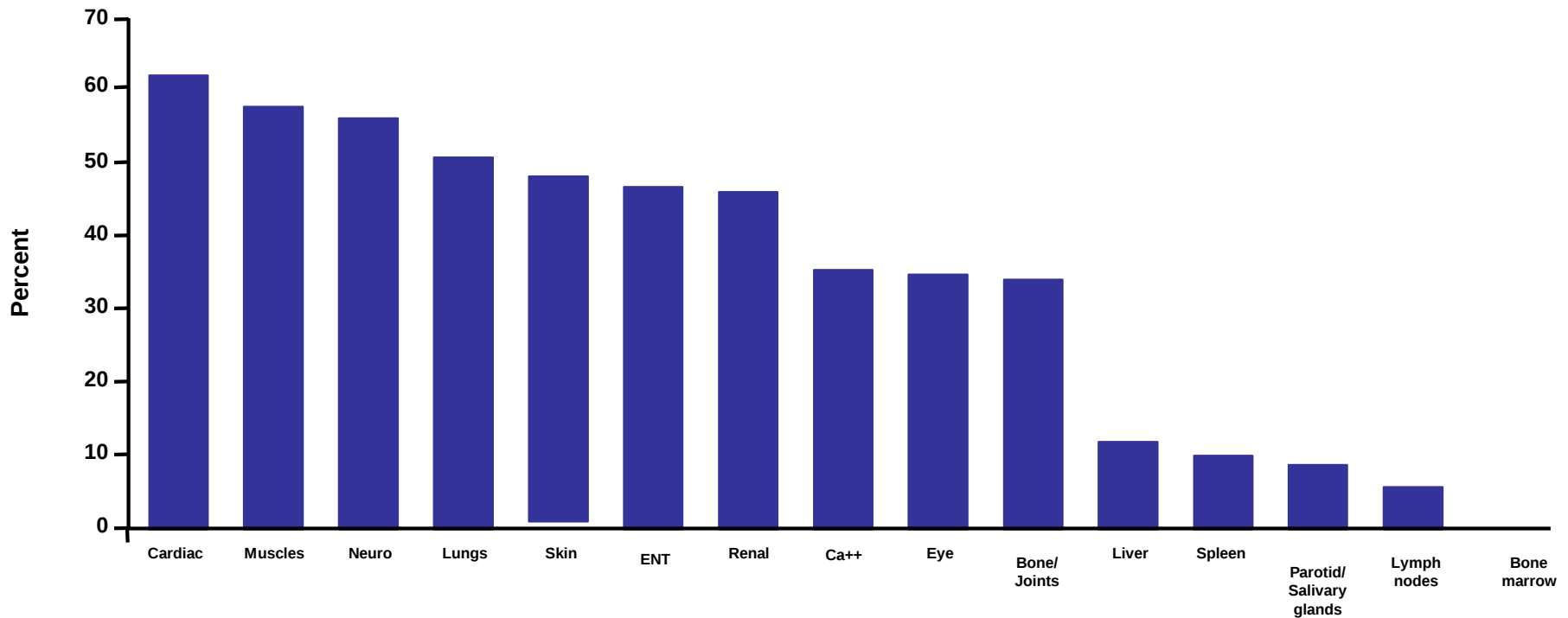
- Animal proteins
- Micro-organisms
- Hydrocarbons (e.g. isocyanates)



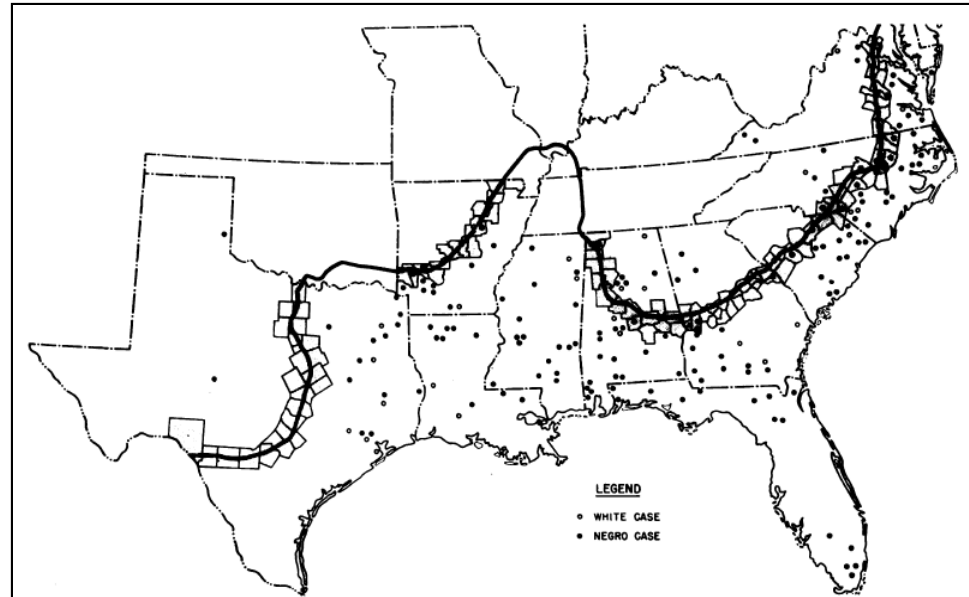
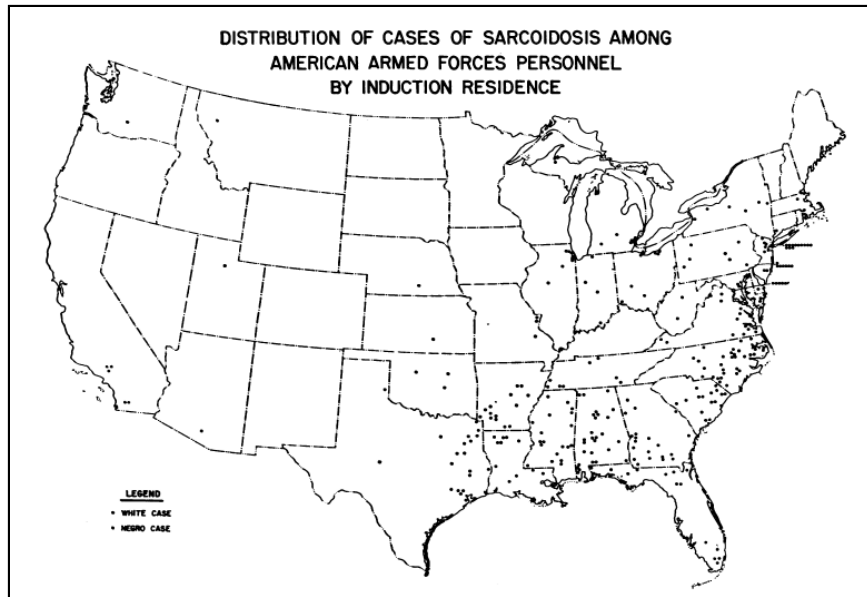
Organ involvement in a US sarcoidosis clinic



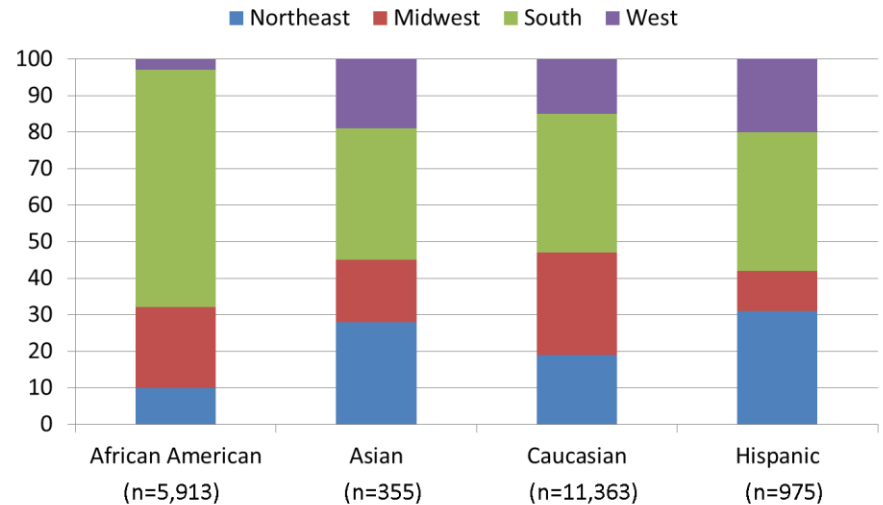
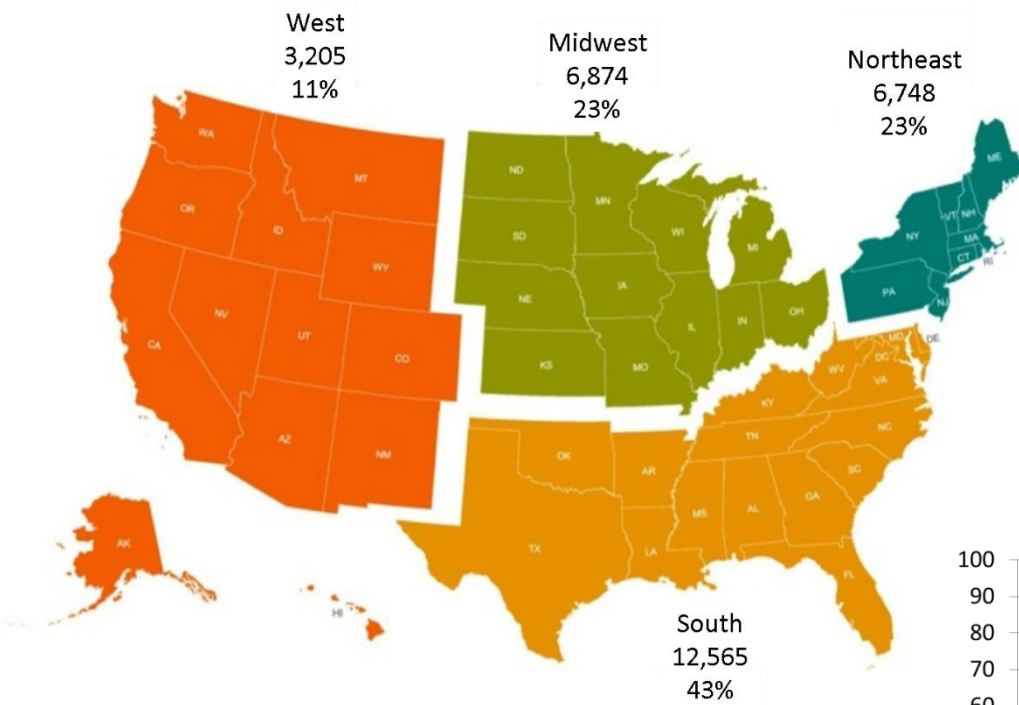
Frequency of treatment requirement



Sarcoidosis in US military personnel during WWII

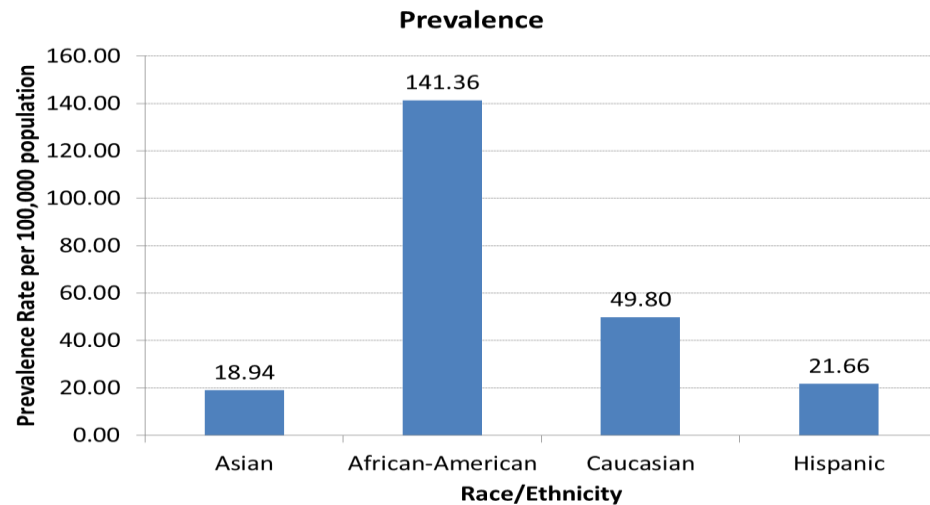
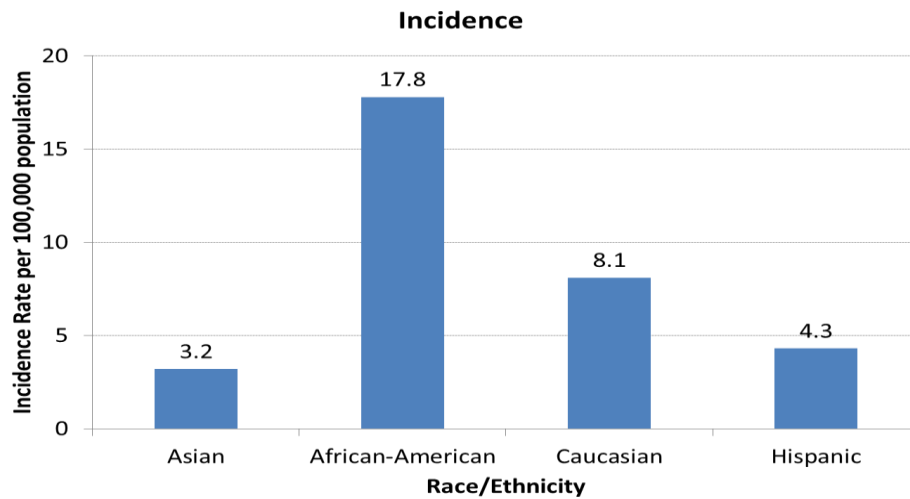


Sarcoidosis more common in the Southeast

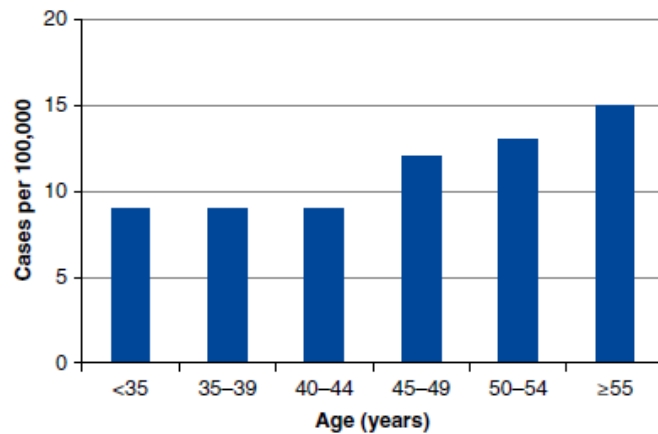


Sarcoidosis in the US

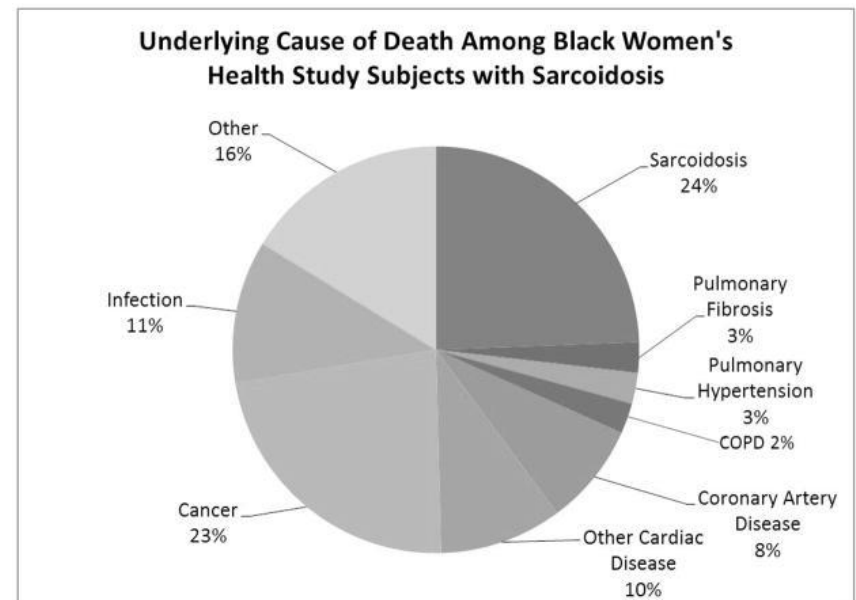
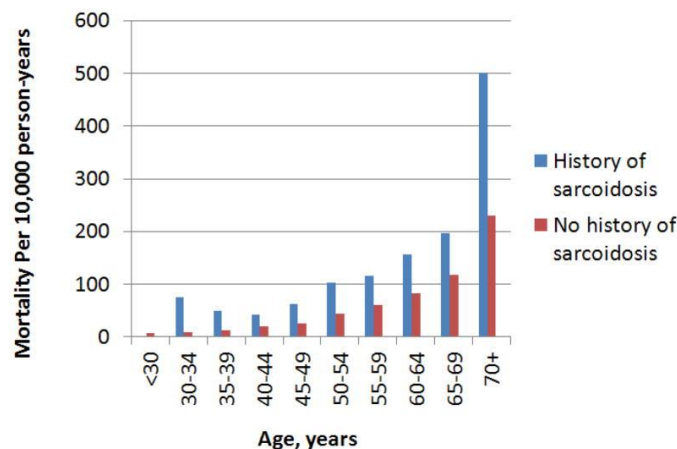
2010-2013 Optum Database



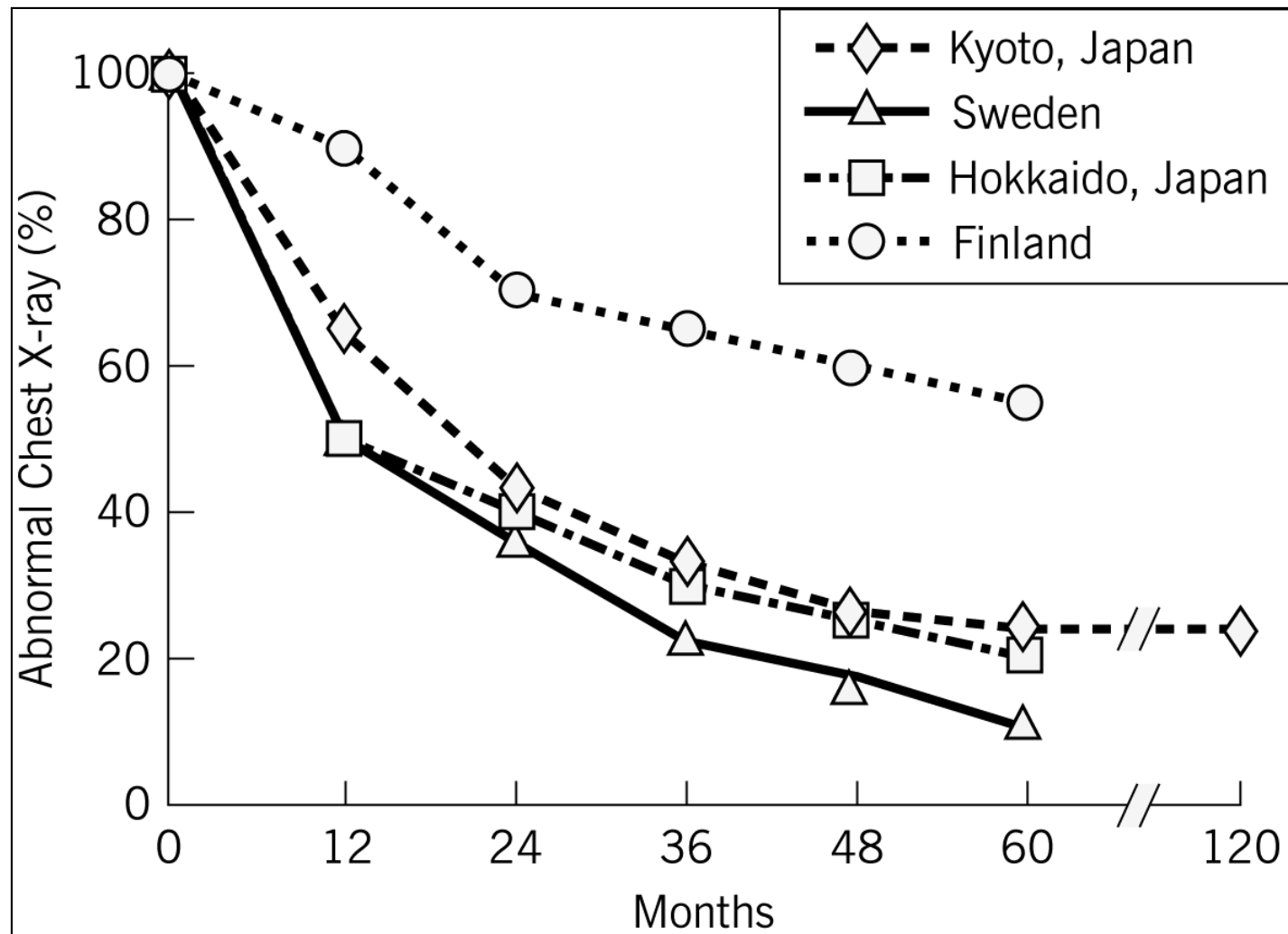
Upward age shift



Age-specific Mortality according to history of sarcoidosis

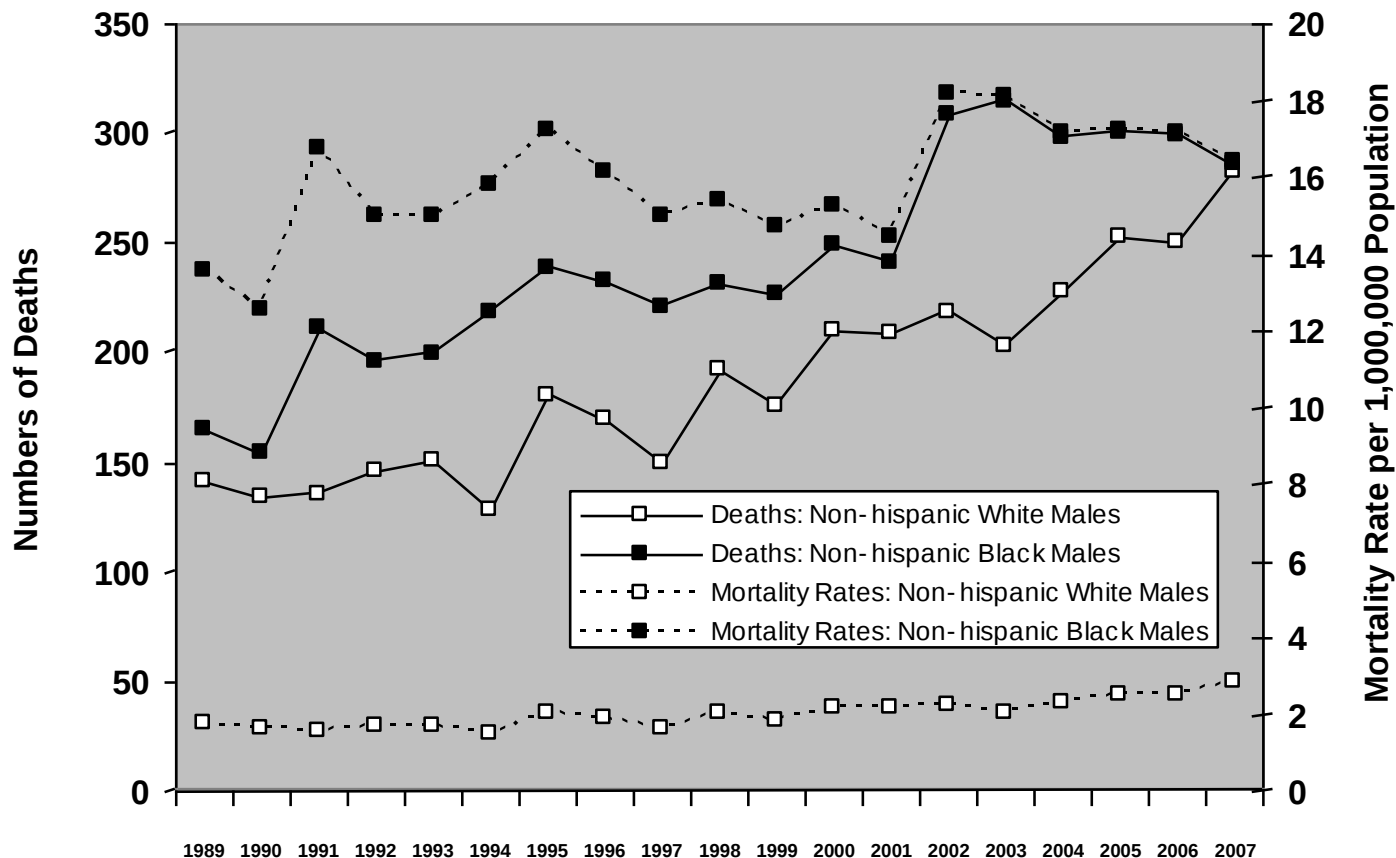


Many individuals resolve their CXR

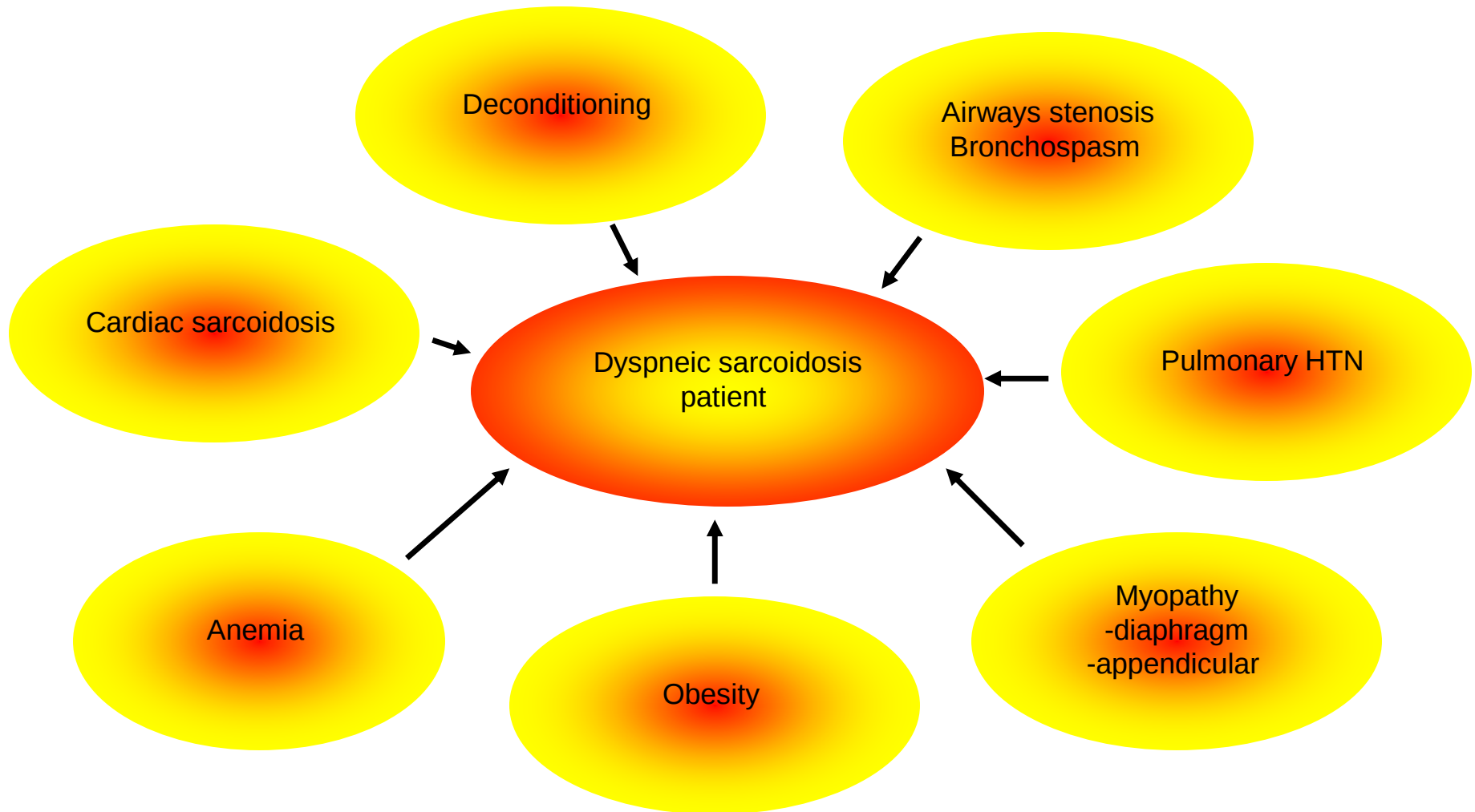


Rising sarcoidosis mortality in the US

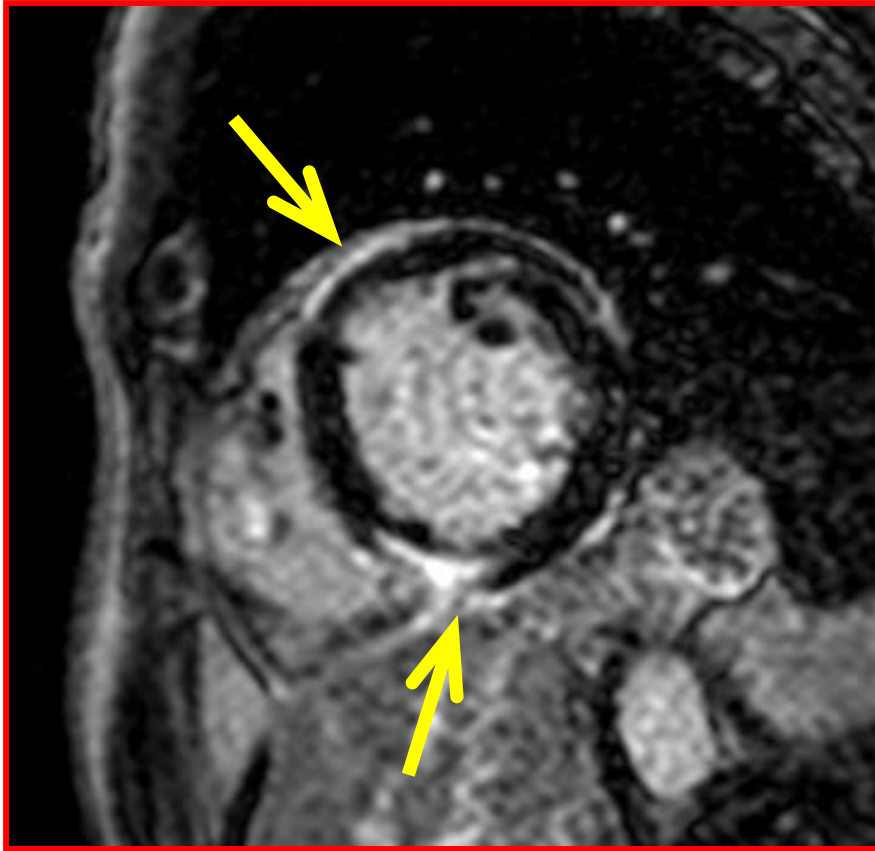
Non-hispanic Males: Numbers of Deaths and Age-adjusted Mortality Rates per 1,000,000 Men



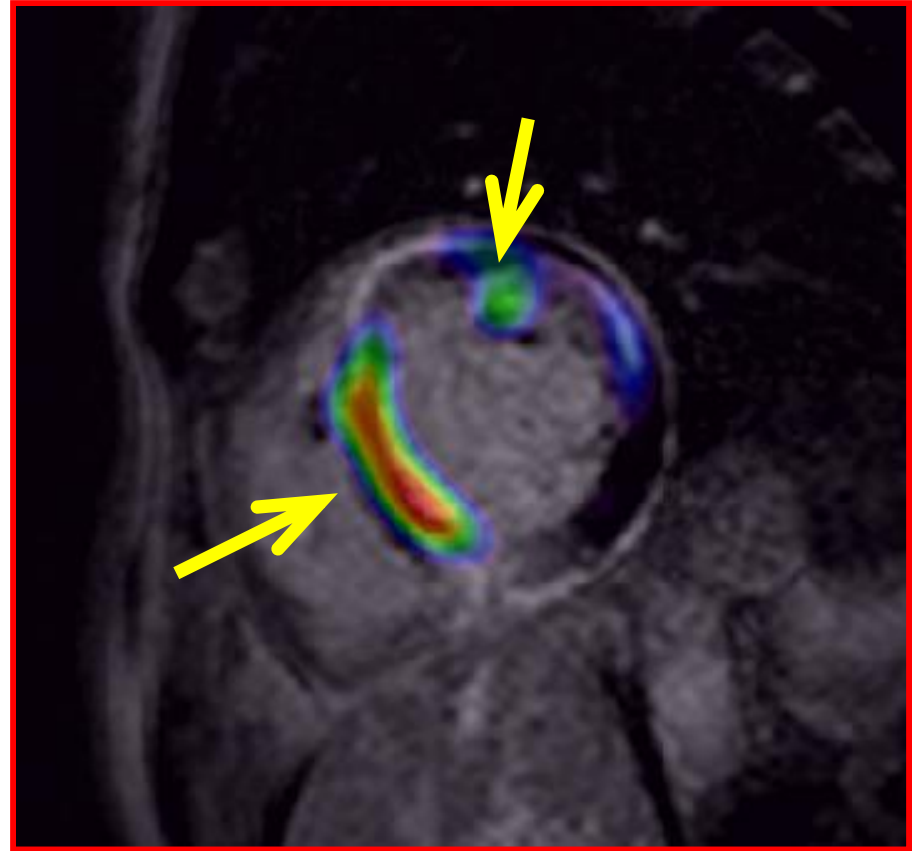
Multifaceted dyspnea of sarcoidosis



Cardiac sarcoidosis



DE-MRI

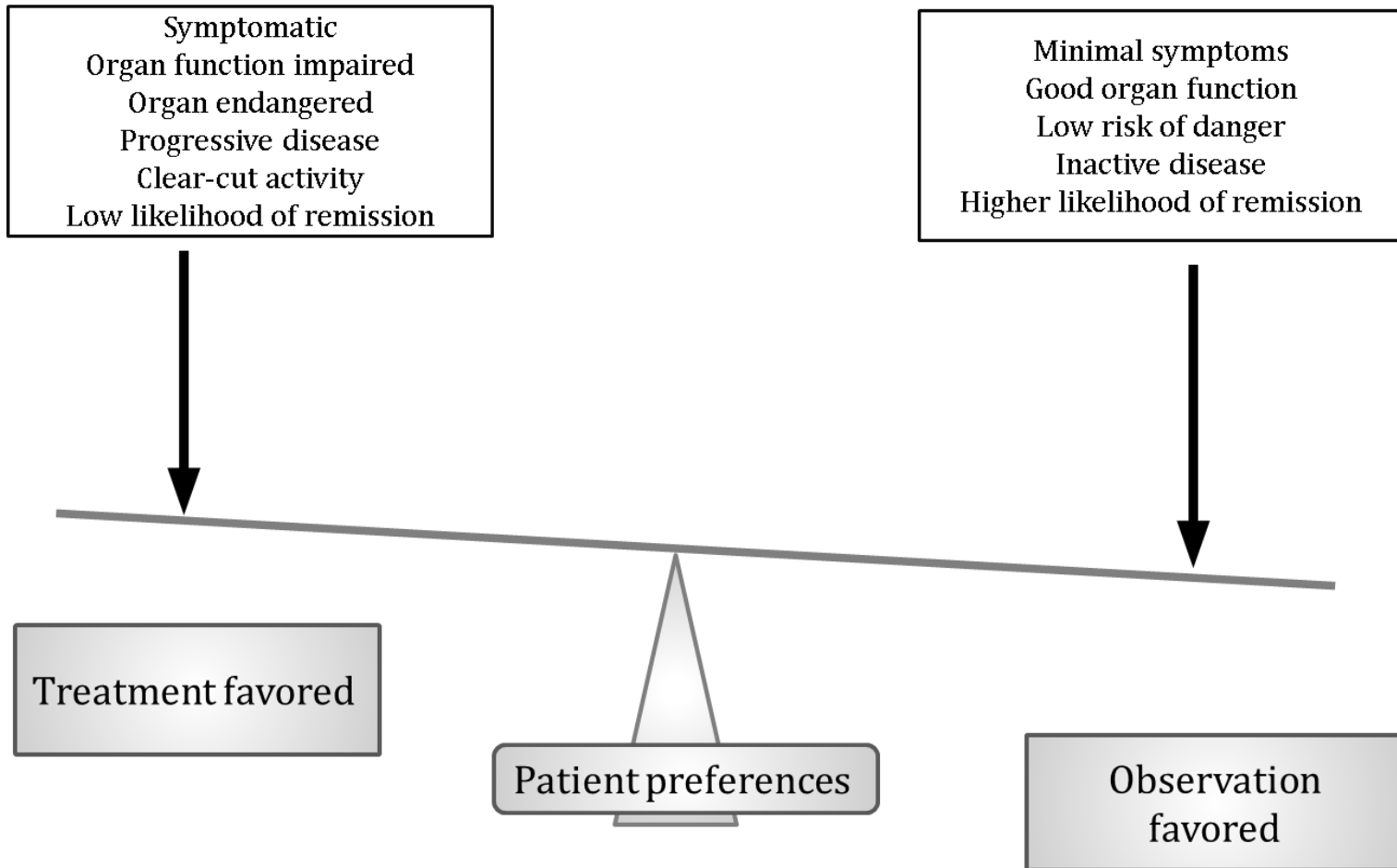


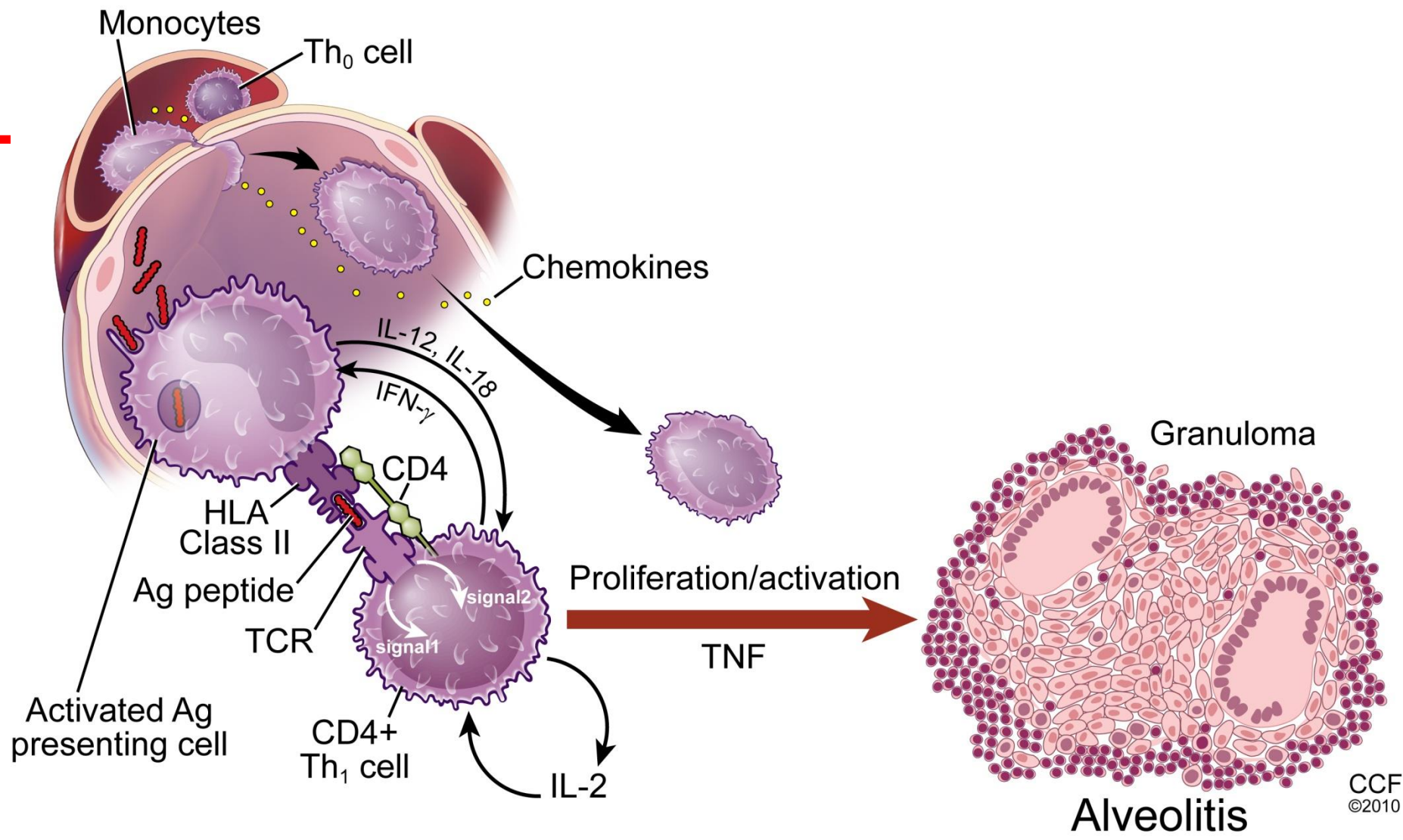
DE-MRI/PET Fusion

Sarcoidosis therapy: MICO

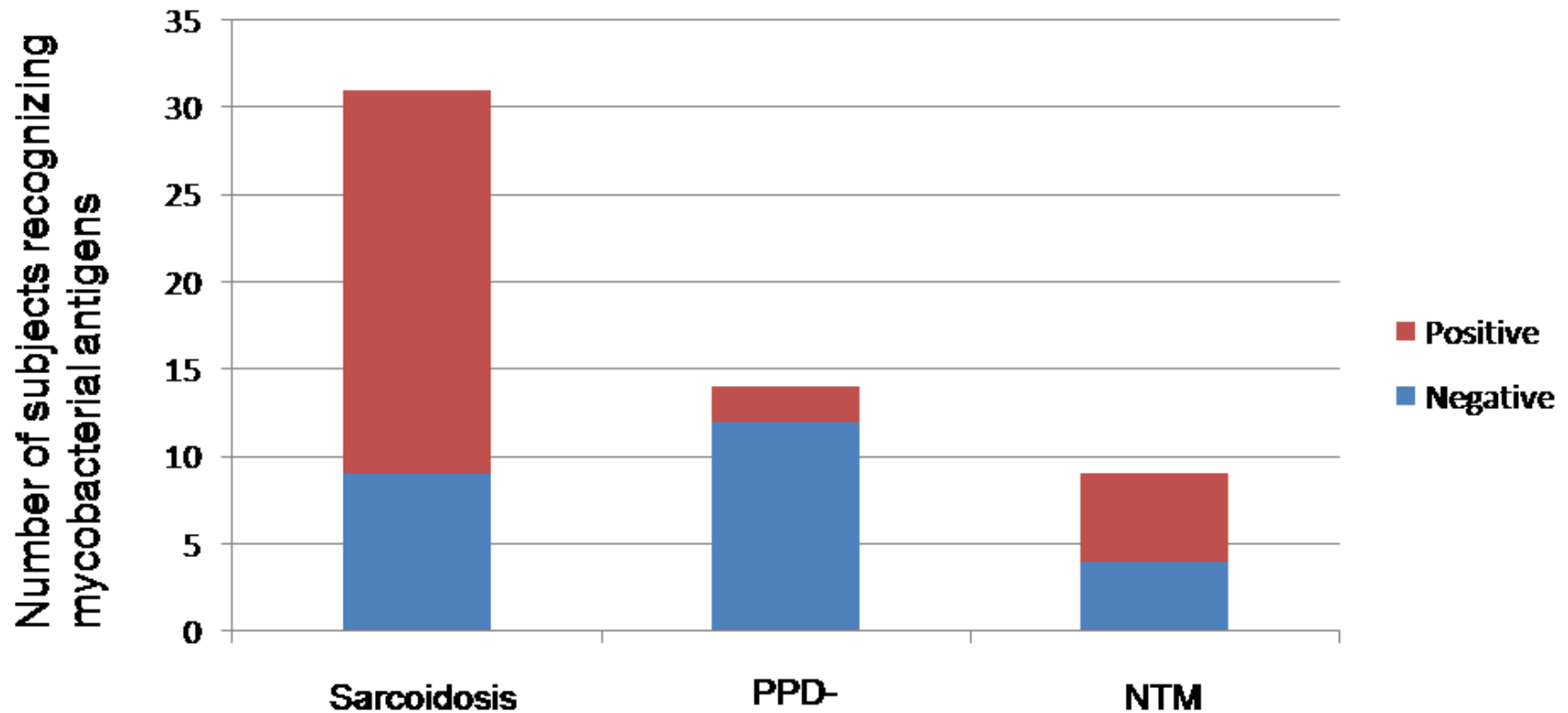
Masterful
Inactivity with
Cat-like
Observation

The decision to treat

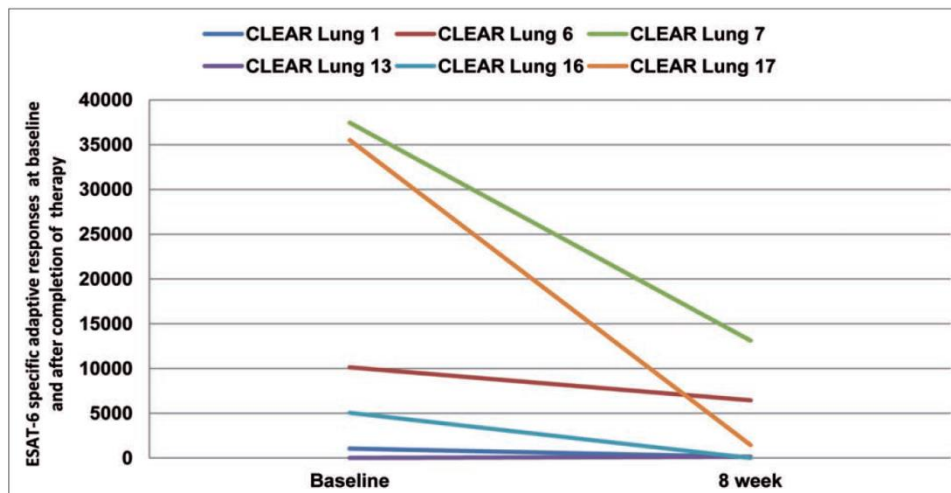
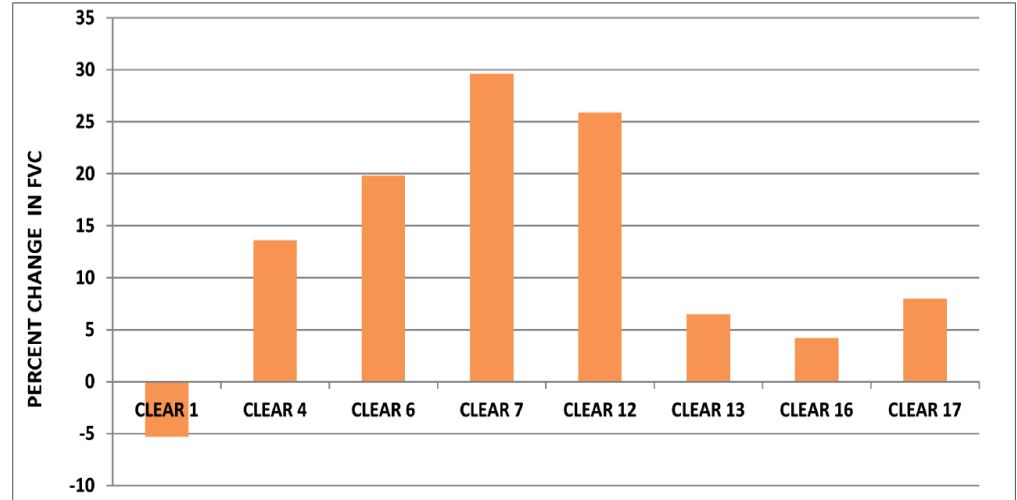




Sarcoidosis patients respond to multiple mycobacterial antigens



Effects of 8 weeks of CLEAR therapy in pulmonary sarcoidosis



Major sarcoidosis trends

- Emerging diagnostic technology
 - FDG-PET
 - EBUS-TBNA
 - Cardiac sarcoidosis
- Move away from steroids
- Demographic shift
- Focus on non-inflammatory aspects
 - Pulmonary hypertension
 - Fatigue, neuropathy, comorbidities
- Collaboration

Conclusions

- Interstitial lung diseases $\approx$ 200 types
- History, exam, PFTs and radiology diagnose most ILDs
- PFTs are crucial for assessment and longitudinal care
- UIP $\neq$ IPF
- Pulmonary fibrosis $\neq$ IPF

Sarcoidosis misconceptions

- Affects younger adults
- Cardiac disease is rare
- Usefulness of ACE level
- Most commonly treated with prednisone

THANK YOU FOR THE INVITATION!

SINUSES — 1- 4 %

PAROTID/SALIVARY — 4.0 %

EYES — 12 - 32 %

PERIPHERAL LYMPH NODES — 15 %

LUNGS — 95 %

LIVER — 11.5 - 35 % (50-80 %)

HEART — 2 - 7 % (20%-27%)

SPLEEN — 7 - 14 % (50%)

BONE — < 5 %

MUSCLE — < 5 %

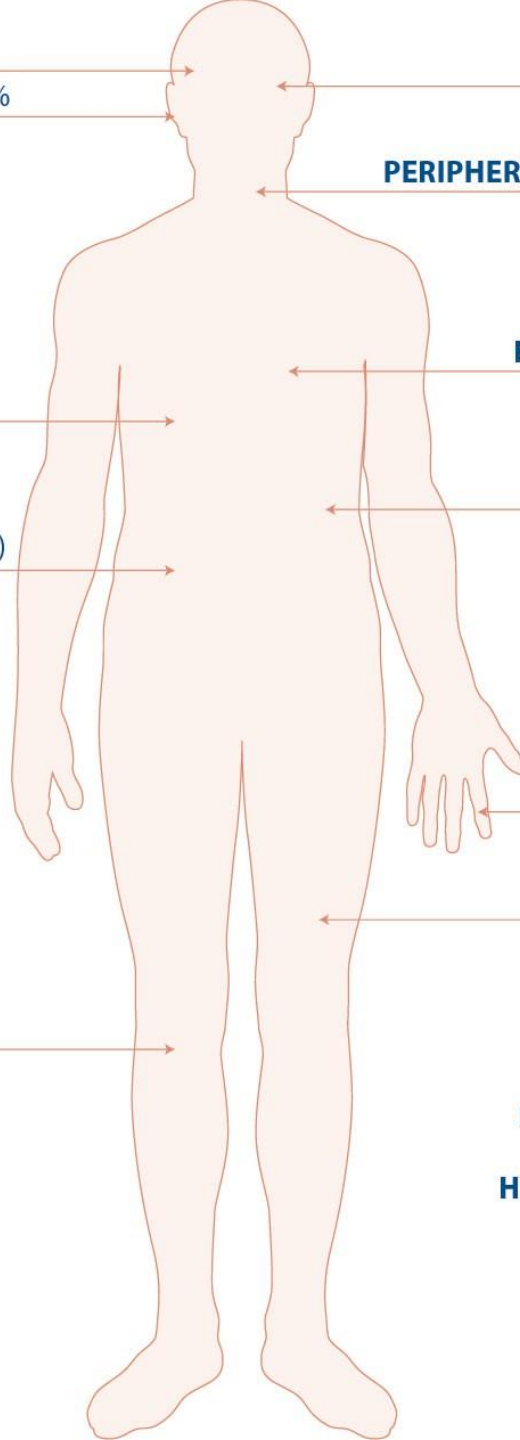
SKIN — 24 %
(INCLUDING ERYTHEMA NODOSUM)

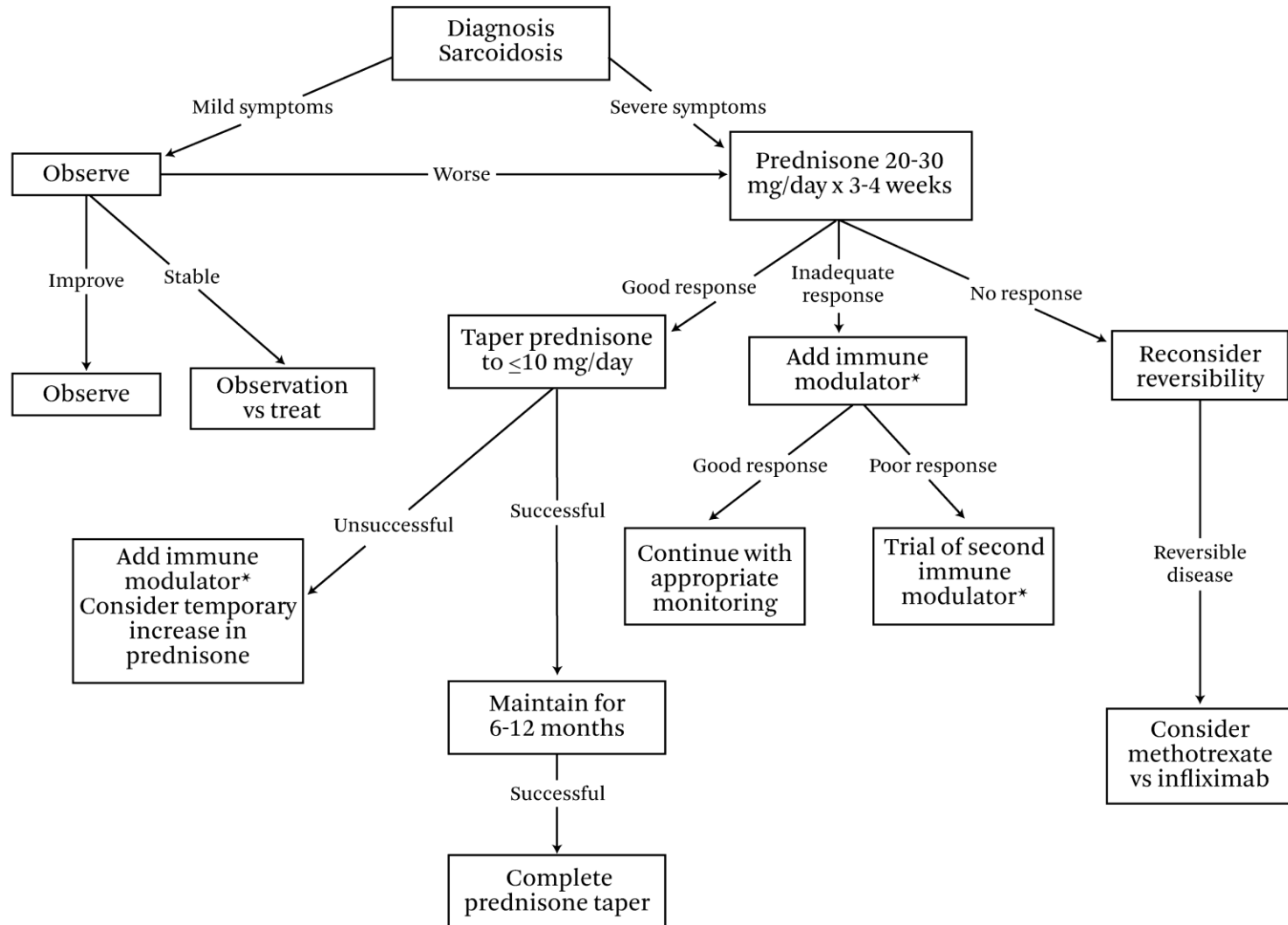
NEUROLOGIC — 4 - 13 %

BONE MARROW — 4 - 10 %

HYPERCALCEMIA — 4 - 11 %

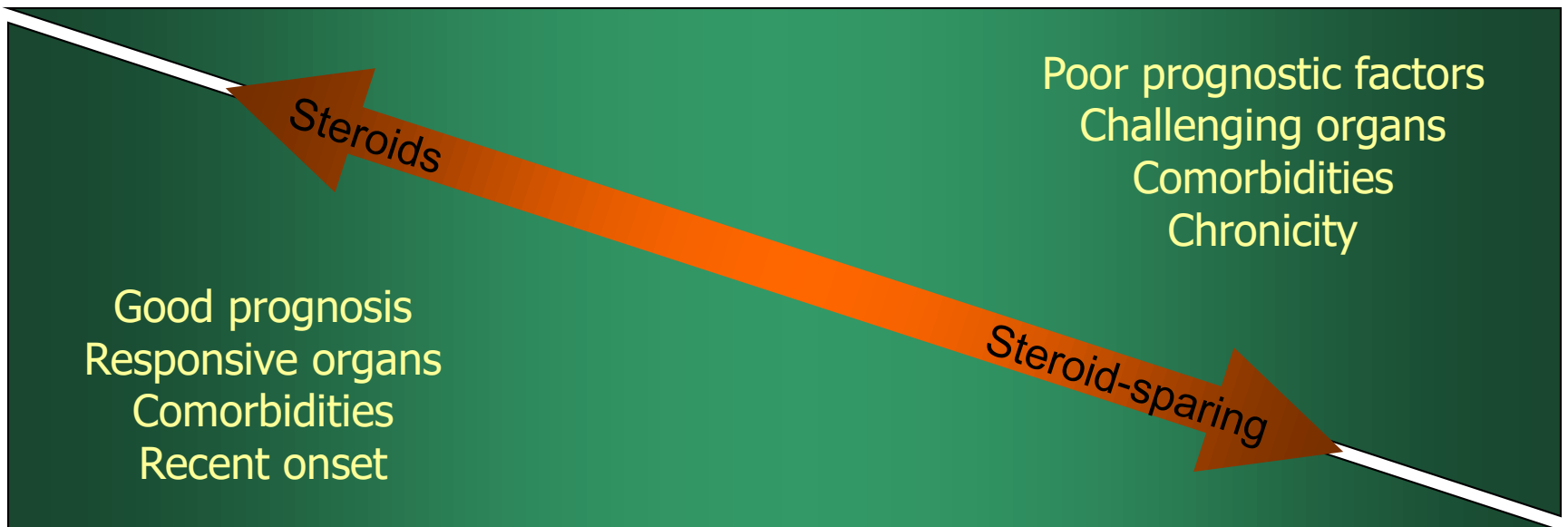
HYPERCALCURIA — 20 %



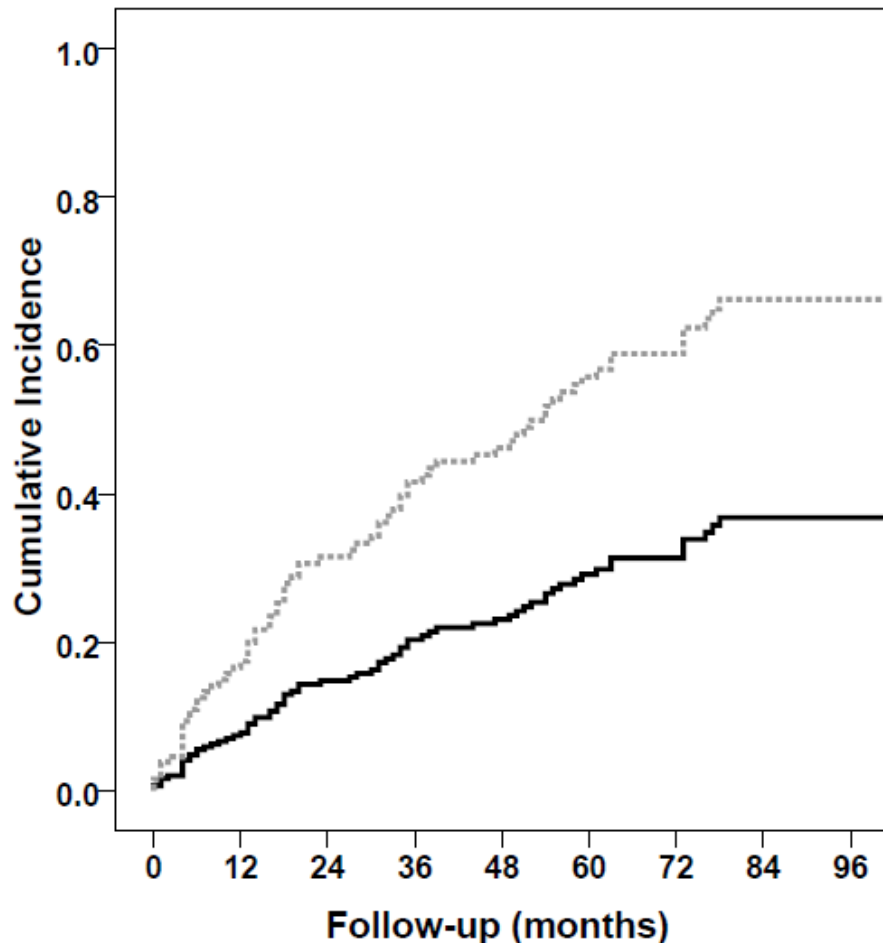


*Current options include - methotrexate, azathioprine, leflunomide, and mycophenolate.

One size does not fit all



Cumulative risk of steroid complications



Hazard ratio: 2.37 (1.34-4.17)

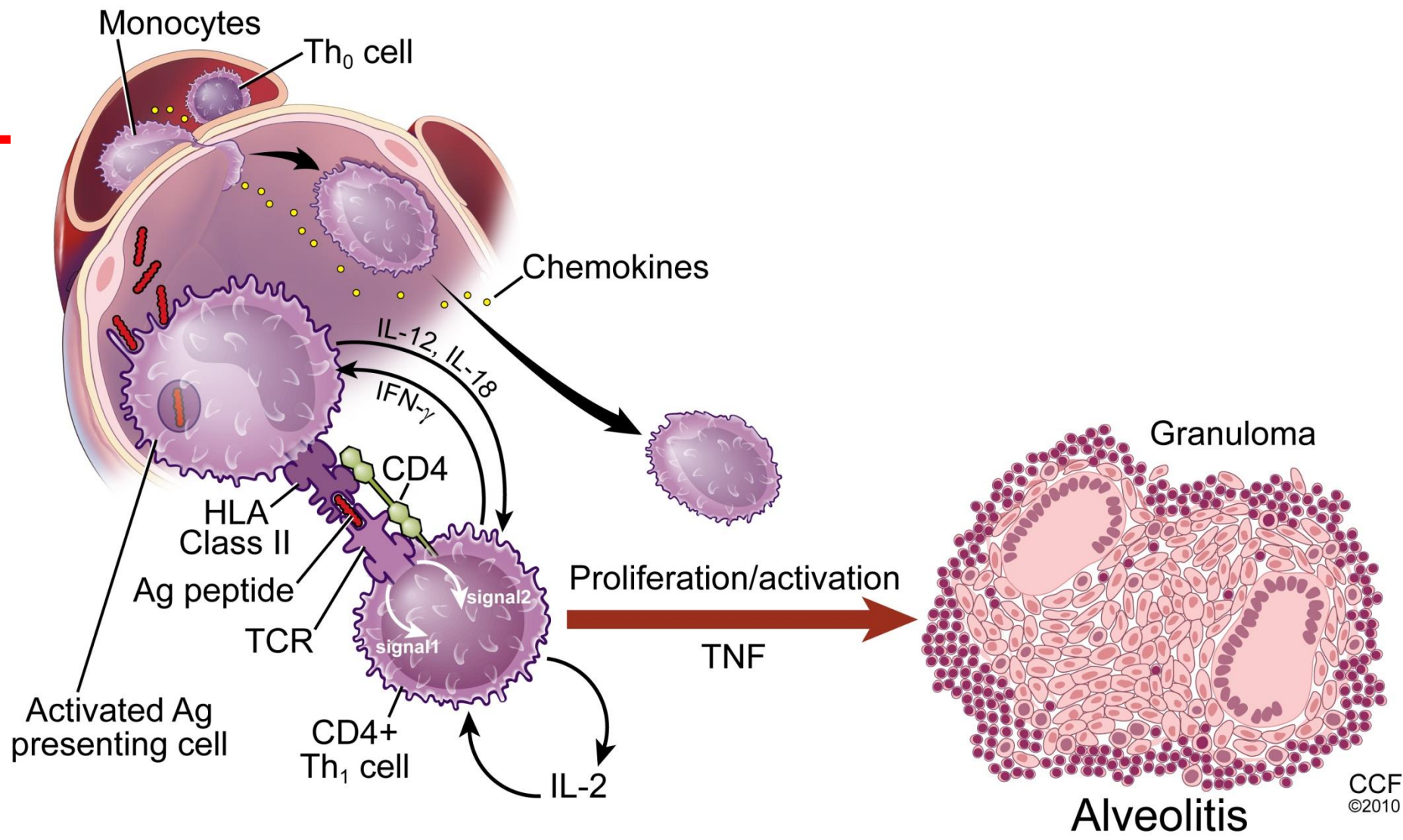
Other covariates

Age/yr 1.021 (1.001-1.041)

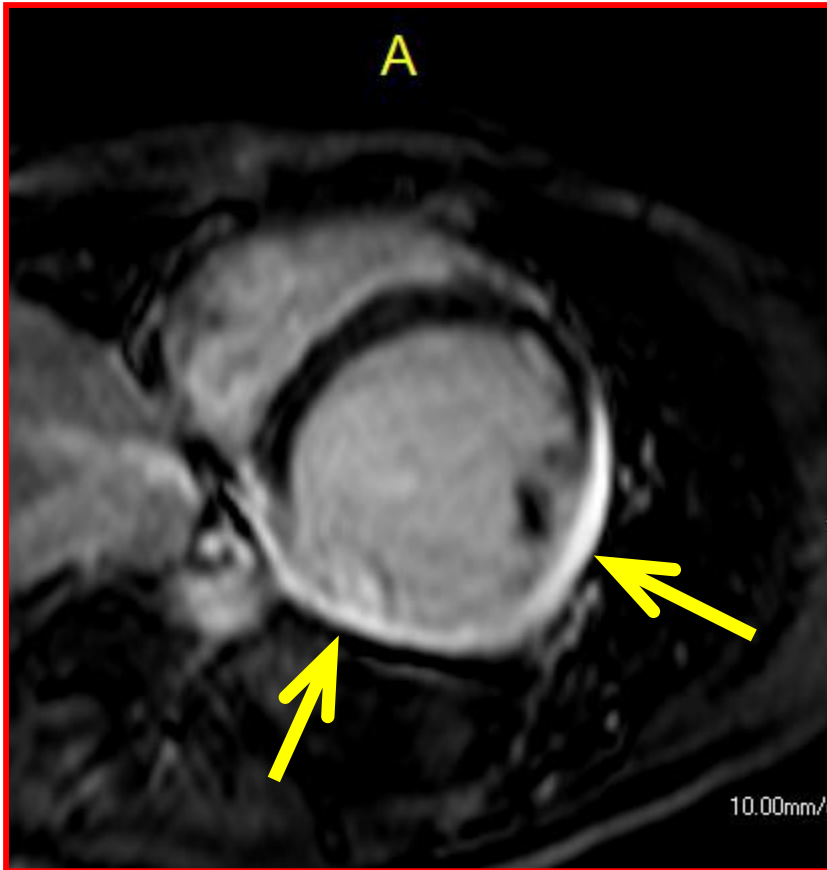
Pre-existing disease 2.27 (1.33-3.89)

Duration of steroids (mos) 1.023 (1.013-1.033)

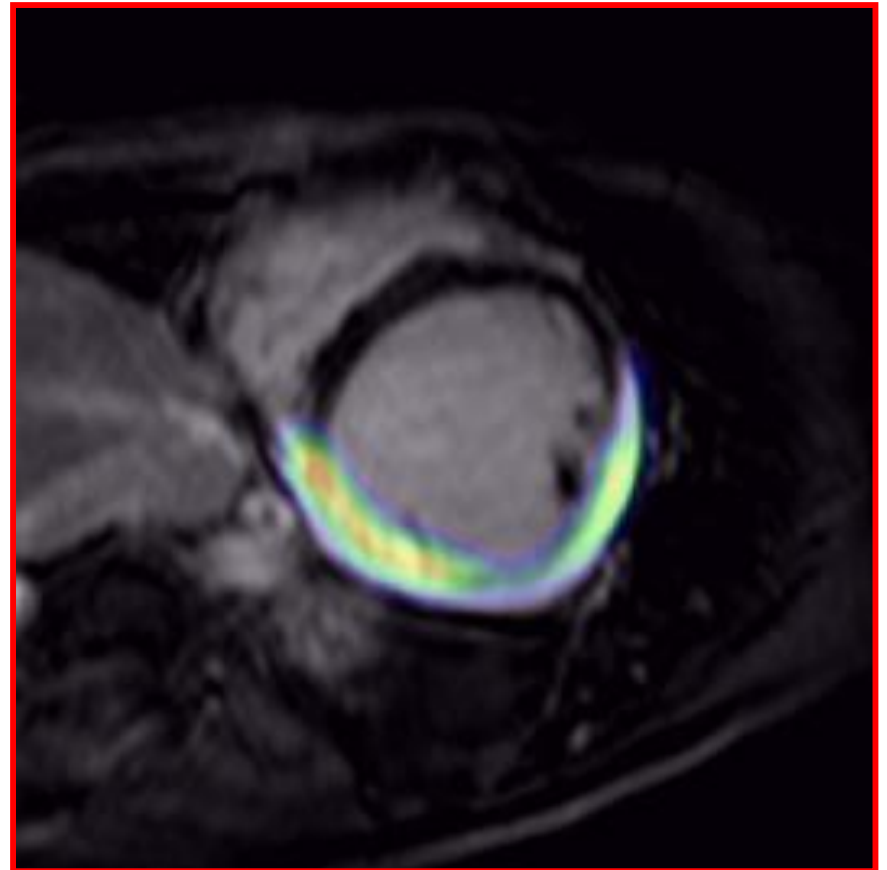
Cumulative dose (grams) 1.038 (1.019-1.056)



Concordance

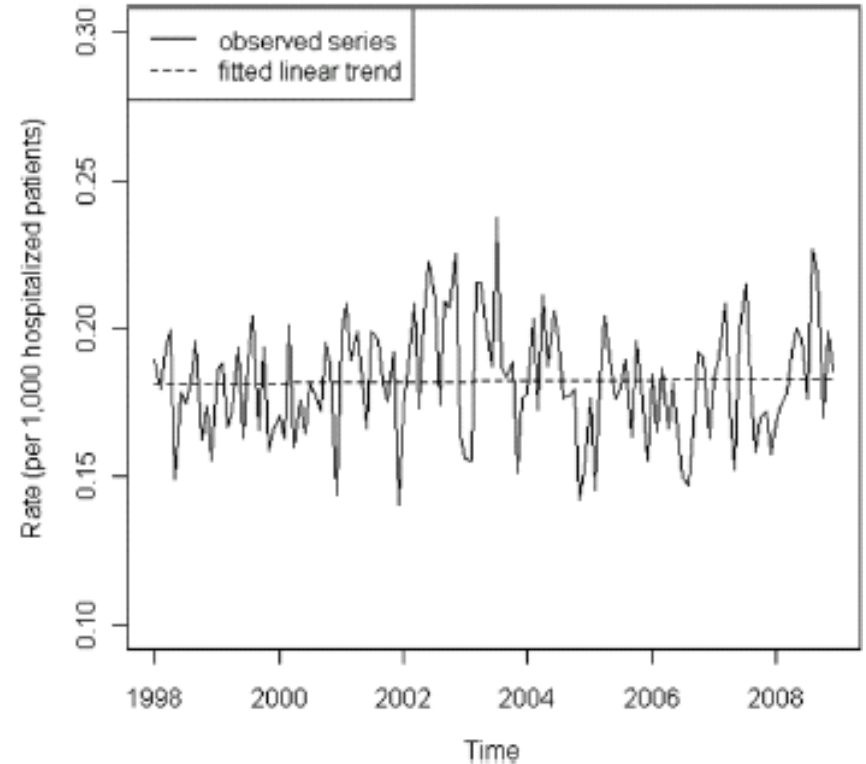
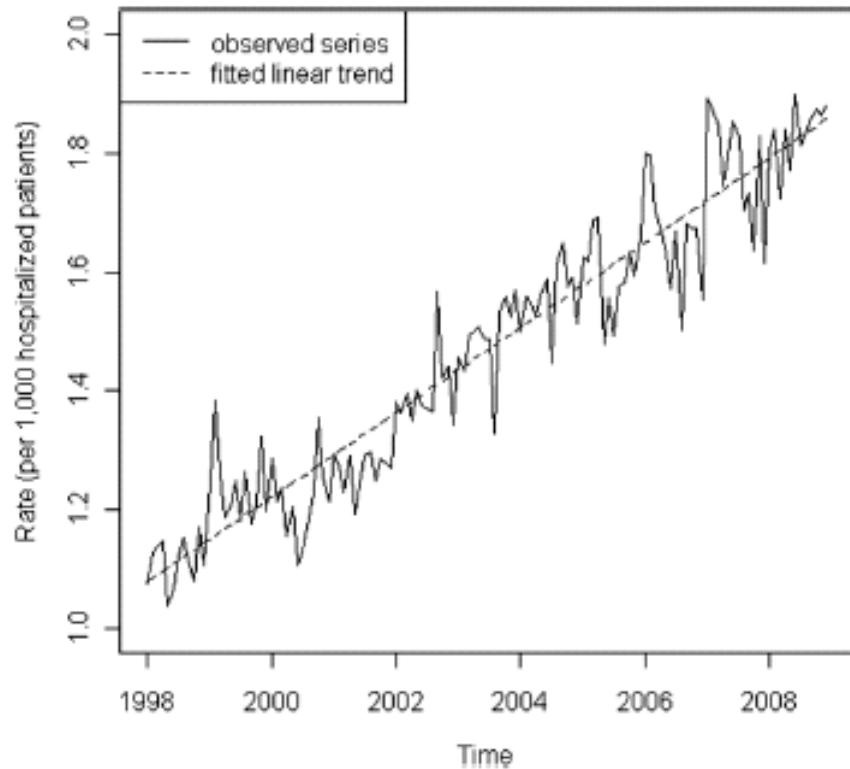


DE-MRI



DE-MRI/PET Fusion

Rising number of sarcoidosis hospitalizations in the US



Clinical outcome after 5 years

Clinical outcome score	Therapy	No (%)	
Resolved	Never	59 (12%)	
Resolved	Not within 1 year	44 (9%)	
Minimal (<25% of peak disease)	Never	47 (9%)	
Minimal (<25% of peak disease)	Not within 1 year	38 (8%)	
Persistent, no current therapy	Never	41 (8%)	
Persistent, no current therapy	Not within 1 year	54 (11%)	
Current therapy, asymptomatic		57 (11%)	
Current therapy, symptomatic		115 (23%)	} 32%
Current therapy, worsening		45 (9%)	

Prognosis versus clinical features

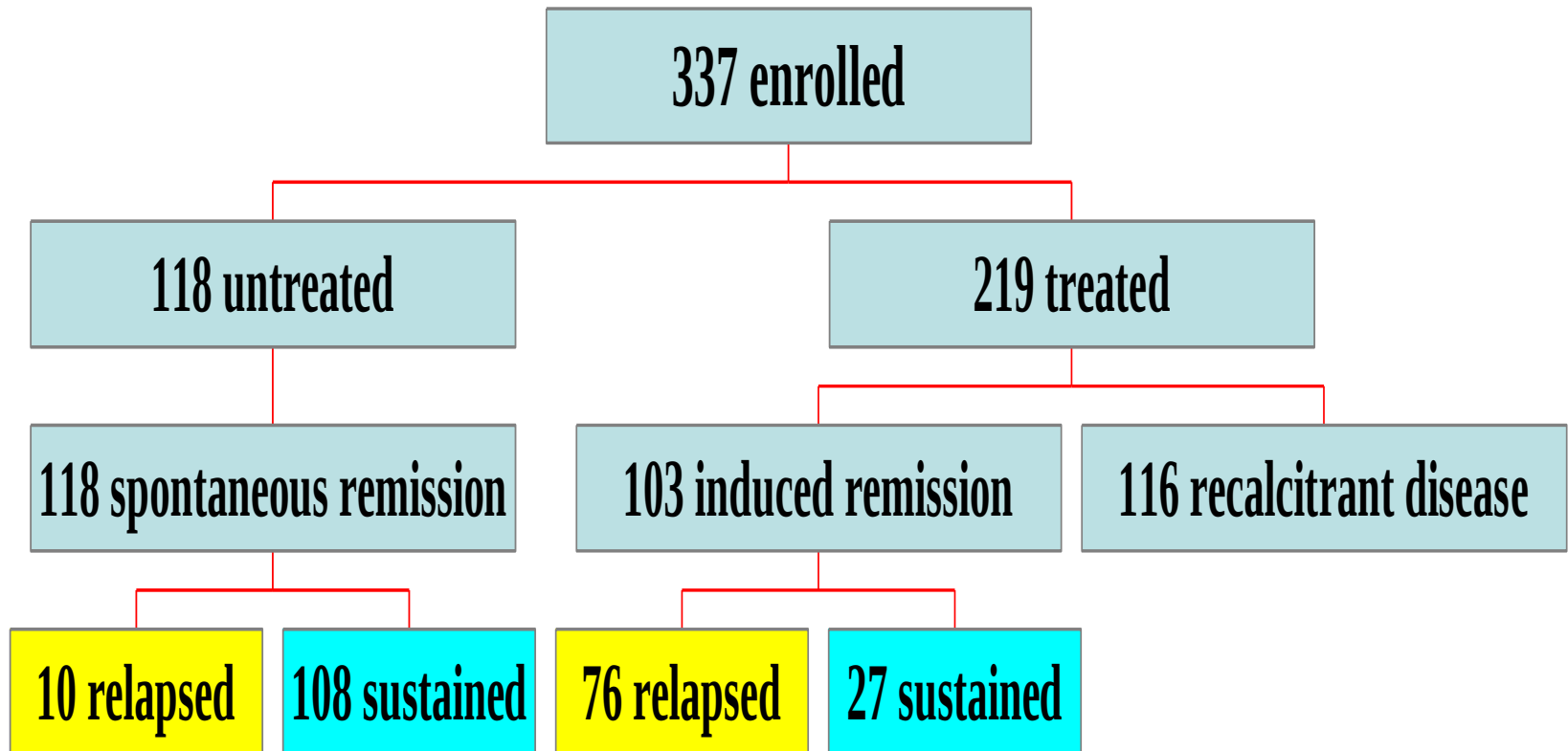
Characteristics Associated with Worse Prognosis
Age > 40 at onset
African American
Requirement for steroids
Extrapulmonary involvement Cardiac Neurologic (except isolated CN palsy) Lupus pernio Splenomegaly Hypercalcemia Osseous disease
Pulmonary Involvement Stage 3-4 chest radiograph Pulmonary hypertension Significant lung function impairment Moderate to severe dyspnea on presentation BAL neutrophilia at presentation

Effect of prolonged corticosteroids

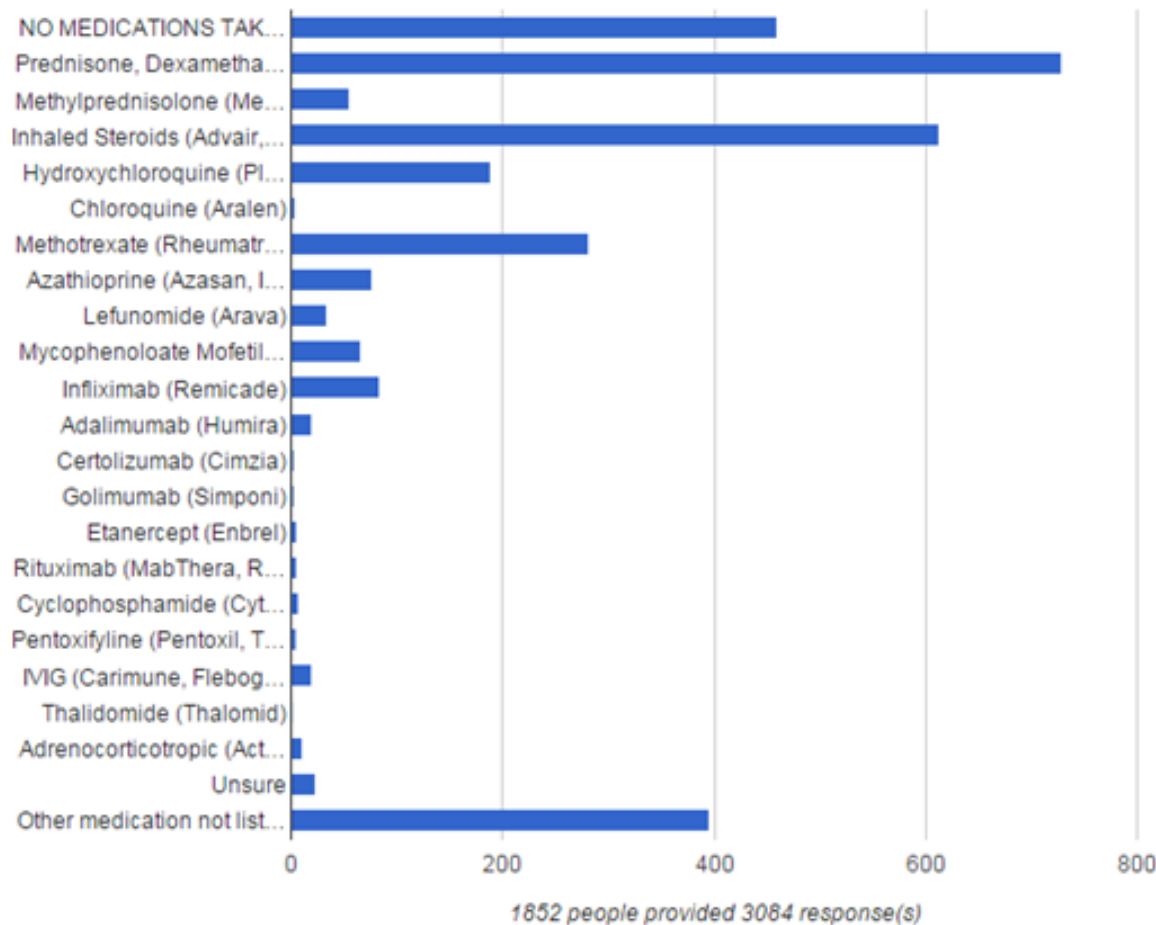
Effects of 2 years steroid treatment in Stage 2/3 patients

	FVC		DLCO	
	CS	Placebo	CS	Placebo
Unchanged	11 (37%)	8 (40%)	9 (36%)	6 (37%)
Improved	13 (43%)	6 (30%)	13 (52%)	7 (44%)
Worsened	6 (20%)	6 (30%)	3 (12%)	3 (19%)
Total	30	20	25	16

Treated patients typically require ongoing treatment



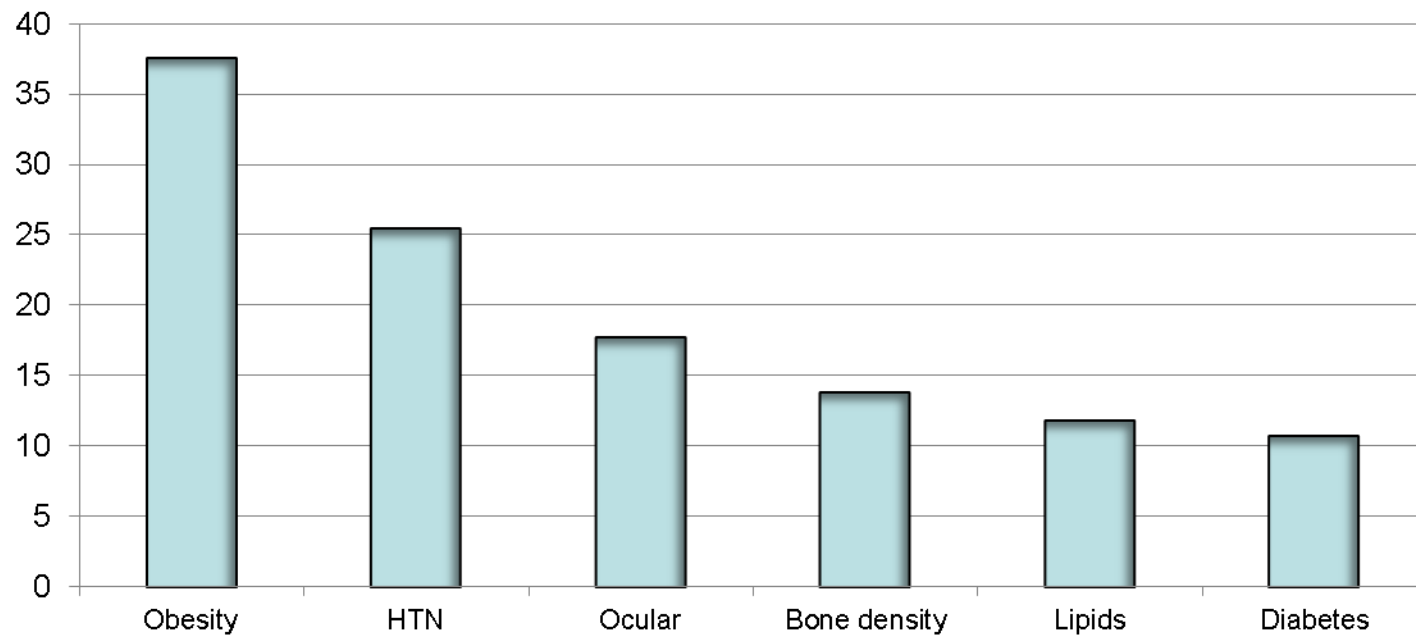
Medications in FSR registry population



RESULTS: Metabolic Complications among 154 new sarcoidosis patients seen at CCF

76 patients developed or had worsening
average of 1.9 ± 1 conditions per patient

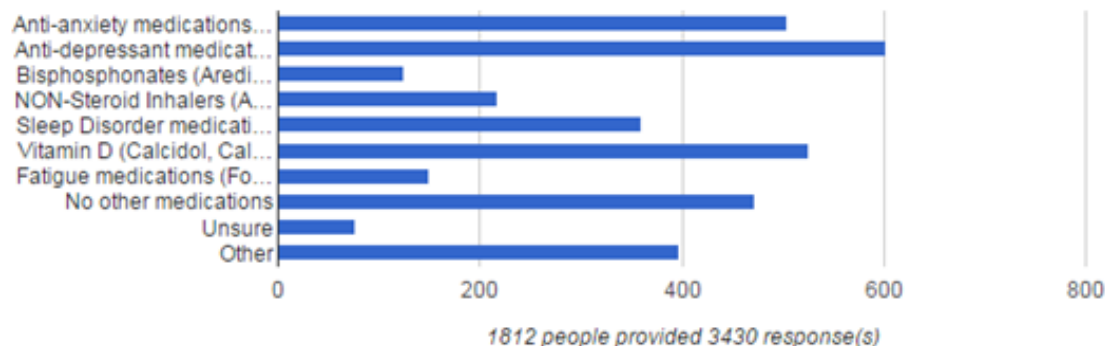
Rate of Metabolic Complications



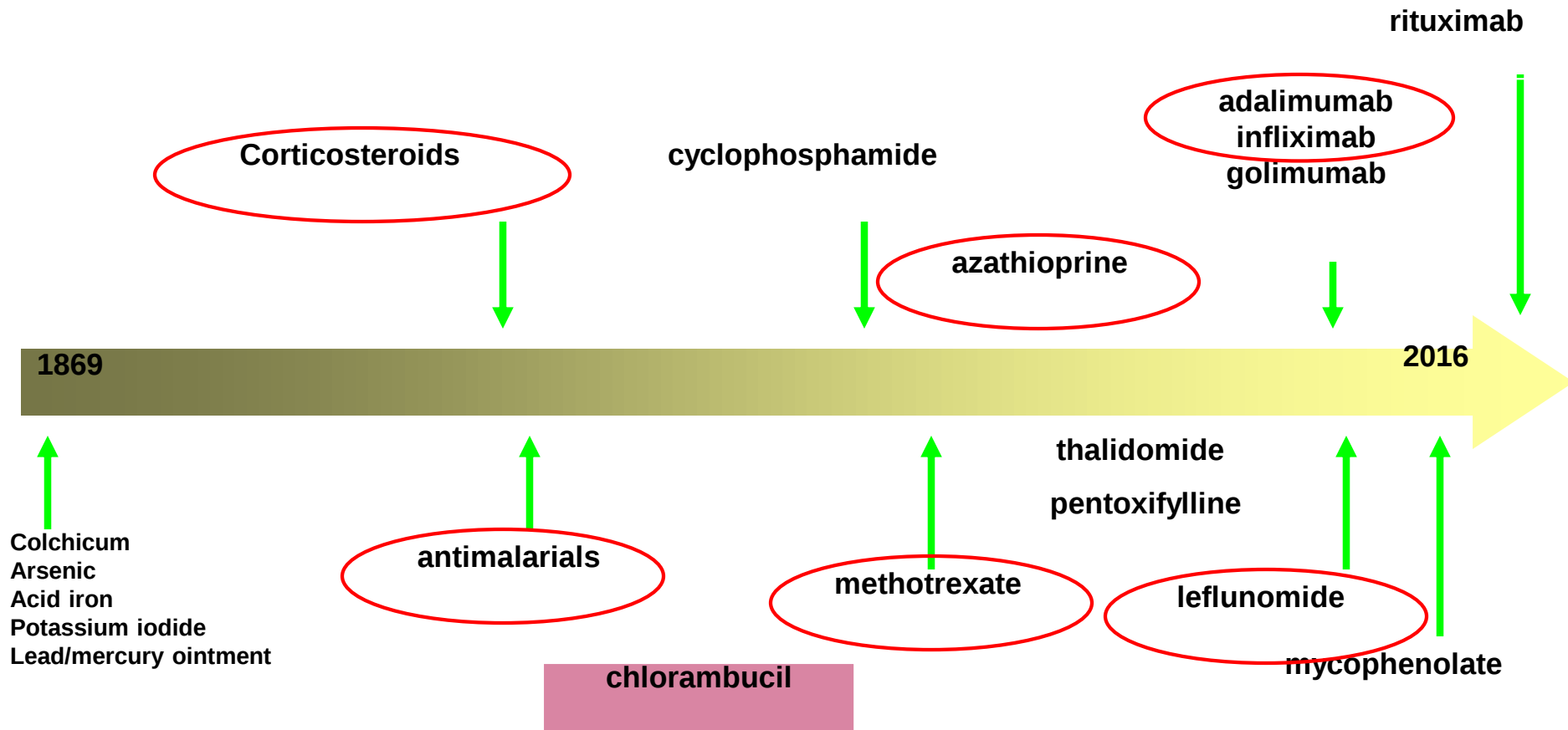
Quality of life and use of steroids are opposite

Table 3—Differences in Predicted HRQL Scores Between Patient Groups Based on Oral Corticosteroid Treatment*

Group	Unadjusted Score	p Value	Adjusted Score†	p Value	Adjusted Score‡	p Value
SGRQ total						
Steroid users (n = 56)	52 (45–58)	<0.0001	49 (43–56)§	0.031	48 (44–53)	0.011
No steroids (n = 55)	37 (31–43)		39 (33–44)		39 (35–44)	
SF36-PCS						
Steroid users (n = 56)	31 (28–34)	0.011	32 (29–35)¶	0.048	32 (29–35)#	0.044
No steroids (n = 55)	37 (34–40)		37 (34–40)		37 (34–40)	
SF36-MCS						
Steroid users (n = 56)	42 (39–46)	0.055				
No steroids (n = 55)	47 (44–50)					



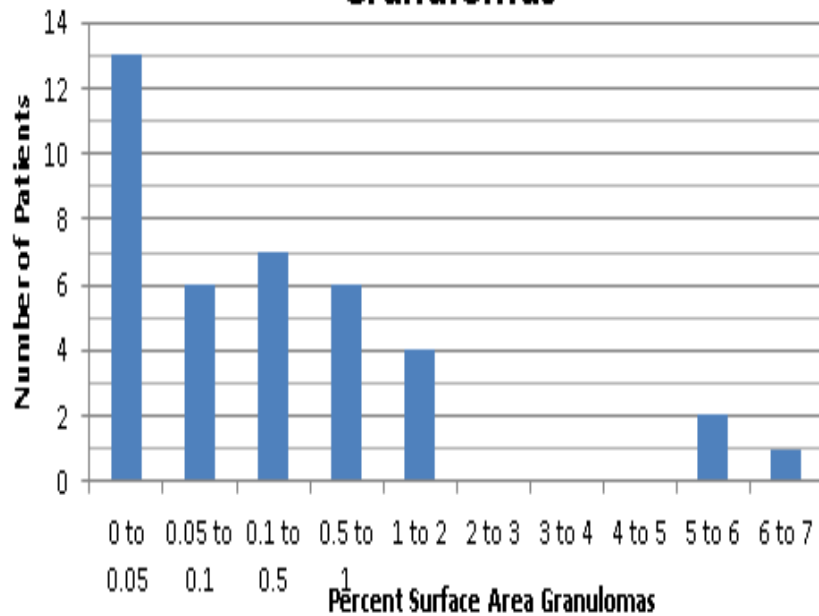
Main immunosuppressive options



Explant granuloma burden

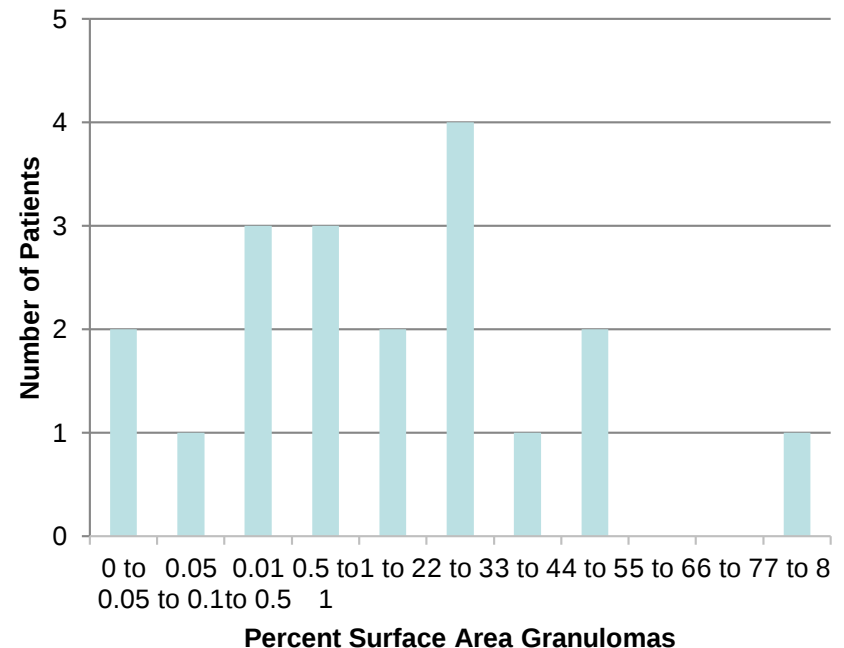
New diagnosis

Average Percent Surface Area of Granulomas



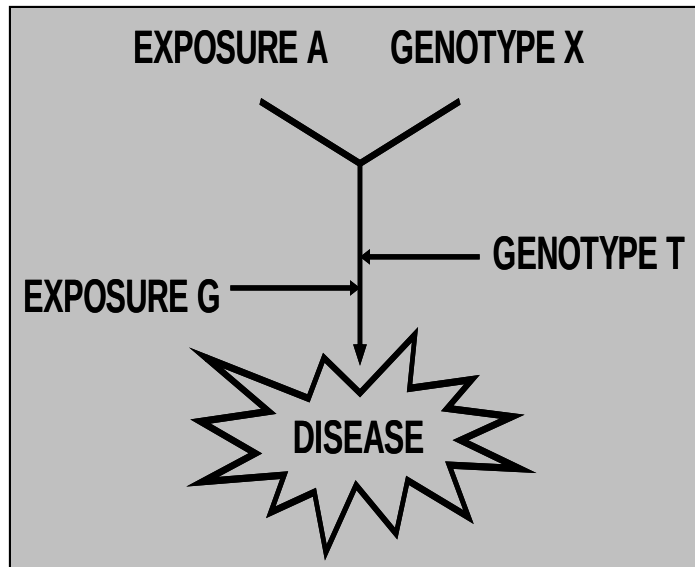
Explant

Average Percent Surface Area of Granulomas



Challenges for pathophysiologic research

Sarcoidosis vs “sarcoidoses”

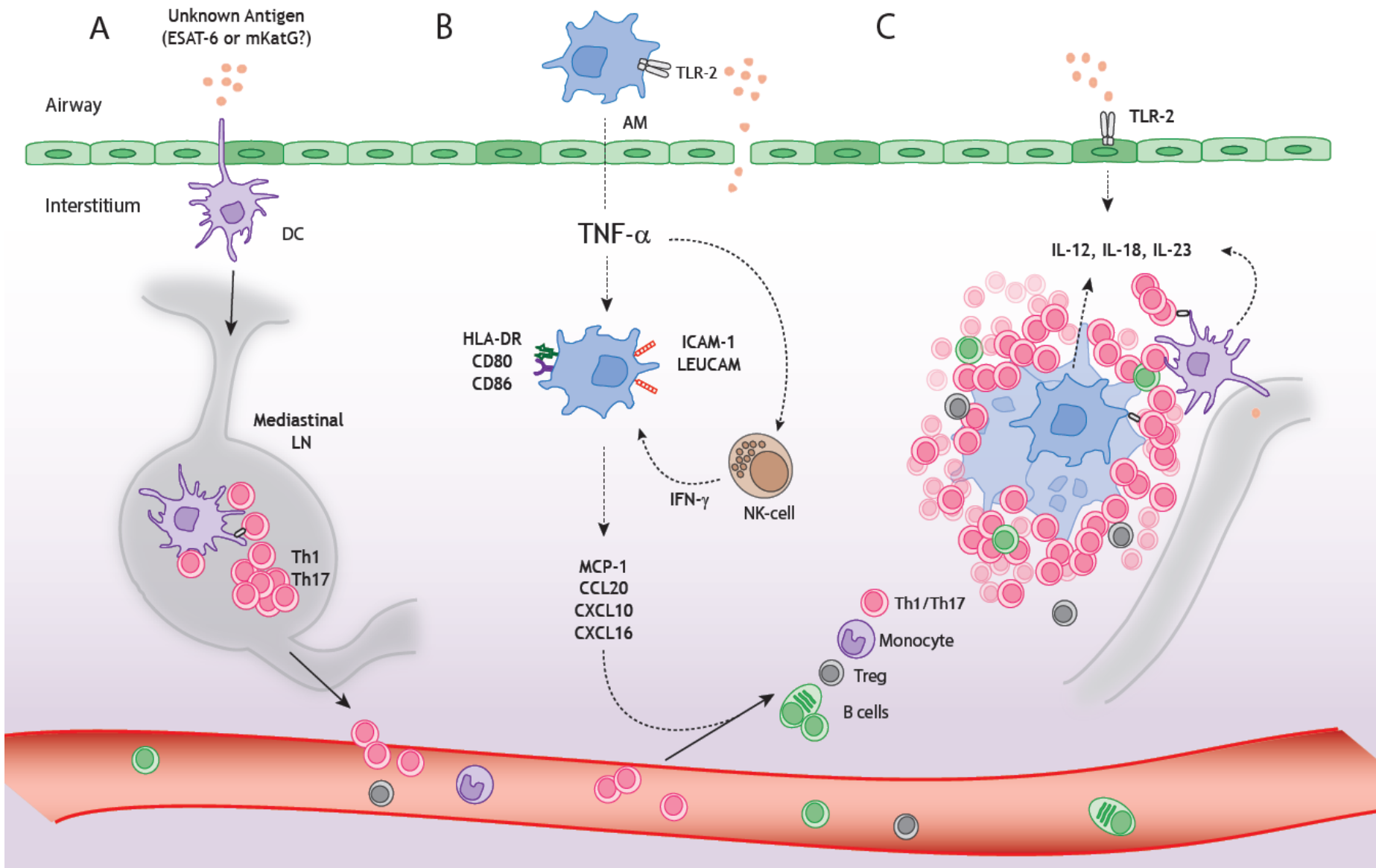


Genetic (? Etiologic) variability between populations

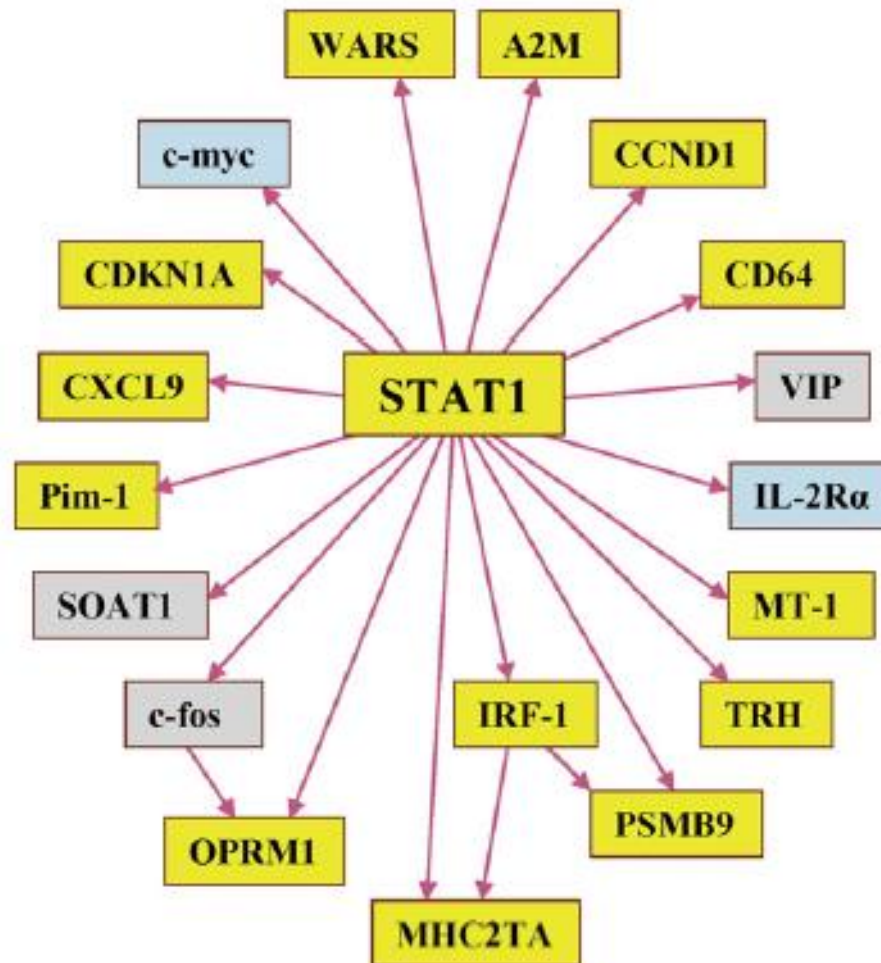
When is the disease studied?

Where is the disease studied?

Absence of a robust animal model



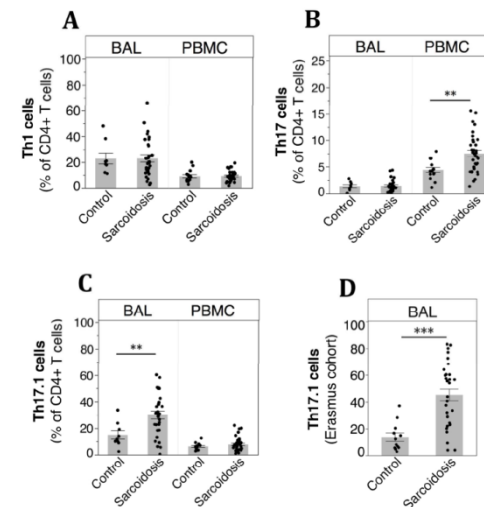
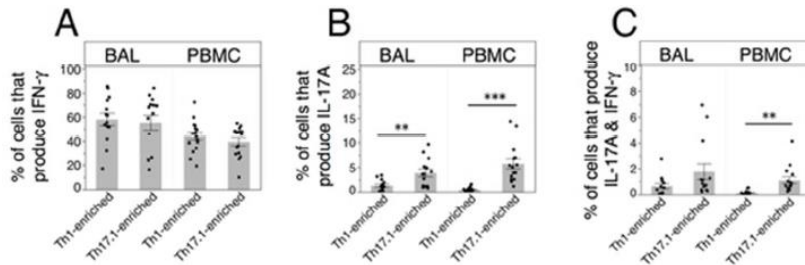
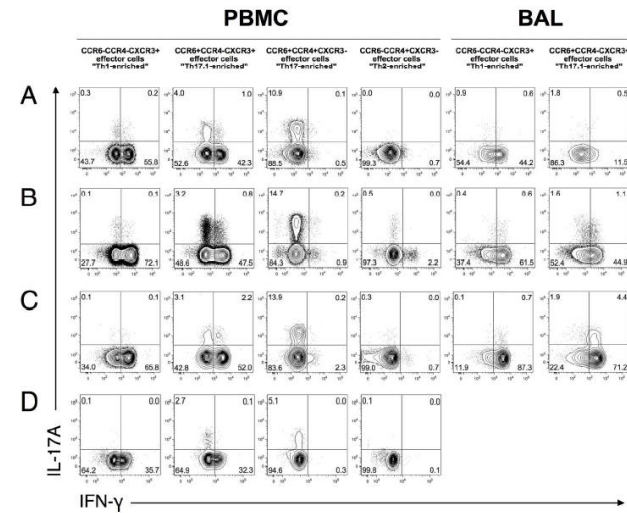
Stat1-downstream genes in blood microarray



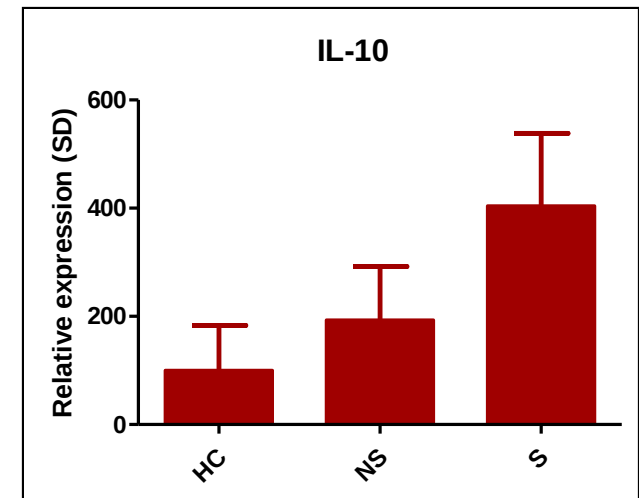
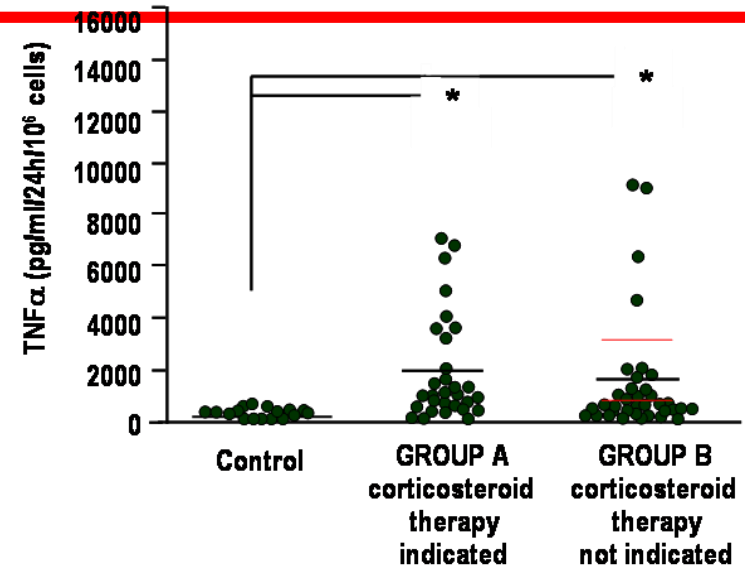
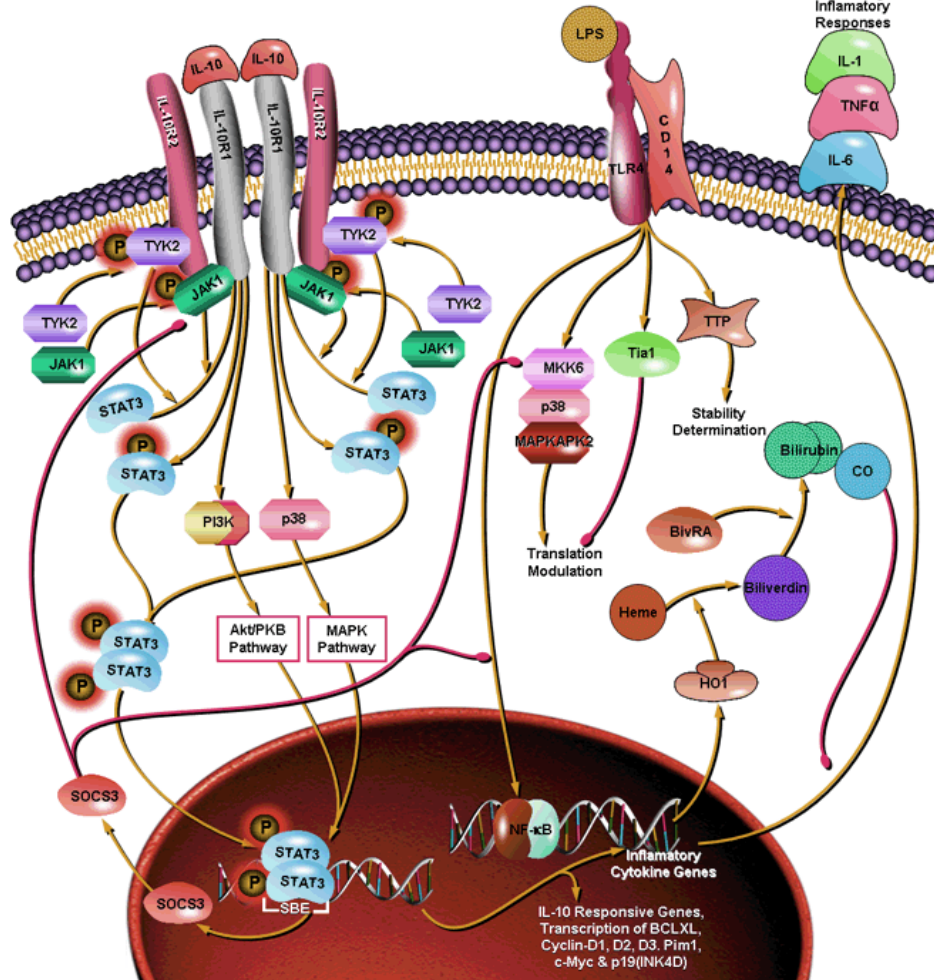
IFN-gamma producing Th17

Table 1: T effector cell subset phenotypes

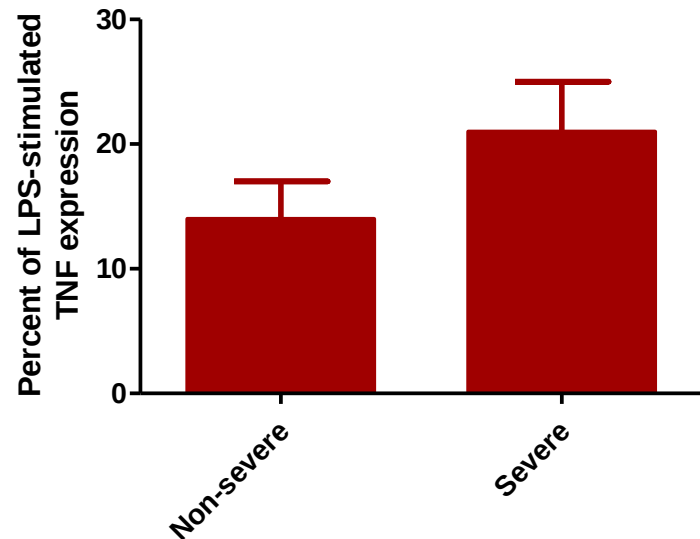
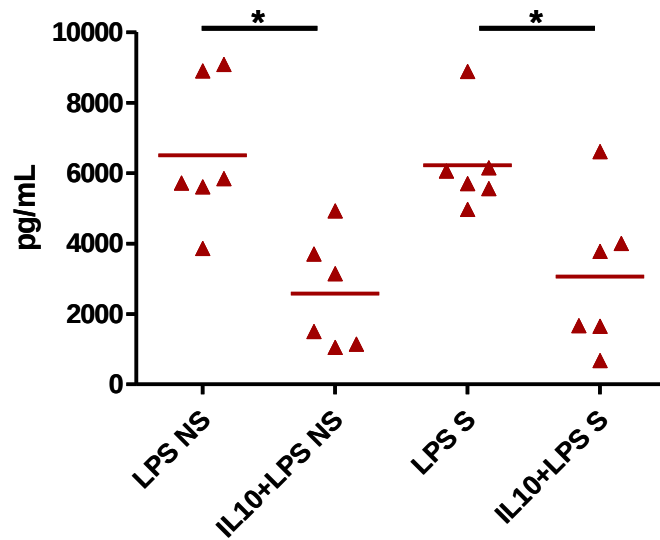
	CCR4-/CXCR3+	CCR4+/CXCR3-
CCR6-	Th1	Th2
CCR6+	Th17.1	Th17



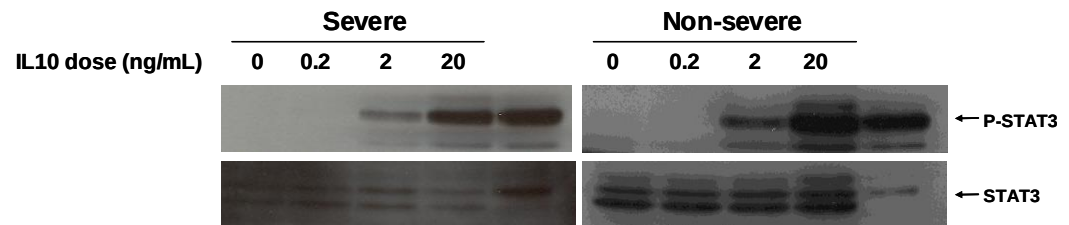
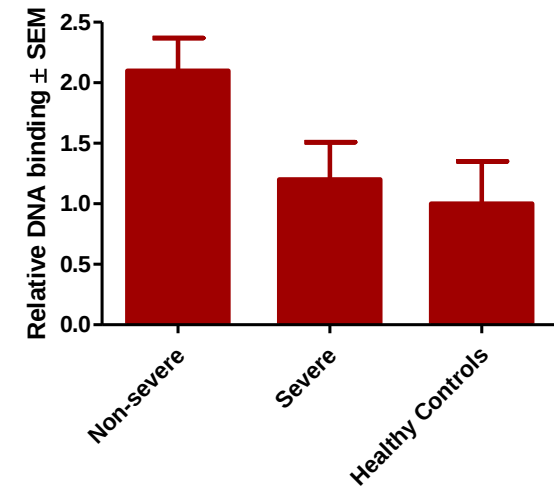
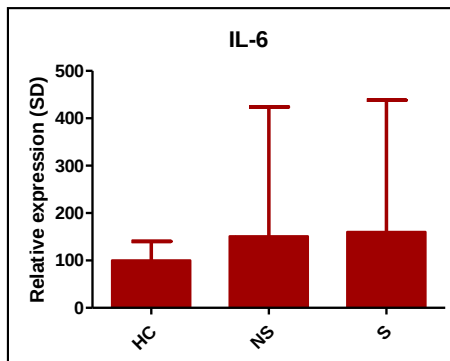
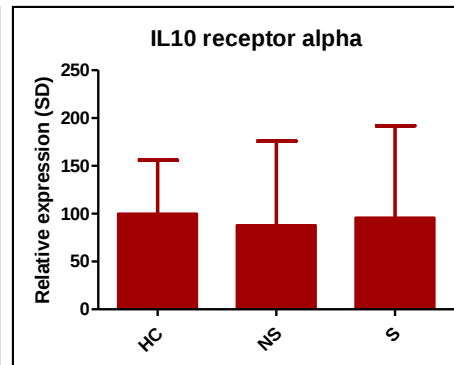
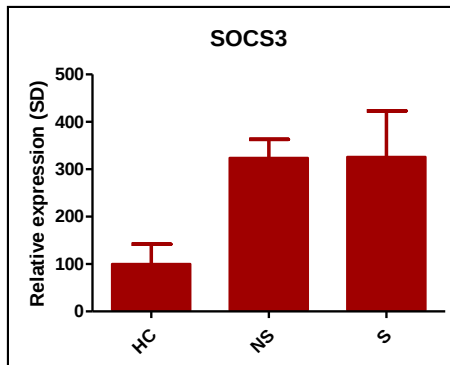
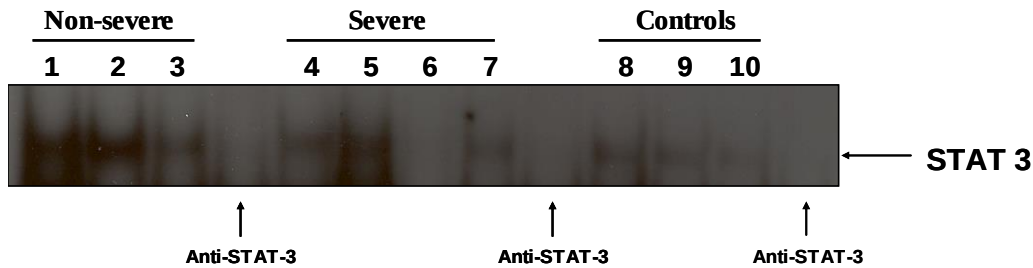
IL-10 antagonism of TNF



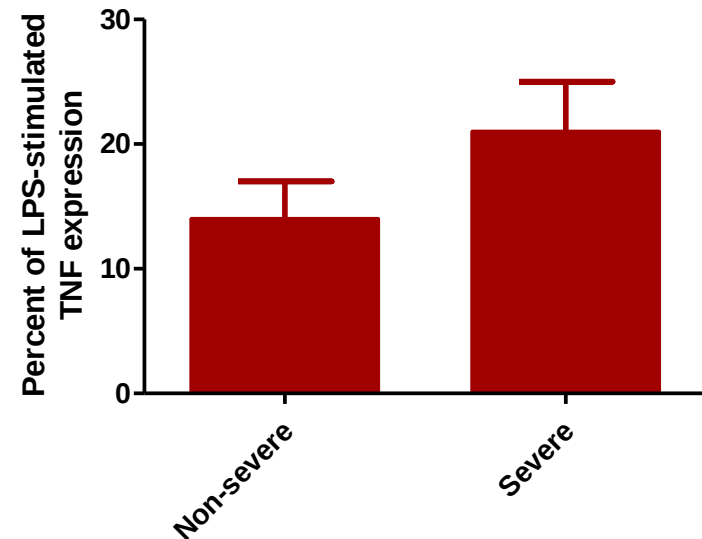
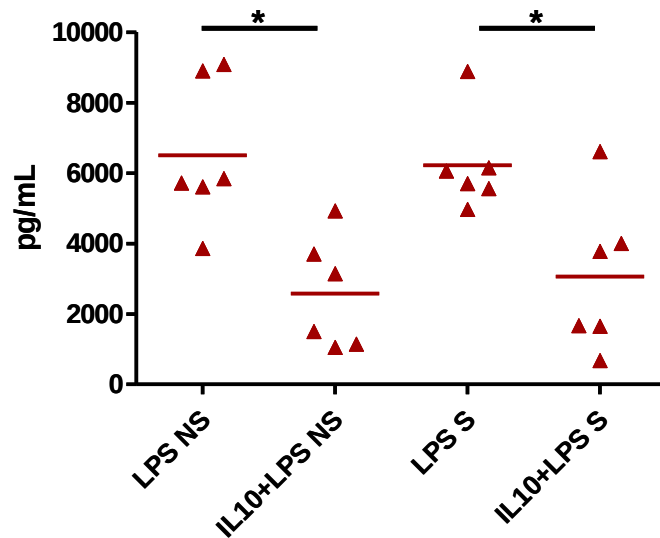
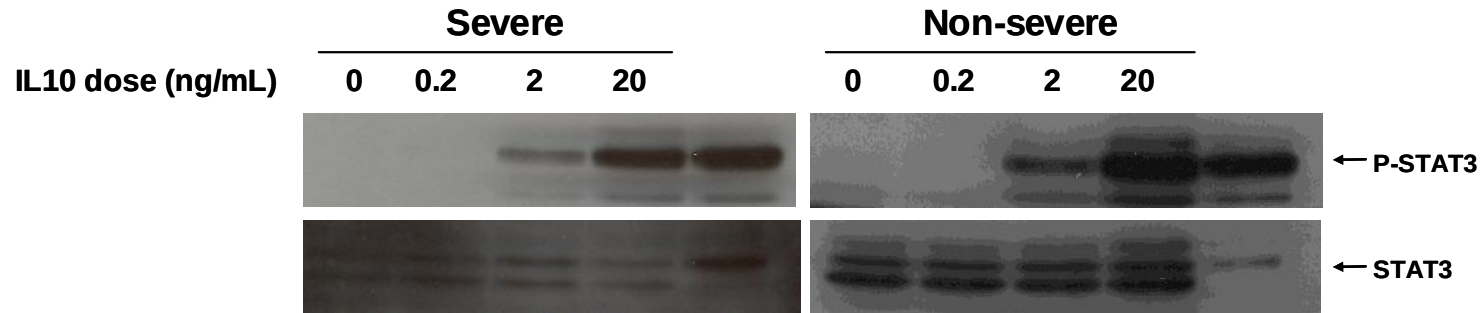
Treatment-requiring patients versus STAT3



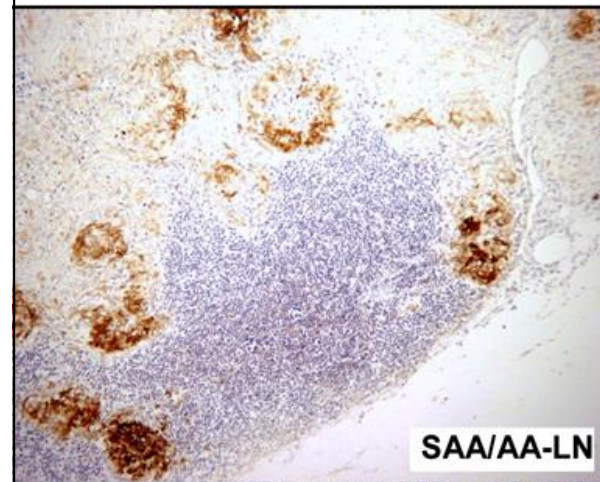
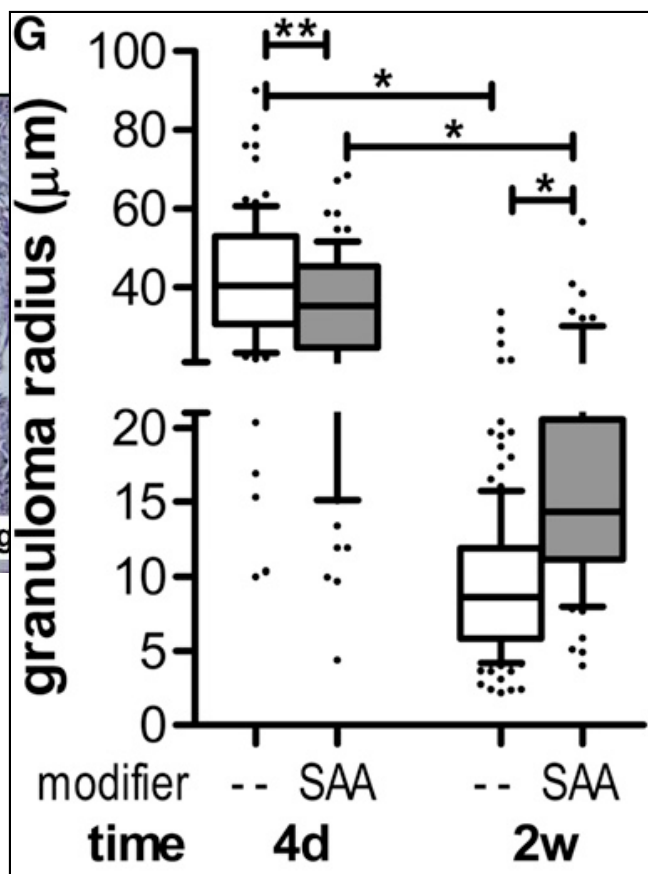
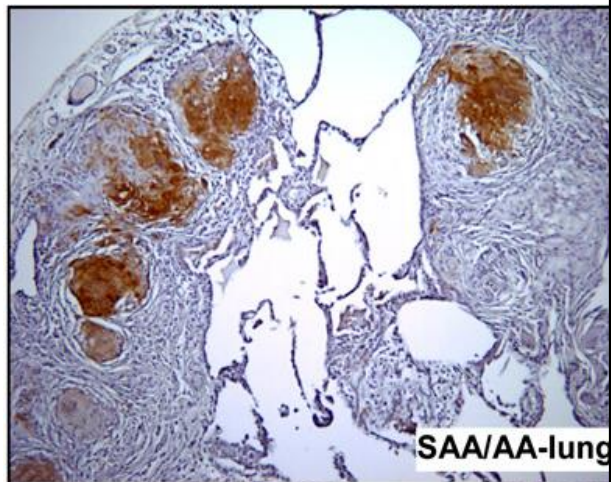
Enhanced STAT3 phosphorylation in resolving sarcoidosis



Treatment-requiring patients versus STAT3

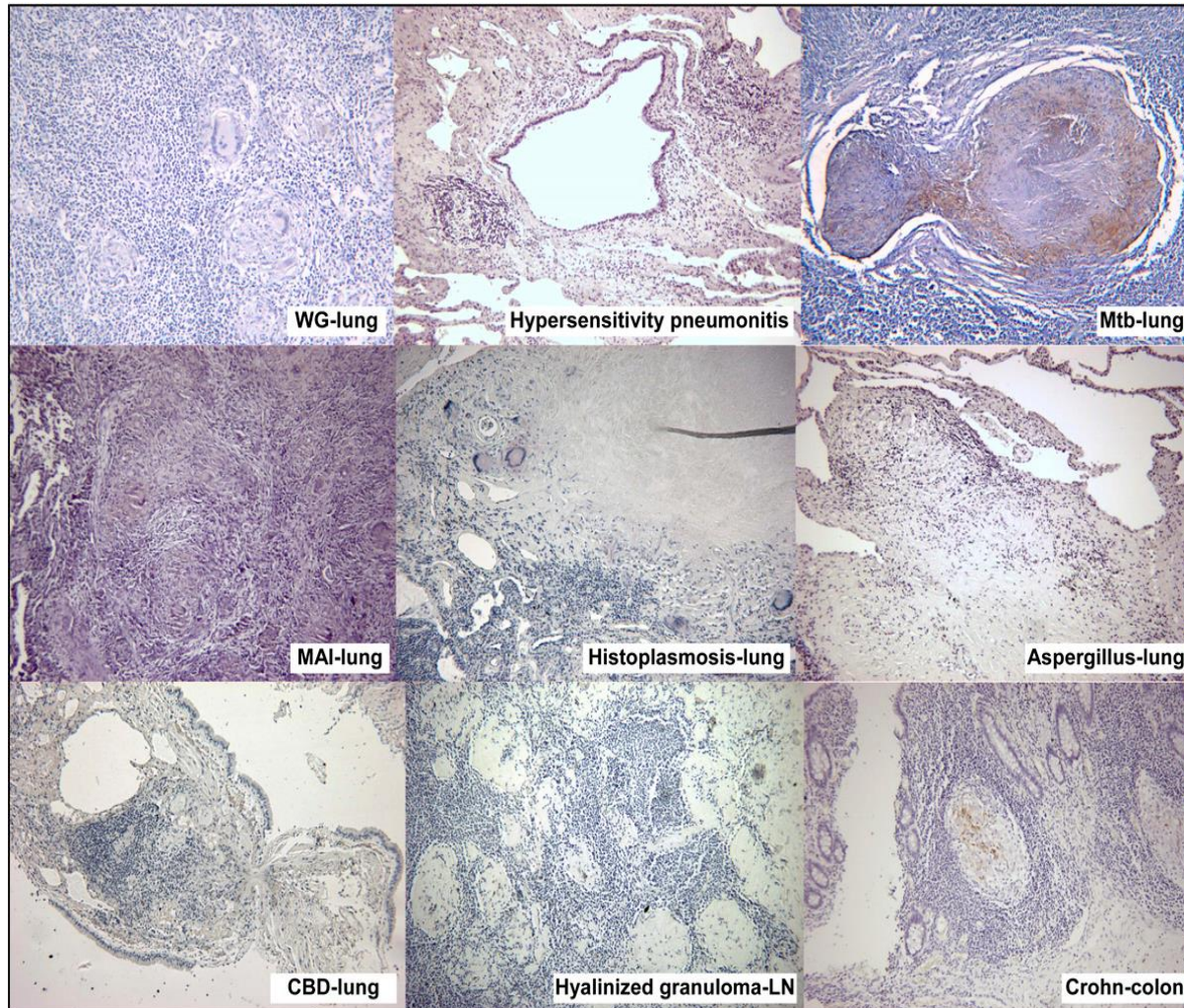


Physicochemical similarity of the Kveim reagent and amyloid protein

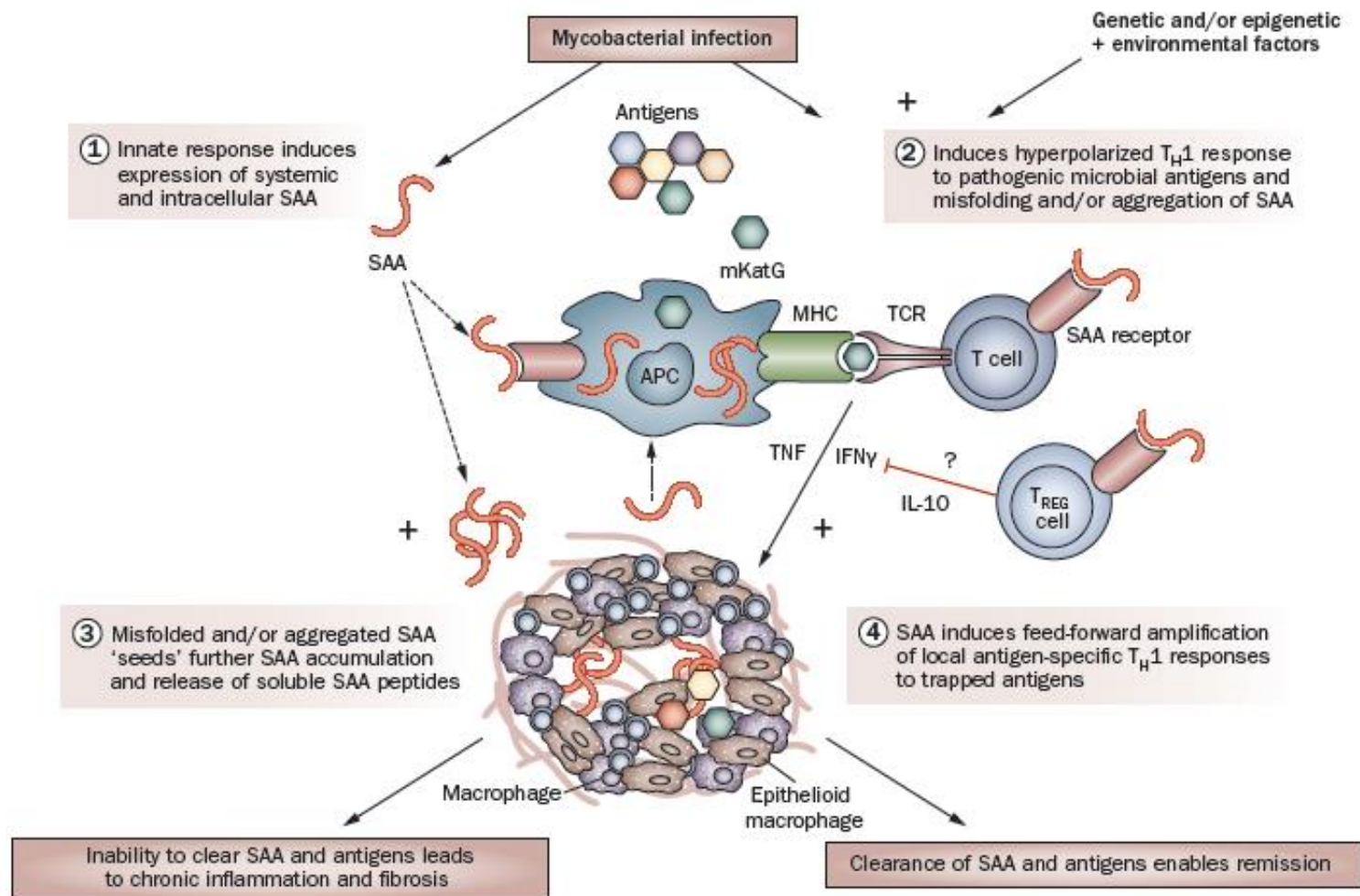


katG rat granuloma model

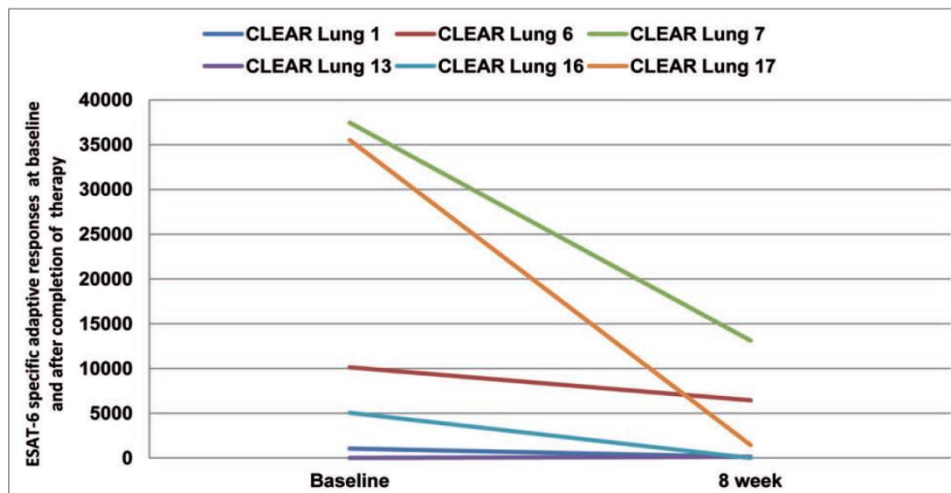
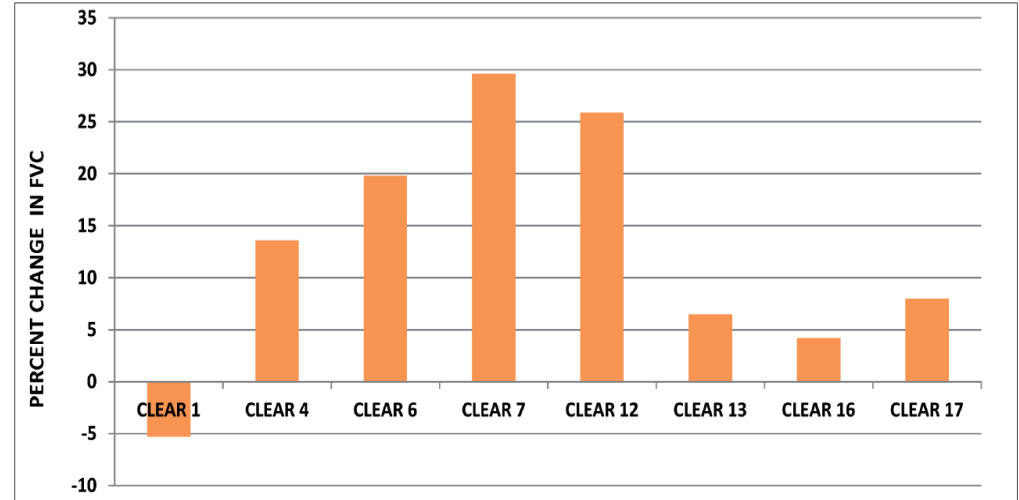
Amyloid A staining in non-sarcoidosis granulomas



Serum amyloid A hypothesis



Effects of 8 weeks of CLEAR therapy in pulmonary sarcoidosis

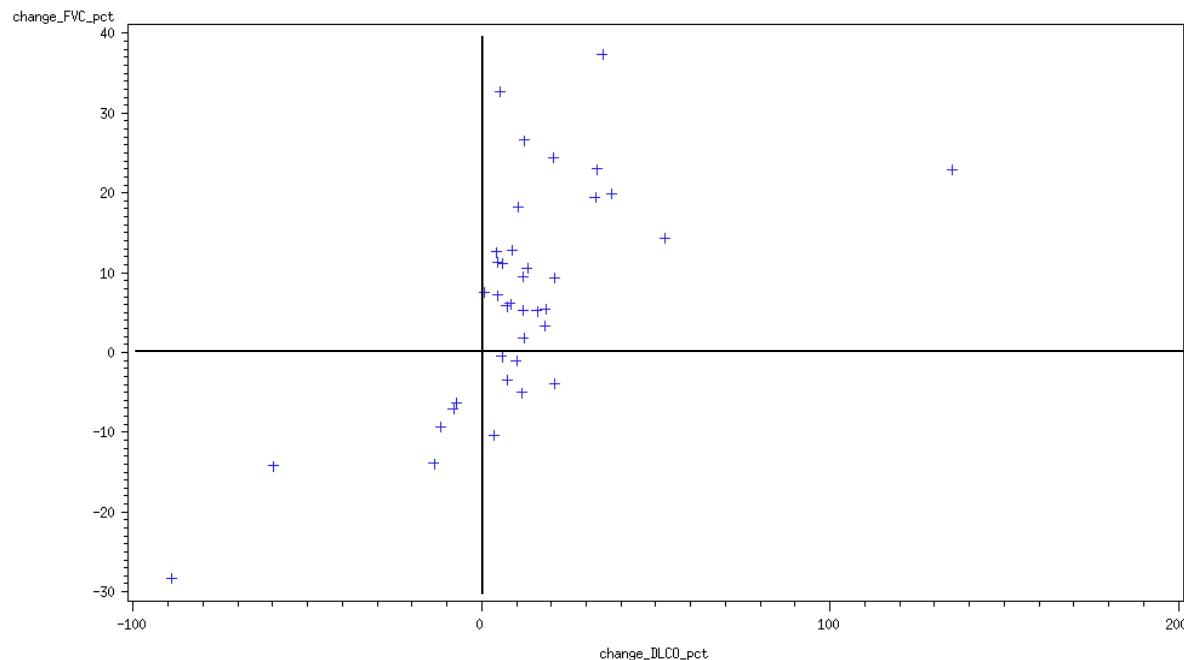


Sarcoidosis trials

Trial	Target			
CLEAR	Non-tuberculous mycobacteria	Pulmonary	FVC	138
Nicotine	T-regs	Pulmonary	CT scan	50
ACTHAR gel	Melanocortin receptors	Pulmonary	Steroid toxicity	20
Dexamethasone	GR	All	HRQOL	76
Ustekinumab/ Golimumab	p40 subunit of IL12 and IL23	Pulmonary Cutaneous	FVC Global skin	173

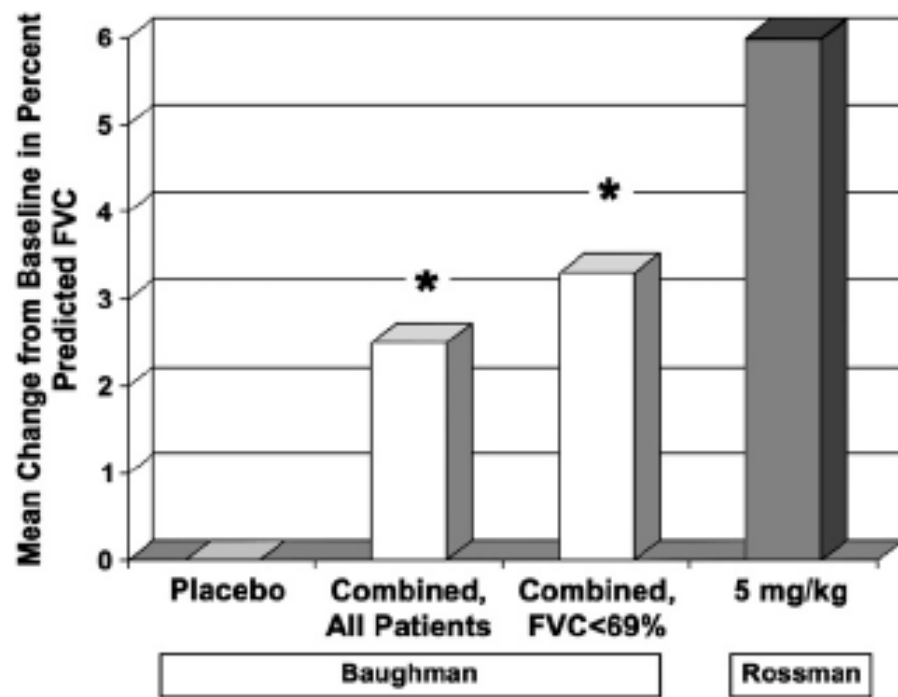
What is the magnitude of expected change in real life?

- n=53 patients treated with prednisone for 3-8 weeks
- Median FVC improvement 5.4%
- Median DLCO improvement was 10.3%
- >5% improvement of FVC was highly associated with improved MRC dyspnea and with patient global impression of benefit

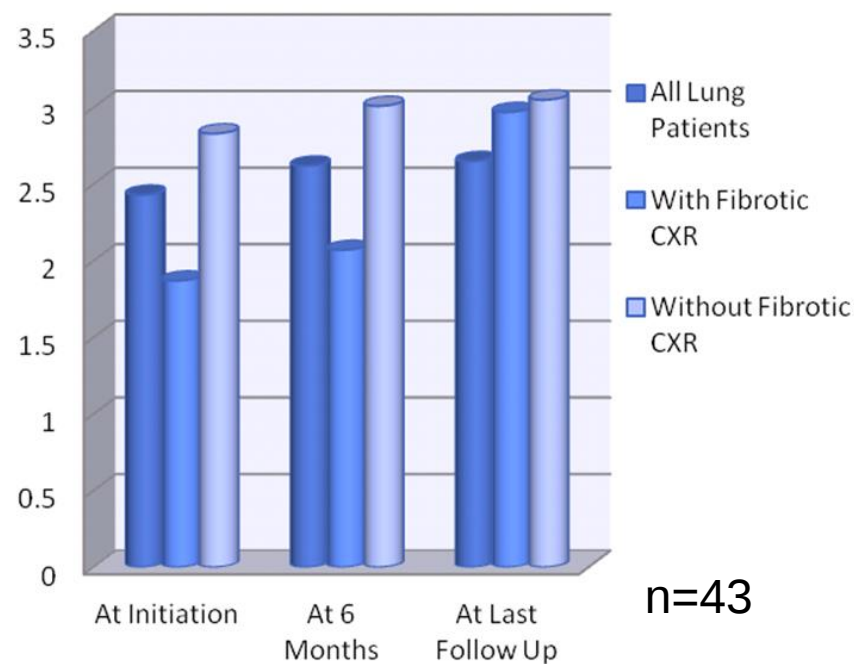


Magnitude of infliximab benefit on FVC

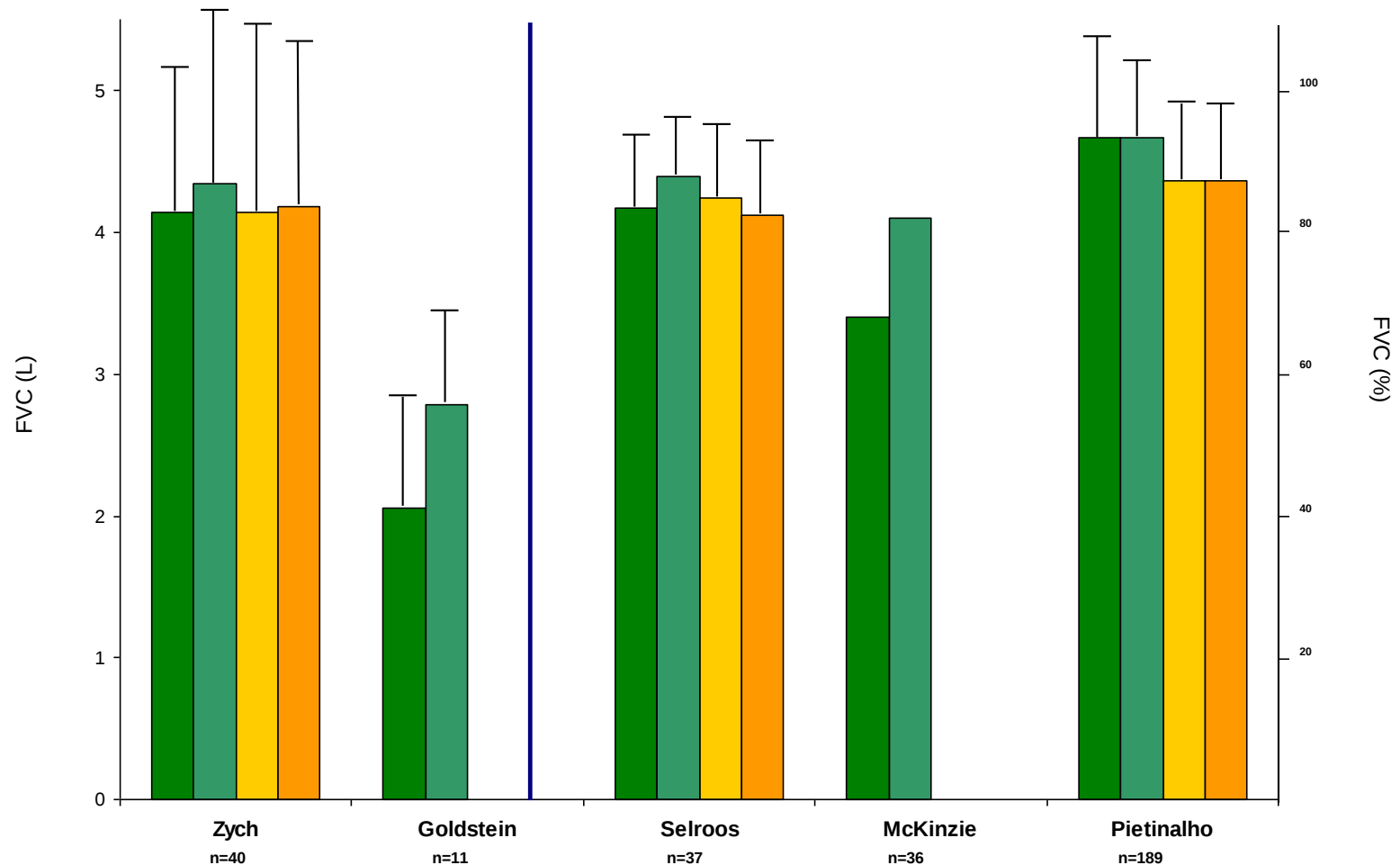
Clinical trials



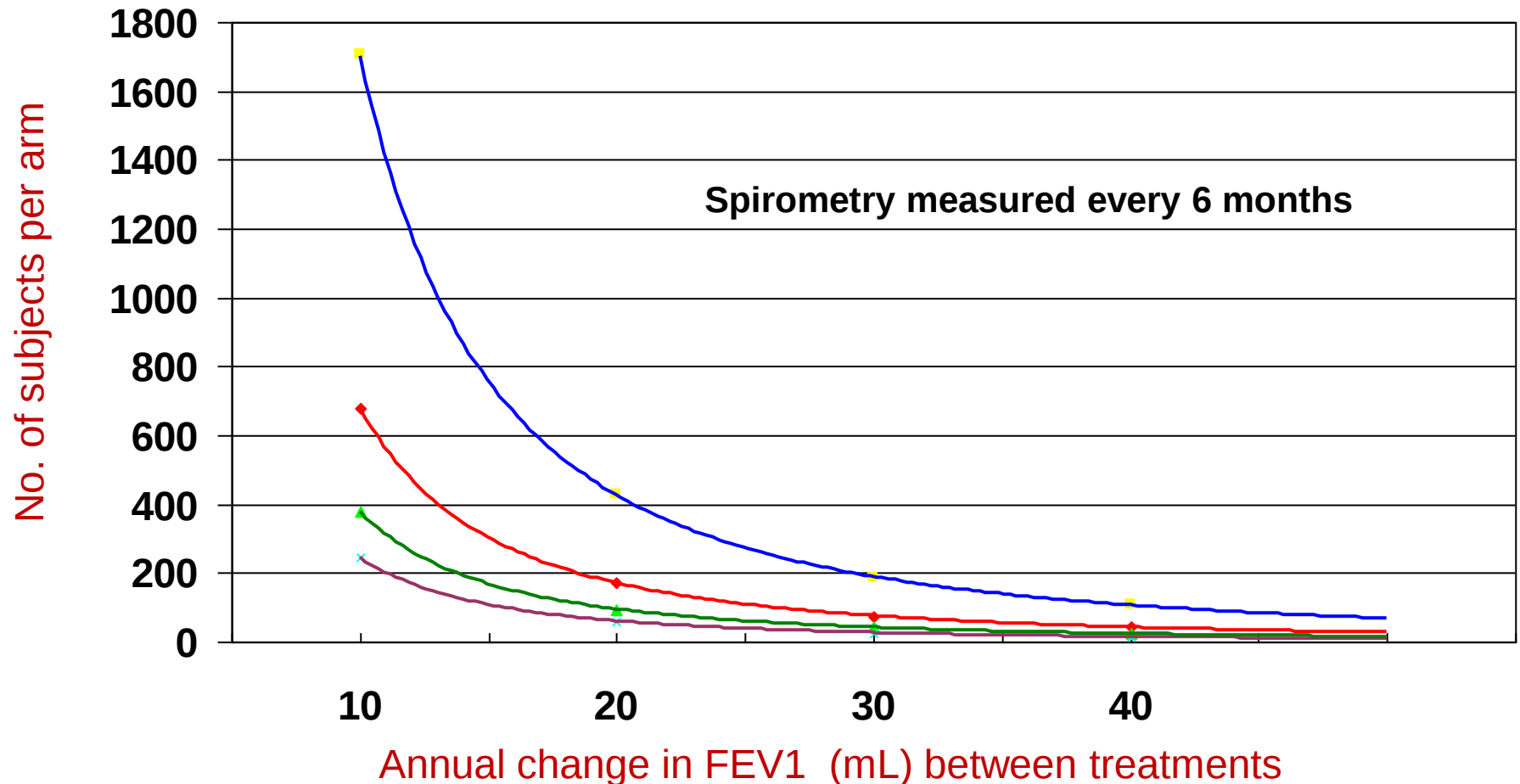
Cleveland Clinic experience



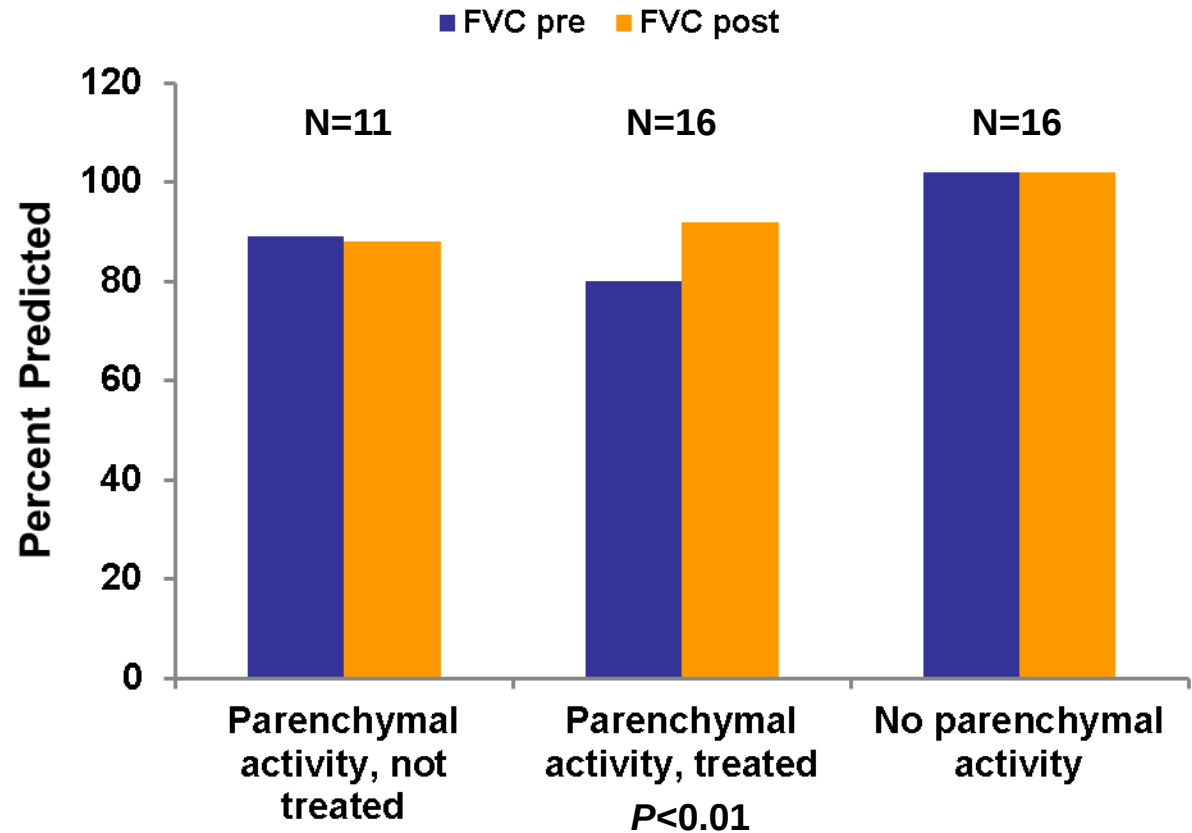
Effect on FVC with variable study design



Sample size needed for various study durations in CWP



PET Scan Predicting Response to Therapy in Sarcoidosis: FVC Change



Clinical study considerations

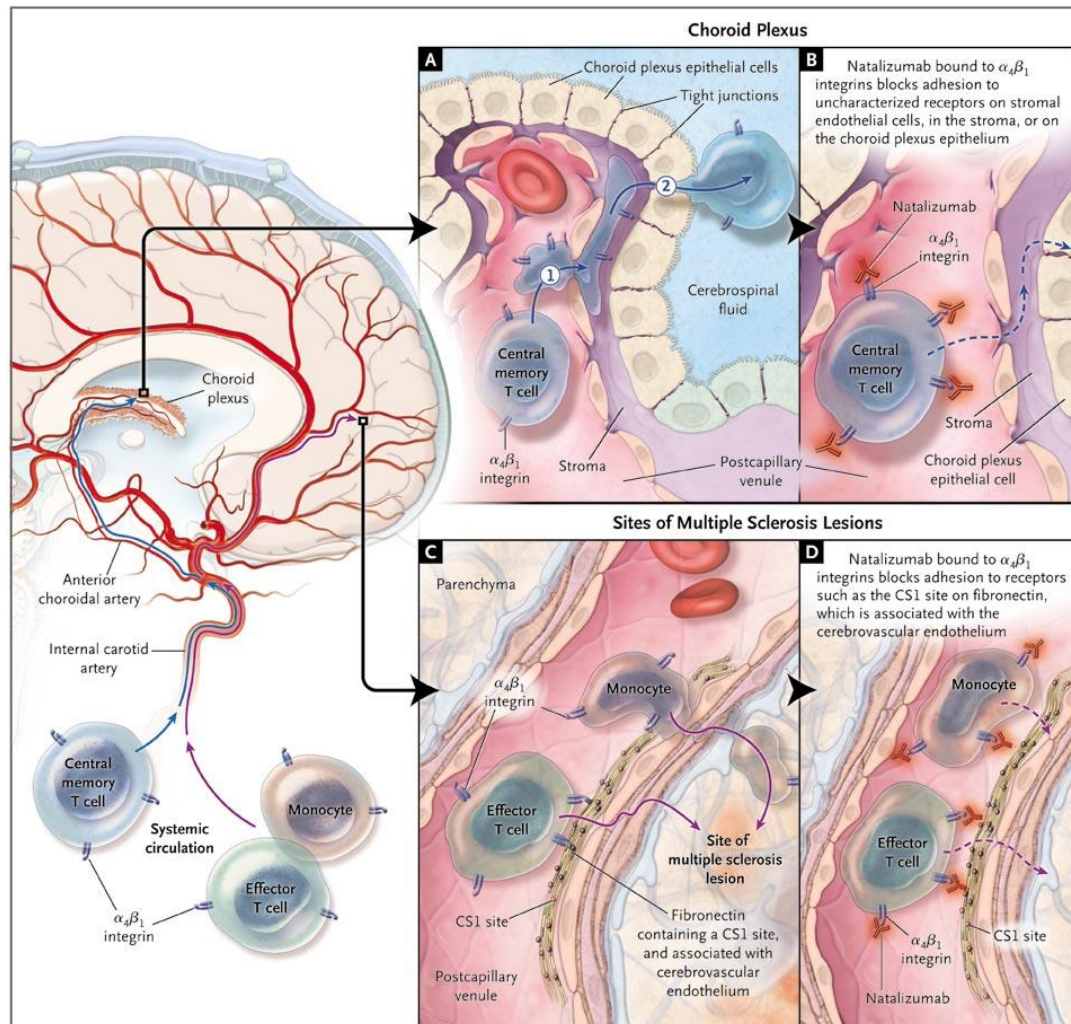
- Population
 - Population likely to progress
 - Equipoise about placebo versus treatment
 - Enrich for activity
- Endpoint
 - FVC—compare placebo versus drug—two sided
 - Need for therapy escalation
 - Composite of clinical deterioration (TTCW)
 - Surrogate (biologic, PET)
 - PRO

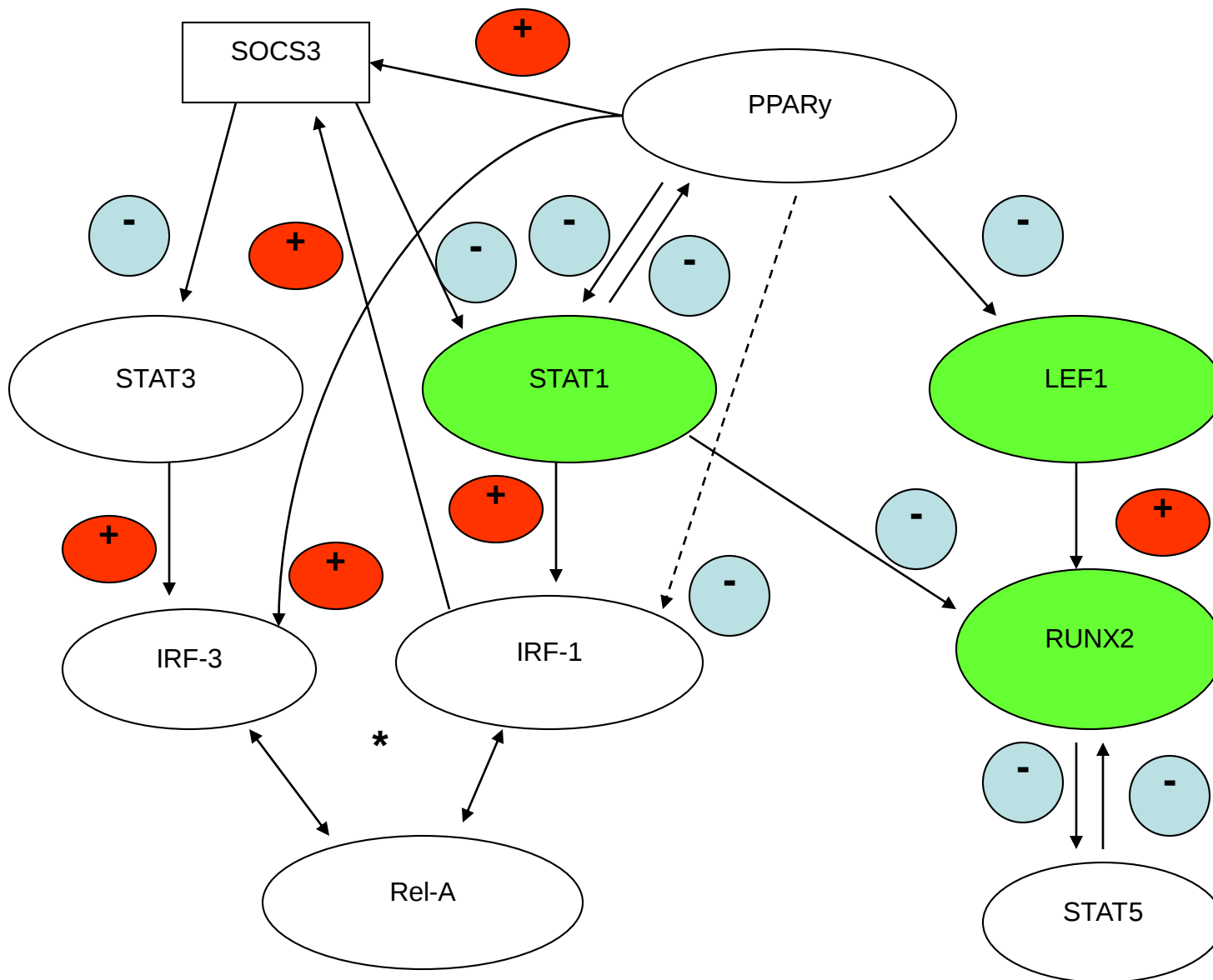
Steroid dose in practice

- Chronic dosing in Johns Hopkins cohort¹
 - 91% $\leq$ 15 mg
 - 65% $\leq$ 10 mg
- Infliximab trial (n=122/138)²
 - median dose 10 mg/d (2-50 mg/d)
- Golimumab/ustekinumab trial (n=131/173)²
 - median dose 10 mg/d (2-30 mg/d)

Steroids are associated with impaired
QOL

Lymphocyte trafficking in the CNS





*Interact to promote IFN responses but do not bind each other.

Louis Siltzbach and the Kveim-Siltzbach test

Nord. Med. 1941, 9: 169-72 169 — B-1975

Varje enskilt fall för sig betraktat väcker knappast någon misstanke om en eventuell deletär inverkan av sulfapyridin- och sulfonamidpreparat på den tuberkulösa lungprocessen. Någon gång skall det ju så att säga normalt inträffa, att en pleurit ger en meningit, att en hilstbe ger en tömning av östigt körtelinnehåll i trachea eller att ett från början till synes tämligen oskyldigt pleura-exsudat + infiltrat slutar som en massiv utsädd av tuberkulos i bröst- och bukorgan. Sammanställda med varandra får man dock ett intryck av att de ifrågasvarande patienterna visat ett malignt eller särskilt långvarigt förlopp av sin sjukdom. Detta gäller i synnerhet de patienter, som behandlats med sulfapyridinpreparat. Av 10 med dessa preparat behandlade patienter ha 3 avlidit, av de återstående 7 ha 6, om ock i vissa fall endast i mindre grad, visat progress. Temperaturen har ofta varit hög och långvarig. S.R. har i regel visat mycket höga värden. Däremot har bacillmängden i sputum ej varit särskilt hög, i en del fall synes den tvärtom ha varit påfallande låg i förhållande till de utbredda lungförändringar, som konstaterats i röntgenfilmen.

Effect of sulfonamide and sulfapyridine in pulmonary tuberculosis.

The author gives some reports on the use of sulfapyridine or sulfonamide in treating patients with pulmonary tuberculosis or pleurisy. Particularly in patients, treated with sulfapyridine, the clinical course of the disease has often proved malignant and slow. The author has therefore come to the conclusion that a progress of the tubercular process in the lungs often sets in as a consequence of a sulfapyridine therapy, and that a progress of this process is to be feared, if sulfonamide is prescribed. In the case of pulmonary tuberculosis the author found any favourable effect whatever, either of sulfapyridine or of sulfonamide.

En ny og spesifikk kutan-reaksjon ved Boecks sarcoid.

En foreløbig meddelelse.

Av
A. KVEIM, Oslo.

(Fra Rikshospitalets hudavdeling. Chef: Prof.dr.med. N. DAVENPORT.)
(Demonstrasjon i Det Medisinske Selskap i Oslo den 21. august 1940.)



en Boecks tid har et hvert nytt tilfelle sykdom naturlig nok vært omfattet med eresse ved Rikshospitalets hudavd. Og som erkjennelsen av lidelsens vesen er et ved arbeide også ved andre klinikker, undersøkelsesmetoder tatt i bruk. Da fremdeles er ukjent, har man måttet eksperimentelt ut fra opstilte arbeids-

En av disse har da vært at sykdommen erkulose opprinnelse. Alle våre forsøk er negativt ut, såvel podning på marsvin, høns, som dyrkning på de forskjellige eg forbigår her de negative tuberkulin-omstridte betydning.

den har vi da gått over til en annen otese, at sykdommen er en infeksjons- generis, en tanke som jo Boeck selv inne på.

k på å lage et antigen til kompliment- la Bordet-Gengou falt helt negativt ut. "Blux" var så elskverdig å hjelpe oss eksperiment.

i vårt utgangspunkt i det faktum at det ten eiendommelig kronisk infeksjonssyk- lig lymfogranioma inguinale (morbus vre), hvor det er en lett sak å fremstille antigen av vev og puss fra en affisert ette antigen gir som bekjent en spesifikk jon.

Boecks sarcoid var en spesifikk infek- m sui generis, kunde kanskje det samme i en glandel fra en patient med en aktiv Boecks sarcoid, og fremstille herav et intrakutan applikasjon å la Frei, eller til å la Mantoux.

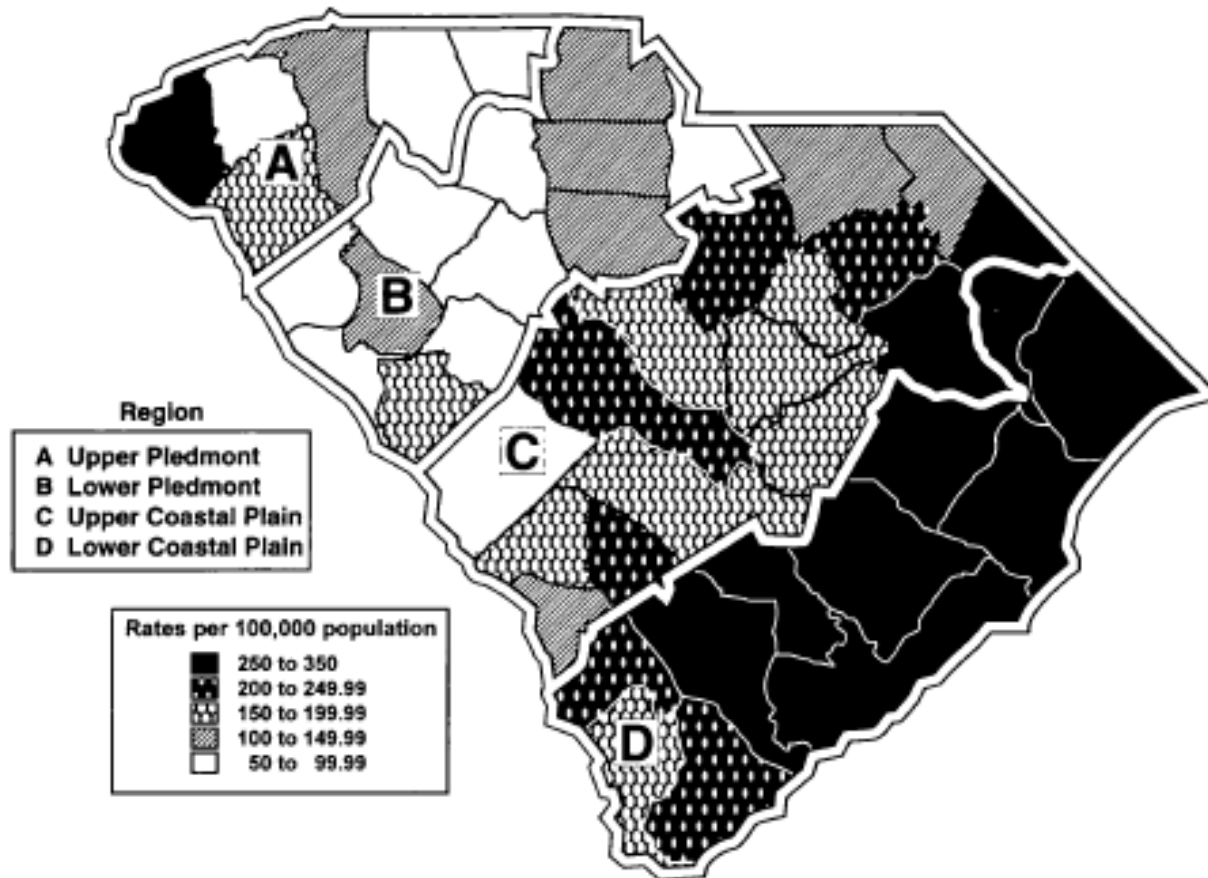
er Wassermannavdelingen på Statens institut sen.

- Recapitulated granulomatous reaction after intradermal injection of spleen or
- Clonal T-cell population in granulomas LN
- Insoluble and resistant to heat, acid, nucleases and proteases

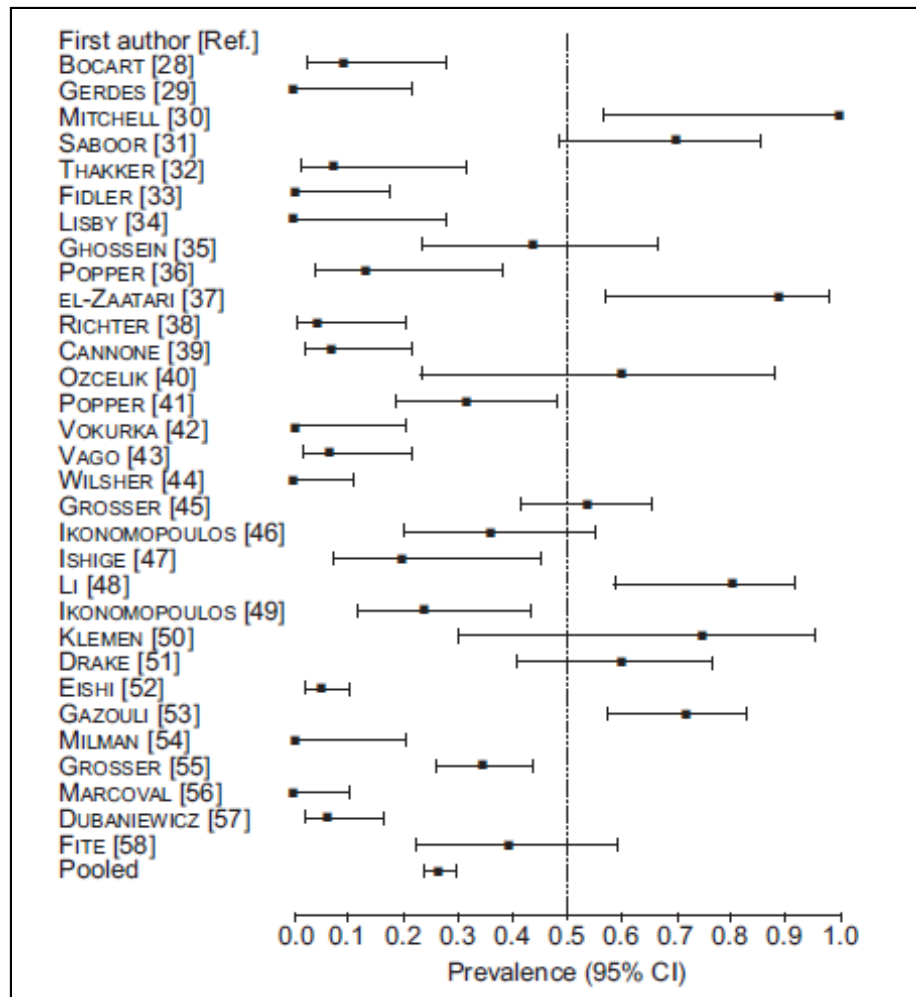
Evidence for a transmissible etiology

- Analogy with granulomatous lung diseases
- Reproducibility with Kveim reagent
- Case-clustering (nurses, Naval personnel)
- Epidemiologic data (Isle of Man)
- Transmission by transplant (heart, lung, bone marrow)

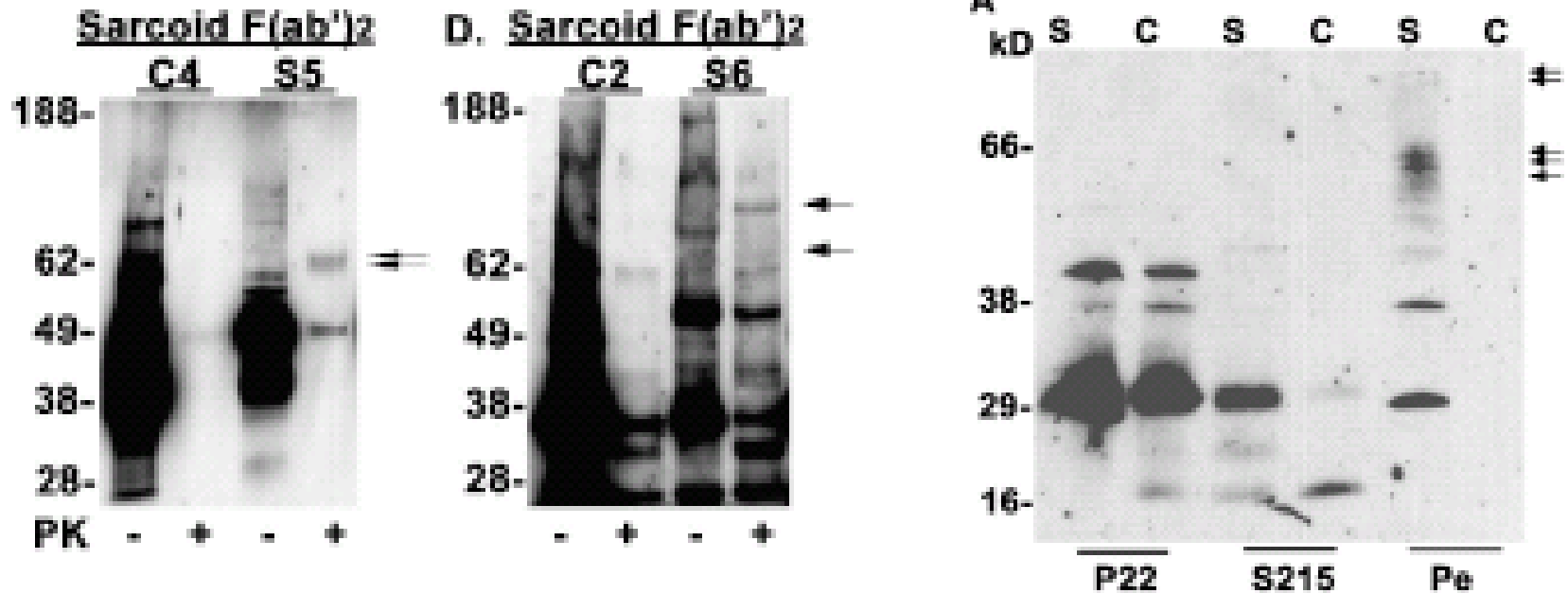
Geographic variance: hospitalization for sarcoidosis



Multiple attempts to isolate mycobacterial DNA

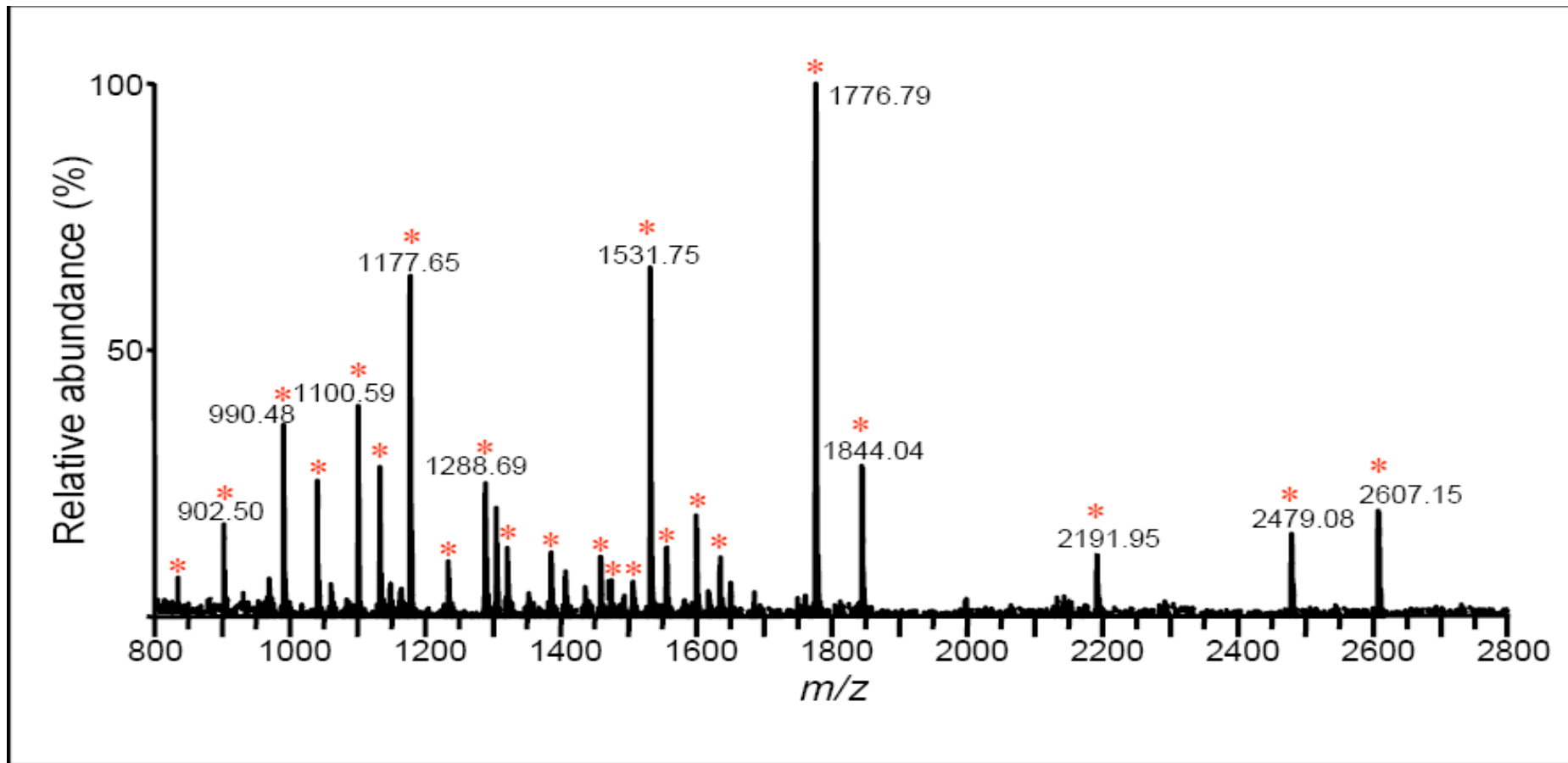


Identification of humoral immunity against sarcoidosis protein extracts



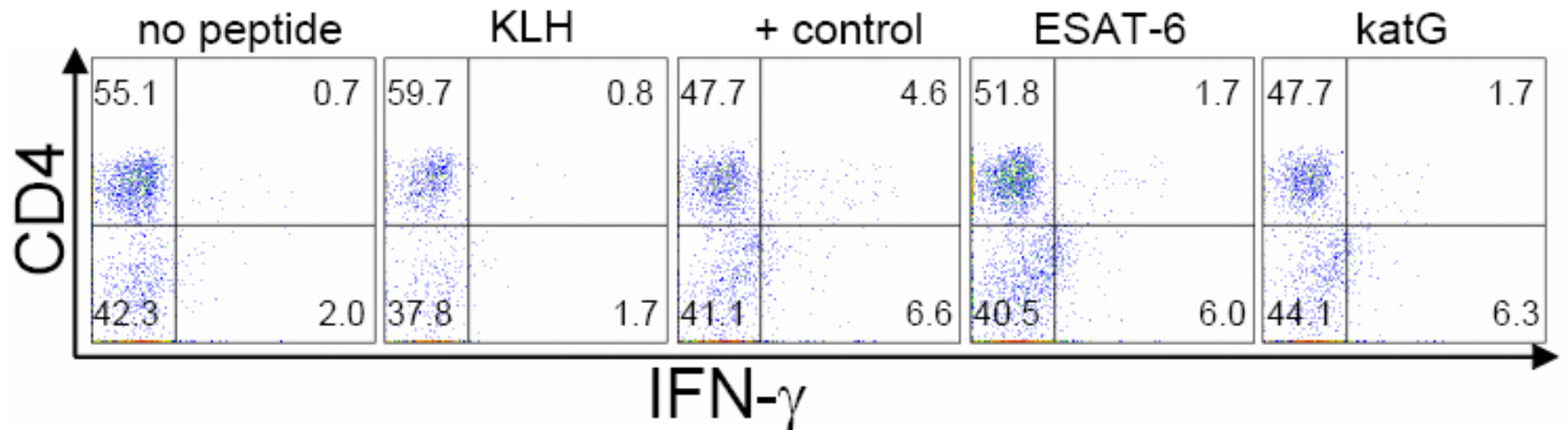
Pooled IgG from sarcoidosis patients only binds unidentified proteins in extracts of sarcoidosis tissues. The protein fraction is poorly soluble and protease resistant, consistent with known properties of the Kveim-Siltzbach reagent

Peptide signature

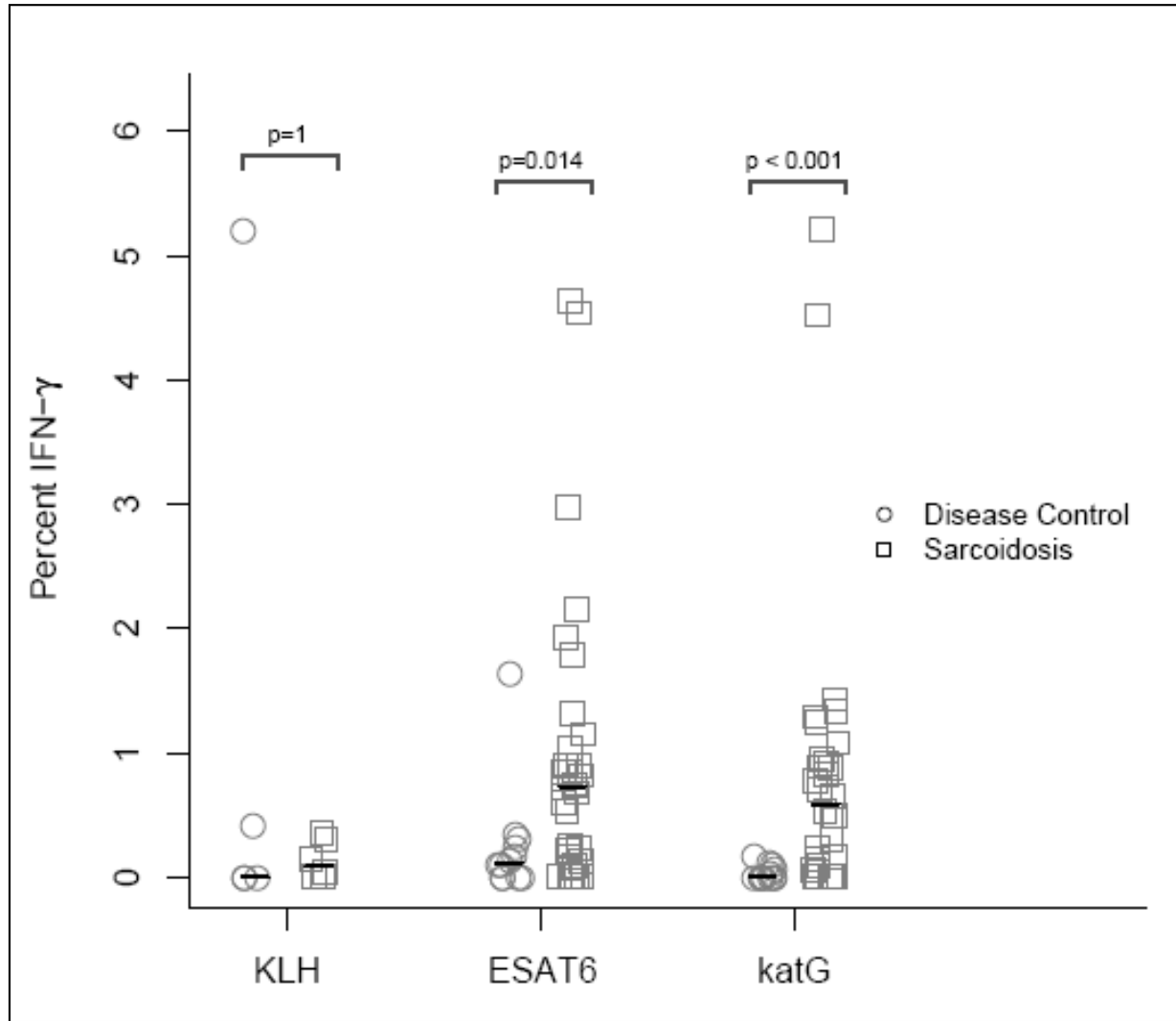


Mycobacterial catalase-peroxidase in 5/9 sarcoid tissues

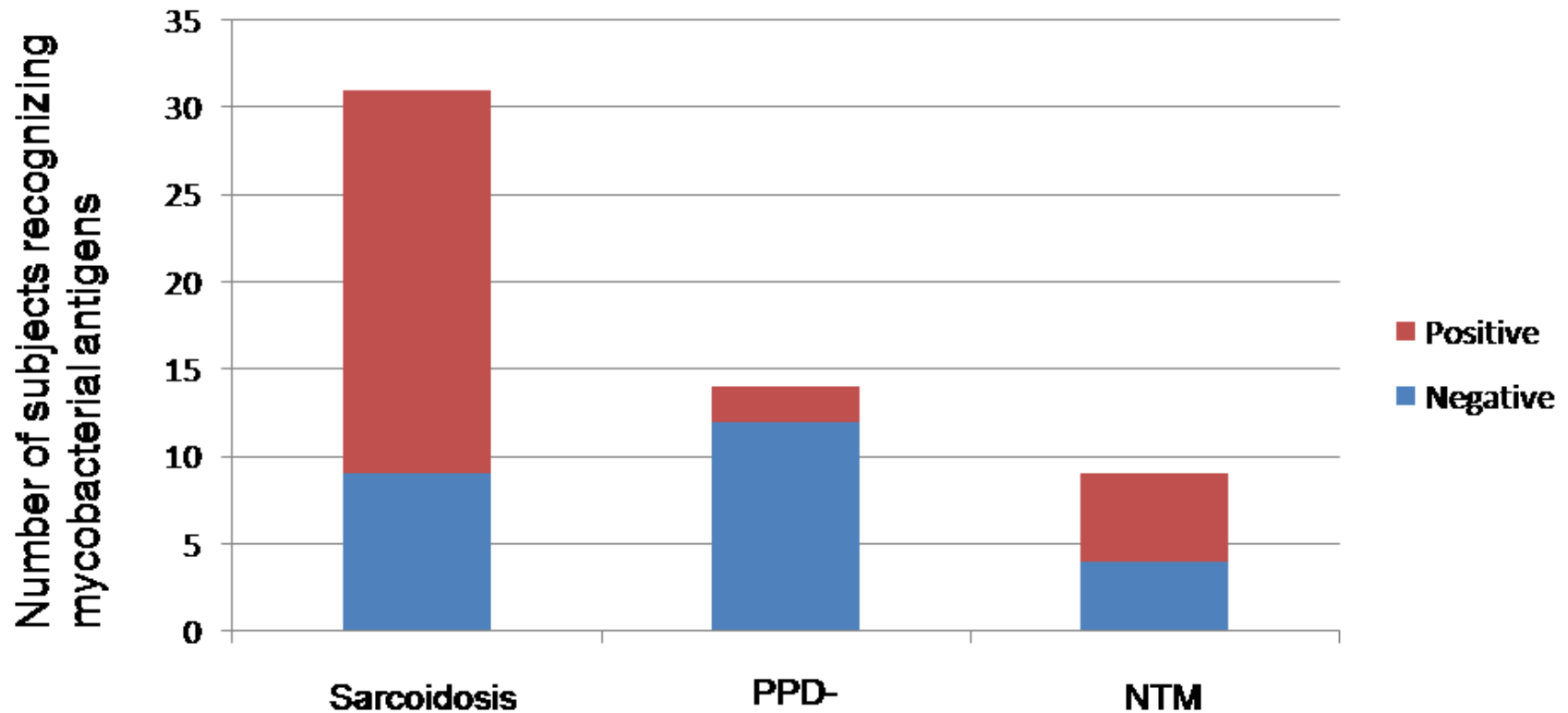
CD4 responses to mycobacterial antigens in sarcoidosis BAL cells



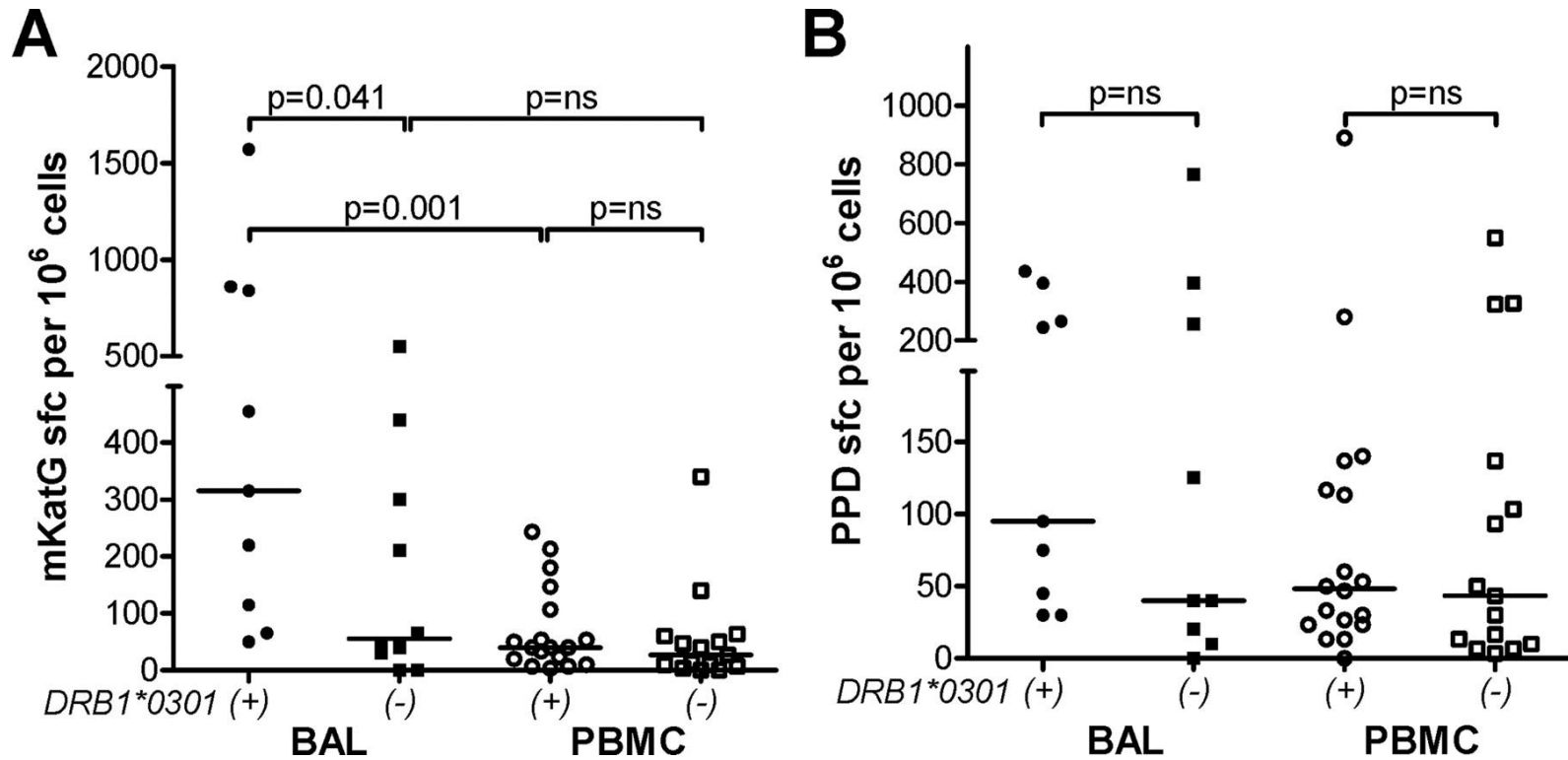
CD4+ responses in 2/3 of subjects



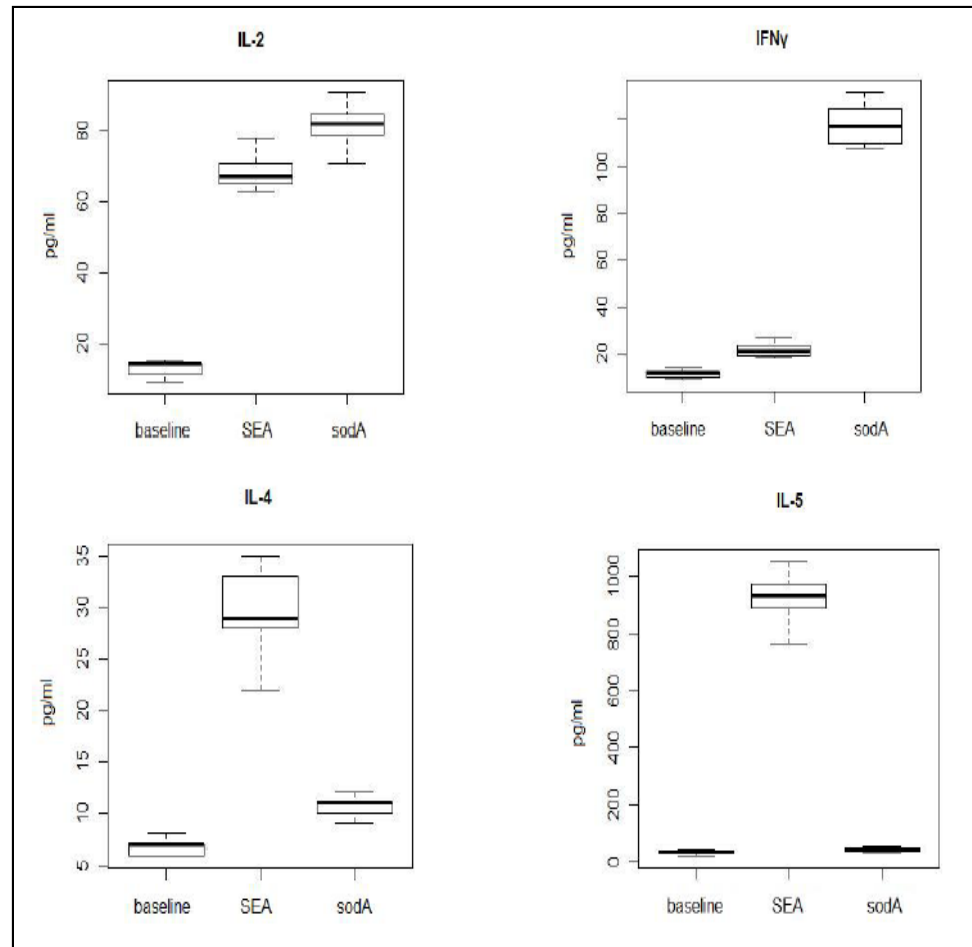
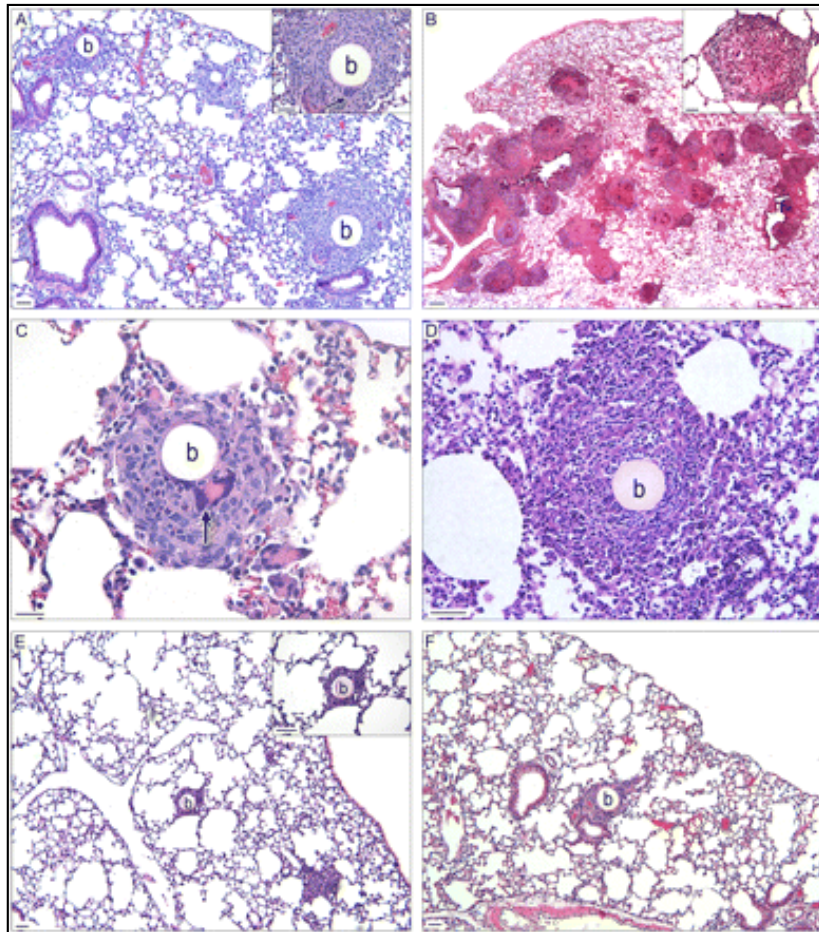
Sarcoidosis patients respond to multiple antigens



T-cell response depend on HLA type



Sarcoidosis Murine Lung Granuloma Model Using *Mycobacterium* Superoxide Dismutase A Peptide

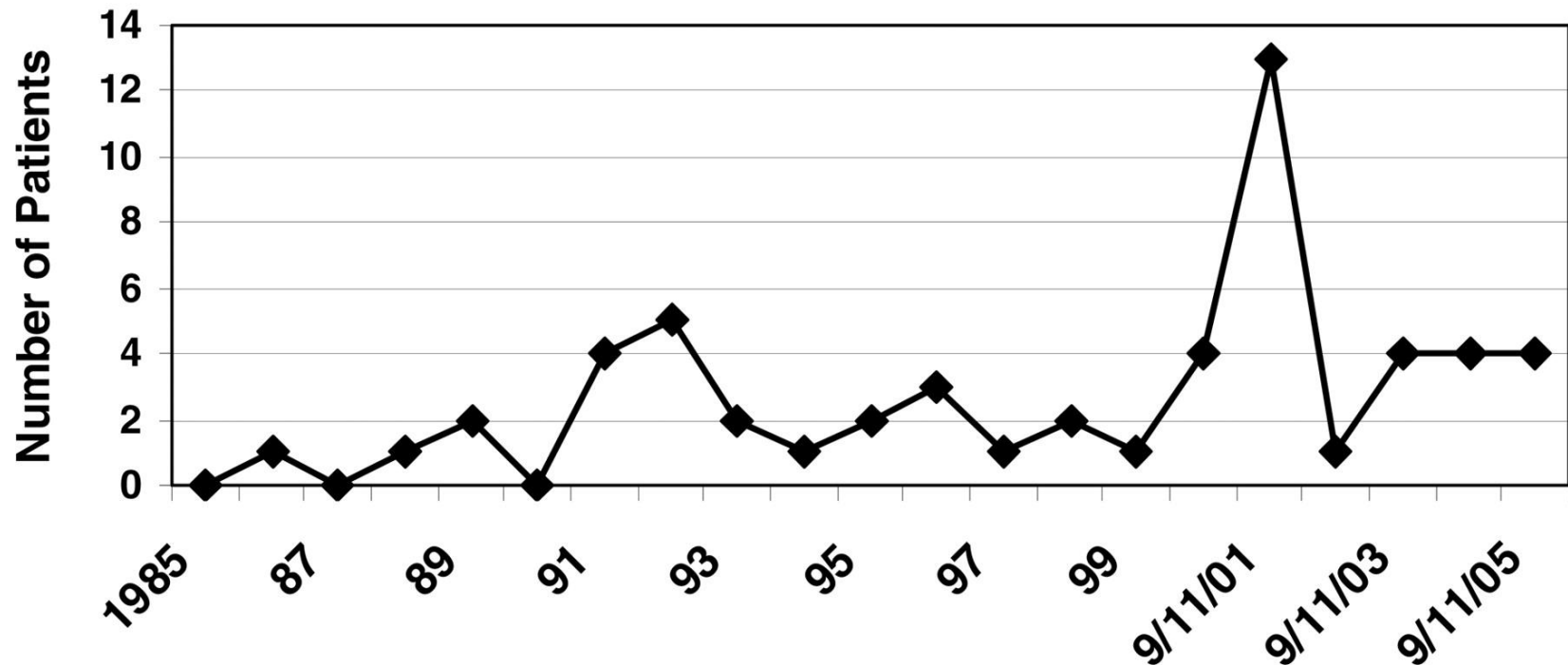


Association with rural exposures

Exposure	Exposure profile	% cases (n = 44) ^a	% controls (n = 88) ^a	Unadjusted OR with 95% CI	Adjusted OR ^b with 95% CI
Use of a coal stove	Yes	22.7	4.5	6.2 [1.7, 22.7]	3.3 [0.9, 12.8]
	No	77.3	95.5		
Use of a wood stove	Yes	63.6	27.3	4.1 [1.9, 9.0]	3.7 [1.5, 8.8]
	No	34.1	72.7		
Use of a fireplace	Yes	54.5	26.1	5.5 [2.0, 14.9]	6.8 [2.1, 21.8]
	No	43.2	73.9		
Use of or exposure to insecticides and/or herbicides other than for home extermination	Yes	31.8	17.0	2.1 [0.9, 4.7]	2.0 [0.8, 5.1]
	No	68.2	83.0		
Use of well or spring water	Yes	50.0	29.5	2.2 [1.1, 4.7]	2.4 [1.0, 5.6]
	No	47.7	70.5		
Living or working on a farm	Yes	27.3	10.2	3.4 [1.2, 9.1]	3.1 [1.1, 8.9]
	No	70.5	89.8		

Sarcoidosis-like disease in fire-fighters

**"Sarcoid-like" Granulomatous Pneumonitis
FDNY: Pre & Post WTC**



Photocopier use and risk of sarcoidosis

PHOTOCOPIER USE	TERTILE	ODDS RATIO ¹	P VALUE
		(95% CONFIDENCE INTERVAL)	
Duration of use (years)	0	1	Reference
	1 – 7	1.37 (0.82, 2.31)	0.234
	> 7	2.01 (1.18, 3.42)	0.010
	Overall trend	–	0.012
Frequency of use (times per Week)	0	1	Reference
	1 – 3	1.10 (0.63 – 1.91)	0.746
	> 3	2.19 (1.31 – 3.65)	0.003
	Overall trend	–	0.003
Duration of use (min per episode)	0	1	Reference
	1 – 2	1.26 (0.72 – 2.20)	0.415
	> 2	1.83 (1.11, 3.02)	0.018
	Overall trend	–	0.018
Total lifetime exposure (hours)	0	1	Reference
	1 – 60	1.07 (0.61, 1.88)	0.824
	> 60	1.98 (1.18, 3.35)	0.010
	Overall trend	–	0.012

¹adjusted for age, sex, method of data collection and history of clerical work

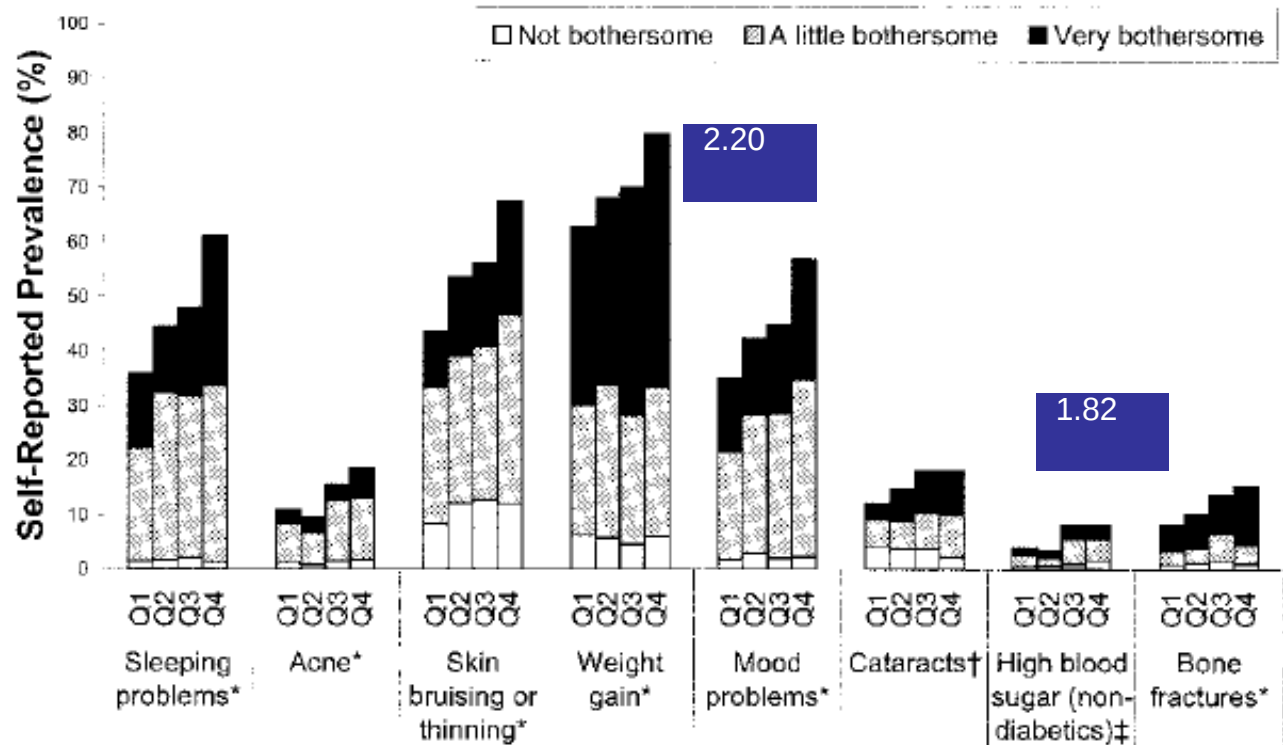
ACE versus other prognostic markers in pulmonary sarcoidosis

Risk of increasing infiltrates

Parameters	AUC	Cut-Off Level	Sensitivity (%)	Specificity (%)	Discriminative Value (%)
SAA	0.444	9.3	38.5	73.3	62.8
sIL-2R	0.758	1,195	61.5	73.3	69.8
Lysozyme	0.692	11.25	76.9	66.7	69.8
ACE	0.613	17.95	76.9	50	58.1
KL-6	0.836	354	76.9	70	72.1
Total cells	0.633	1.80	76.9	56.7	62.8
AM	0.574	1.73	46.2	73.3	65.1
Ly	0.669	0.52	69.2	70	69.8
Neu	0.456	0.01	76.9	36.7	48.8
Eo	0.435	0.01	30.8	76.7	62.8

Rate of eight complications in individuals using GC > 60 days

n=2167 patients



HRQL in 114 sarcoidosis patients versus steroid dose

< 500 mg vs. > 500 mg of prednisone
over the prior year

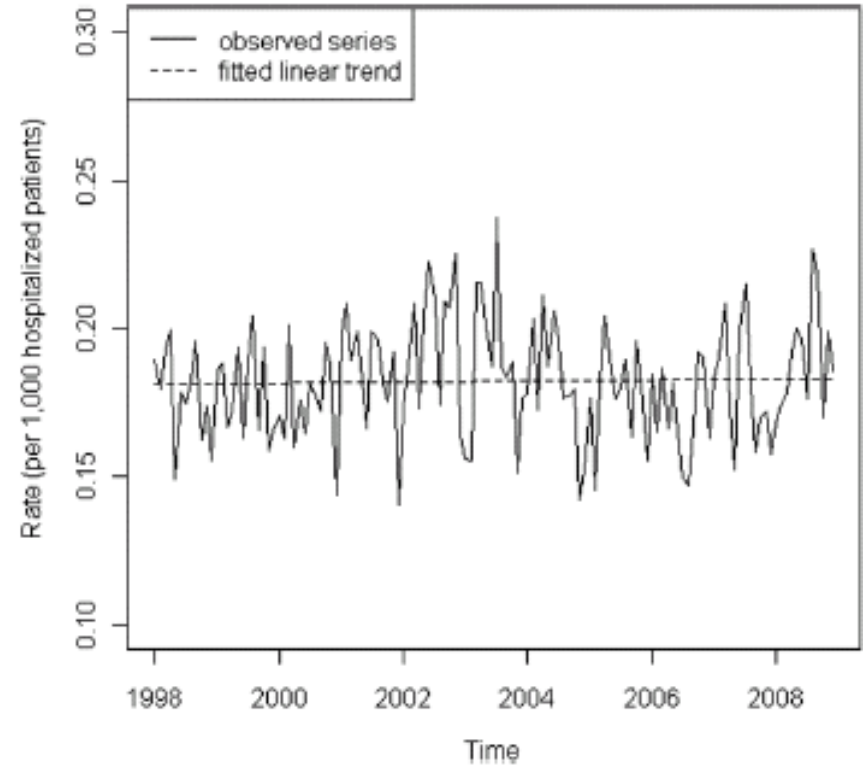
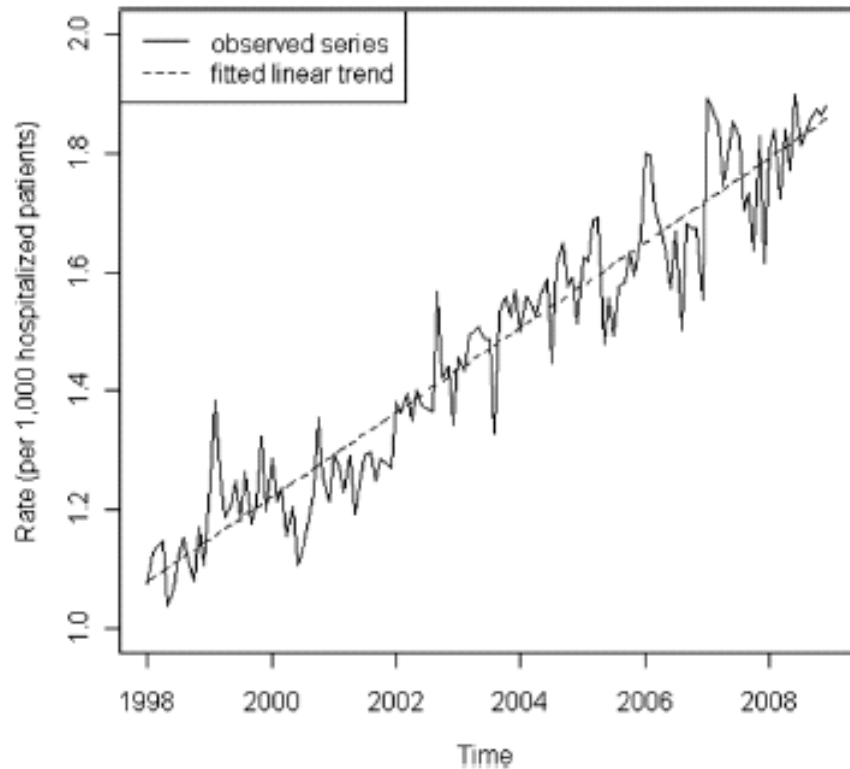
Table 3 Mean scores after propensity score matching by the two corticosteroid dose groups*.

PRO module	>500 mg prednisone/year	≤500 mg prednisone/year	Minimum important difference**	p-Value
SHQ total [+]	4.18 (0.37)	4.17 (0.33)	N/A	0.88
SHQ physical [+]	4.73 (0.70)	4.46 (0.69)	N/A	0.05
SHQ daily [+]	4.01 (0.41)	4.17 (0.48)	N/A	0.08
SHQ emotional [+]	3.79 (0.51)	3.81 (0.45)	N/A	0.35
SAT pain [-]	54.5 (10.0)	51.8 (10.1)	3.2	0.18
SAT fatigue [-]	54.8 (11.4)	48.9 (10.6)	3.1	<0.0001
SAT satisfaction [+]	46.5 (10.7)	51.5 (11.8)	3.0	0.03
SAT daily activities [+]	42.1 (7.5)	45.8 (9.5)	3.0	0.03
SAT lung [-]	45.7 (9.1)	42.7 (9.5)	2.7	0.12

Impact of higher steroid use on health care encounters

- Adjusted OR for more than 50% median (2.9 grams) CS exposure
 - Visit related to sarcoidosis 3.09 (1.99-4.80)
 - Infection visits 1.74 (1.16-2.62)
 - Visits for CV or DM 1.49 (0.96-2.32)
 - Non-sarcoidosis ED 2.19 (1.46-3.30)

Rising number of sarcoidosis hospitalizations in the US



Rising sarcoidosis mortality in the US

Non-hispanic Males: Numbers of Deaths and Age-adjusted Mortality Rates per 1,000,000 Men

