

**Course Schedule: Day #2**

<b>Day #2: Morning Session</b>	<b><u>Cervicothoracic / Cervical Spine</u></b>
8:00 – 8:20	Introduction / Cervicothoracic Junction – First Rib
8:20 – 8:40	Diagnosis of Cervicothoracic Junction Lab 1 -Determining the Side-Bending and Rotational Components - Palpation
8:40 – 9:00	Soft Tissue Techniques: Cervicothoracic Junction Lab 2 - Cervical Flexion Stretching (X) - Trapezius Pinch / Inhibition
9:00 – 9:40	Myofascial Release: Cervicothoracic Junction Lab 3 - Side-Bending & Rotational Components
9:40 – 9:50	<b>BREAK</b>
9:50 – 10:10	Cervical Spine: - Learning Objectives-Introduction / Cervical Spine - Functional Anatomy & Superficial Anatomic Landmarks
10:10 - 10:40	Cervical Spine Lab 1: - Diagnosis of Cervical Spine - Palpation Exercises
10:40 - 11:10	Cervical Spine Lab 2: Soft Tissue Techniques
11:10 – 11:40	Cervical Spine Lab 3: Muscle Energy Techniques: - Upper Cervicals (C1 - C2) - Lower Cervicals (C3 - C7)
11:40 - 12:10	Lecture / Lab: Model: “Putting it all together- The 15 minute Neck & Back Pain Patient visit.”
12:10- 1:00	<b>WORKING LUNCH</b> Case Review / Billing & Coding
<b><u>Day #2: Afternoon Session</u></b>	<b><u>Additional Applications of OMT / Faculty Development</u></b>
1:00 – 1:45	The Application of OPP/OMM/OMT in Training Programs • Expectations for ACGME Osteopathic Recognition training programs • Establishing a curriculum in Osteopathic Manipulation for your training program
1:45 – 2:30	Interactive Session: Teaching • Effective Teaching Techniques • Learning effective skill stations techniques
2:30 – 2:45	<b>BREAK</b>
2:45 – 3:45	Interactive Session: Evaluation • Evaluation tools for OPP/OMM/OMT • Setting up an OSCE • Competency Based Evaluation/Milestones
3:45 – 4:15	Interactive Session: Quality assurance with Osteopathic Manipulation • Quality assurance implementation • Credentialing and Supervision issues
4:15 – 4:30	Wrap Up/ Final Comments / Evaluations